

In compliance with the Americans with Disabilities Act, if you need special assistance to participate in this meeting, please contact the City Clerk's office at (310) 618-2780. Notification 48 hours prior to the meeting will enable the City to make reasonable arrangements to ensure accessibility to this meeting. [28CFR35.102-35.104 ADA Title II]

Direct questions or concerns to the Commission Liaison at (310) 618-2935, or individual department head prior to submission to the Commission. Parties will be notified if the complaint will be included on a subsequent agenda.

Security procedures: Members of the public will be directed to enter City Hall on the East side of the building through the sliding door. All other entrances will remain locked for entry. Oversized bags or backpacks will not be allowed in the Council Chamber or Commission meeting room. All bags are subject to search.

Any correspondence received after 2:00 p.m. on TUESDAY on any item on the agenda will be provided to the Commission electronically and available for public inspection in the City Clerk's Office. A copy of the correspondence will be available for public inspection in a binder at the back of the Council Chamber or Commission Meeting room.

**TORRANCE COMMISSION ON AGING AGENDA
TUESDAY, AUGUST 6, 2024
REGULAR MEETING
9:30 A.M. IN THE WEST ANNEX COMMISSION MEETING ROOM
AT 3031 TORRANCE BL.**

**THE COMMISSION ON AGING MAY TAKE ACTION ON ANY ITEM
LISTED ON THE AGENDA**

1. CALL MEETING TO ORDER

ROLL CALL: Commission members: Davis, Grundhaus, Hileman, Mayfield, Dojiri, and Snyder

2. FLAG SALUTE

WORDS OF INSPIRATION

3. REPORT OF THE STAFF ON THE POSTING OF THE AGENDA

The agenda was posted on the Public Notice Board at 3031 Torrance Blvd. and on the City's Website on Thursday, August 1, 2024.

4. ANNOUNCEMENT OF WITHDRAWN, DEFERRED, AND/OR SUPPLEMENTAL ITEMS

5. ORAL COMMUNICATIONS (Limited up to a 15-minute period)

*This portion of the meeting is reserved for comment on items on the Consent Calendar or not on the agenda. Under the Ralph M. Brown Act, the Commission cannot act on items raised during public comment, but may respond briefly to statements made or questions posed; request clarification; or refer the item to staff. **No longer than 1 minute per speaker.** If presenting handout material to Commission, please provide 10 copies to staff before speaking.*

6. CONSENT CALENDAR

Matters listed under the Consent Calendar are considered routine and will be enacted by one motion and one vote. There will be no separate discussion of these items. If discussion is desired, that item will be removed by a Councilmember from the Consent Calendar and considered separately.

6A. Approve Commission Minutes: July 2, 2024

7. ADMINISTRATIVE MATTERS

7A. PRESENTATION: COGIR OF SOUTH BAY

Living your Best Retirement Life Presentation by Jill Allen, Community Relations Director, Cogir of South Bay.

7B. PRESENTATION: TORRANCE TRANSIT UPDATE

Presentation by David Mach, Transit Planning Manager, City of Torrance Transit.

The Transit Director recommends that the Commission on Aging receive and file the report from staff on the “Connect Torrance” MICROTRANSIT DEMONSTATION PILOT PROGRAM.

7C. DISCUSSION: ELECTION OF OFFICERS

Recommendation of the Community Services Director that the Commission on Aging nominate and elect a Chair and a Vice Chair for the 2024-2025 fiscal year.

7D. DISCUSSION: TORRANCE CENTENARIAN PROGRAM

Recommendation of the Community Services Director that the Commission on Aging discuss a Centenarian nominee and receive an update from staff.

- 1) Centenarian Award applicant, Mr. Joseph H. Gerson. City Council Meeting Ceremony scheduled for Tuesday, August 20, 2024, at 6:30pm at the City Hall Council Chamber.

7E. DISCUSSION: 2023-2024 COA AND FOCAL POINT ANNUAL REPORTS

Recommendation of the Community Services Director that the Commission on Aging discuss and approve the 2023-2024 annual COA and Focal Point reports.

7F. DISCUSSION: REASSIGN THE ORAL REPORTS ON SENIOR CITIZEN CONCERNS

Recommendation of the Community Services Director that the Commission on Aging discuss and reassign The Oral Reports on Senior Citizen topics for the 2024-2025 fiscal year.

7G. ORAL REPORTS ON SENIOR CITIZEN CONCERNS

Recommendation of the Community Services Director that the Commission on Aging report on:

- City Council Activities -
- Housing -
- Health -
- Transportation -
- Community Programs -
- Focal Point Programs -
- Elder Abuse/Fraud -

8. COMMISSION ORAL COMMUNICATIONS

9. ADJOURNMENT

- 9A.** Adjournment of Commission on Aging Meeting to Tuesday, September 3, 2024, at 9:30 a.m. located in the West Annex Commission Meeting Room.



**MINUTES OF A REGULAR MEETING OF
THE TORRANCE COMMISSION ON AGING**

1. CALL TO ORDER

The meeting convened on Tuesday, July 2, 2024 at 9:30 a.m. at the West Annex Commission Meeting Room at City Hall, 3031 Torrance Boulevard.

ROLL CALL/MOTIONS FOR EXCUSED ABSENCE

Present: Commissioners Davis, Dojiri, Grundhaus, Hileman and Mayfield

Absent: None.

Also Present: Recreation Services Manager Craig and Senior Recreation Supervisor Castro

2. FLAG SALUTE

Commissioner Grundhaus led the Pledge of Allegiance and Commissioner Hileman read words of inspiration.

3. REPORT OF THE CITY CLERK ON THE POSTING OF THE AGENDA

Acting Chair Mayfield reported that the agenda was posted on the Public Notice Board at 3031 Torrance Boulevard and on the City's website on Thursday, June 27, 2024 by City Clerk Poirier.

4. ANNOUNCEMENT OF WITHDRAWN, DEFERRED, AND/OR SUPPLEMENTAL ITEMS

No items.

5. ORAL COMMUNICATIONS

Torrance Youth Council President John Milo-Ernst introduced himself to the Commission.

6. CONSENT CALENDAR

6A. APPROVAL OF MINUTES – May 7, 2024 Commission on Aging

MOTION: Commissioner Hileman moved and Commissioner Grundhaus seconded, to approve the minutes of the Commission on Aging meeting of May 7, 2024, as submitted. The motion passed by a 5 to 0 vote.

7. ADMINISTRATIVE MATTERS

7A. EL CAMINO COLLEGE

Tommy Ton, Outreach Professional at El Camino College and Brook Oto, Student Services Specialist with Outreach and School Relations at El Camino College presented information on various classes, services and training available and other opportunities at El Camino College. They noted that El Camino offered the following opportunities for everyone in the community:

- Swimming, Strength training, Computers, Ceramics, Self Defense, English as a second language (free)
- Sports: Golf, Baseball, basketball, tennis, track, soccer and football
- Types of Classes: traditional, online only, hybrid and off-site
- Basic Need Services: Warrior Pantry, Closet, Bus passes, CalFresh Application for Students and Health Center (free for students)
- Summer/Fall 2024 Terms
- Basic class fees and audit possibilities and opportunity to transfer to 4-year colleges
- South Bay Promise: 2 years of Free Tuition for a first-time full-time college student with priority registration, access to laptop, support programs and application assistance.
- All Torrance High Schools were knowledgeable about El Camino College

7B. DISCUSSION: SPEAKERS FOR UPCOMING MEETINGS:

Acting Chair Mayfield reported the following speaker schedule was confirmed :

- August 6, 2024: presentation by Jill Allen, Community Relations Director from Cogir of South Bay, a new senior living facility.
- September 3 meeting: presentation by Grace Farwell on Helping Elders Live Productively (H.E.L.P.)

Commissioner Hileman requested a report on the bus services now available from the Mary K. Giordano Regional Transit Center.

Acting Chair Mayfield requested a report on the activities of the Volunteer Center on Cravens Avenue.

Commissioner Dojiri requested a speaker on safety from the Torrance Refinery.

7C. DISCUSSION: TORRANCE CENTENARIAN PROGRAM

Senior Recreation Supervisor Castro noted that the presentation for the Centenarian Award for Joseph Gerson would take place on Tuesday, August 20 at the City Council meeting at 6:30 p.m. and requested that the Commissioner confirm with him whether or not they plan on attending the event. He noted that he would remind the Commission in August of the Award presentation.

7D. DISCUSSION: AARP AGE FRIENDLY CITY APPLICATION

Senior Recreation Supervisor Castro reported that the City of Torrance was officially listed as an Age Friendly City on an AARP website.

7E. Oral Reports on Senior Citizens Concerns

1. City Council Activities

Commissioner Hileman reported that: the New Year’s float had been approved by the City Council, the Public Work Department had planted 388 trees and dedicated 18 park benches. She noted that Public Works planned to plant 7000 more trees in the next four years. She announced that the City was participating in a back-to school supply drive to support Torrance Unified School District and noted that there were collection bins within the City. She noted that the City had hired goats to clear weeds on slopes.

Commissioner Dojiri reported that the Council would be meeting outside of the Council Chambers until August 2, due to construction activities.

2. Housing

Commissioner Grundhaus stated that the City had approved a mixed used housing project.

Commissioner Hileman discussed the number of current housing projects in the City.

3. Health

Acting Chair Mayfield discussed a new blood test for diagnosing ovarian cancer.

4. Transportation

No report.

5. Community Programs

Commissioner Grundhaus reported the following activities for July: Dodger Day on July 21, Summer Concerts and movies in the park.

Recreation Services Manager Craig noted there would be a float and a movie at the Plunge, with registration starting on July 9.

6. Focal Point Program

Commissioner Dojiri reported the following statistics for the months of:

May 2024: no report

June 2024:

Total number of documented calls:	16	Web Inquiries:	122
Miscellaneous calls:	14	Total number of calls received:	30

Of the documented calls there were the following requests:

Requests for legal 40 %	requests for transportation 40%
Requests for in-home services 20%	

7. Elder Abuse/Fraud

Commissioner Hileman reported on a program from the California Licensing Board to prevent scams by contractors.

7F. DISCUSSION: ELECTION OF OFFICERS

Recreation Services Manager Craig explained that this election item had needed to be included in the first meeting of the new fiscal year, but recommended that the Commission postpone the elections until August, when the new Commission members had been selected.

MOTION: Commissioner Grundhaus moved and Commissioner Davis seconded, to postpone the election of officers until the August 2024 Commission meeting. The motion passed by a 5 to 0 vote.

8. ORAL COMMUNICATIONS #2 Commissioners/Staff

Senior Recreation Supervisor Patti Goldenson distributed the July/August 2024 *5-0 and On the Go! Newsletter* and discussed the activities for the garden club and the meditation classes. She announced that the next Torrance Travelers' trip was tentatively set for the Huntington Library and Gardens for September 25.

Commissioner Dojiri requested that after the election of officers in August, that the assignments for topics for Senior Citizens Concerns be discussed and re-assigned.

Commissioner Hileman requested that a discussion be scheduled on how to offer a program like the ATTIC to the other Torrance High Schools.

Senior Recreation Supervisor Castro noted that fundraising activities for the ATTIC will return in fiscal year 2024-2025 and added that the Youth Council would meet on August 21.

9. ADJOURNMENT

9A. At 10:31 a.m., Commissioner Grundhaus moved to adjourn the meeting to the regular meeting on Tuesday, August 6, 2024, at 9:30 a.m. at the West Annex Commission Meeting Room at City Hall, 3031 Torrance Boulevard. The motion was seconded by Commissioner Davis. The motion passed by a 5-0 vote.

####



Living your Best Retirement Life

1



*Retirement thoughts,
plans and expectations
are without a doubt...*

Uniquely yours

2

*“Often when you think
you’re at the end of
something,
you’re at the beginning
of something else.”*

Fred Rogers

3

What are the fundamentals to finding contentment in Retirement?

Stay Active
and
Stimulated

Participate
in
Memorable
Experiences

Become
Inspired with
a group or
community
for greater
gratitude

4

Options in Retirement Living

- Home
- 55+ Community
- Senior Living
- CCRC

5

The 5 Stages of Retirement

Stage 1: Pre-Retirement – Visualizing Retirement

5 plus years prior to retirement (55 – 60's) - "What will make you happy."

Stage 2: Retirement – "Honeymoon stage"

Excitement, liberation – Time to reconnect with others. Indulge in interests. The Honeymoon phase 1 to 2yrs.

Stage 3: Self Re-Discovery – Identity & Purpose

Range of fulfillment: Content to Boredom. Great time to discover a new sense of purpose.

Stage 4: Re-orientation – New Purpose or Focus

Seen as the most challenging time of retirement. Also understood to be the most rewarding stage.

Stage 5: Stability – The Legacy

A time of reflection (mid 70's). Recognizing life enhancing people and experiences. "Living your best Life."

6

Common Elements of Retirement Life

- Housing – What Type, Size & Proximity to _____

Often not Considered:

- Engagement – Social needs of ideal Lifestyle
- Dining
- Health Wellness (Care)
- Medications

7

An Overview

Social Model

Active Adult Independent Living
 Assisted Living
 Memory Care
 6 Bed Board and Care
 CCRC, AL, IL, MC and SNF

Medical Model

Acute Hospital Care
 Skilled Nursing (SNF) / Rehab / Convalescent
 Home Health – Avail in Home or Social
 Hospice Care – Avail in Home or Social

Home Model

Family home – Family, Spouse or Bring in Caregivers

8

*“The biggest adventure
you can y ever take is
to live the life of your
dreams”*

Oprah Winfrey

9

Thank you for attending

Questions?

10



Living your Best Retirement Life

11



Cogir of South Bay



12



Resort-style living for active seniors

Video fly-through of community

<https---vimeo.com-897306426-404996e607-share=copy>

13



RESORT-STYLE LIVING FOR ACTIVE SENIORS



Property Features

- Salon and Spa Services
- Movie Theatre
- Yoga & Fitness Studio
- Club Room
- Private Patios & Balconies
- Outdoor Deck with Heated Pool
- Multiple Dining Venues
- Pet-Friendly Community



Amenities

- Concierge Services
- Scheduled Transportation
- Weekly Housekeeping and Routine Maintenance



COGIROFSOUTHBAY.COM
21515 HAWTHORNE BLVD, SUITE 960, TORRANCE, CA, 90503

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COGIR
Senior Living

Resort-style living for Active seniors



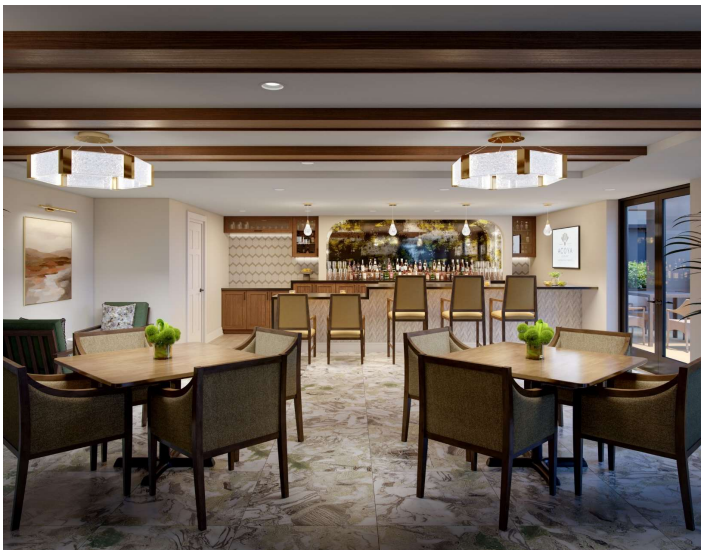
- **Multiple dining venues**
- **Spacious Apartments**
- **Community and social events**

15

COGIR
Senior Living

Bistro

Indoor/outdoor seating
Grab-n Go
Fine Dining
Everyday Cafe



16

What makes us unique?

- Social/hospitality vs needs- based
- High social engagement
- Emphasis on culinary and activities
- We are filling the building with active seniors who want to live their best life!

17

Lobby

24/7 concierge



18

Club Room

- Card games
- Community events
- Resident entertainment



Thank you for attending

Questions?

“CONNECT TORRANCE”
MICROTRANSIT DEMONSTRATION
PILOT PROGRAM

COMMISSION ON AGING
AUGUST 6, 2024



1

LA METRO VISIONARY SEED FUND

- Competitive grant process to support improving transit ridership
- Encourages innovative mobility concepts
- Encourages public private partnership
- \$3M in grant funding to support up to six (6) projects
- Requires independent research partner
- Must serve areas in LA County that are in “high or very high need”
- Only 3 projects were awarded, with Torrance Transit for \$1M

2

WHAT IS MICROTRANSIT?



Also known as on-demand transit, microtransit is transportation technology that captures trip requests and groups passengers into shared rides, in real-time.



A hybrid model between individual private transportation (Uber/Lyft), and public transit.



Offers passengers an option that is more flexible than traditional fixed-route bus service and appointment-based paratransit.



Supplements to the existing Torrance Community Transit Program (TCTP)



Call-in center with representatives to assist in booking rides

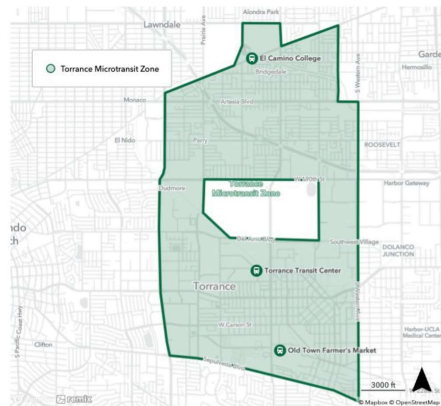


Provide first-last-mile connections to Transit and the Mary K. Giordano Regional Transit Center.



CONNECT TORRANCE MICROTRANSIT

- 8 vehicle service (4 WAV, 4 non-WAV)
- Service hours: M-F 7am-7pm, Sa-Su 9am-5pm
 - +Special events M-F 7pm-12am and Sa-Su 5pm-10pm
- First mile last mile connections with Torrance Transit Center
- Point to point solutions for Farmers Market attendees and El Camino College students
- Expected wait time: <15 minutes
- Reduced commute time: ~50%

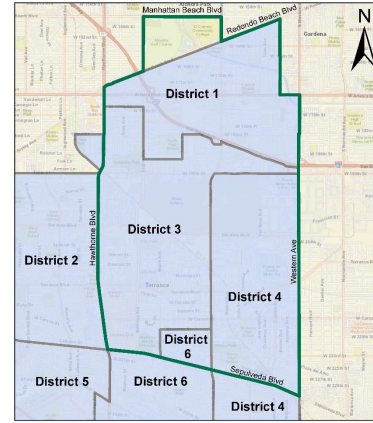
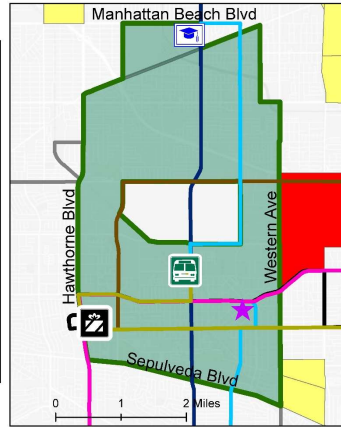


NOTE: Torrance Community Transit Program (TCTP) participants can choose to use microtransit and travel throughout the City of Torrance with no restrictions.

CONNECT TORRANCE SERVICE AREA

Legend

- Connect Torrance Microtransit Zone
- Mary K Giordano Regional Transit Center
- Del Amo Fashion Center
- Old Town Torrance
- El Camino College
- Los Angeles Union Station
- Downtown Long Beach Station
- Rapid 3
- Line 4X
- Line 1
- Line 5
- Line 6
- Line 10
- Torrance City Boundaries
- Metro Equity Need Index Tier**
- High Need
- Very High Need



Legend

- Connect Torrance Microtransit Zone
- Torrance City Council Districts

CONNECT TORRANCE MICROTRANSIT

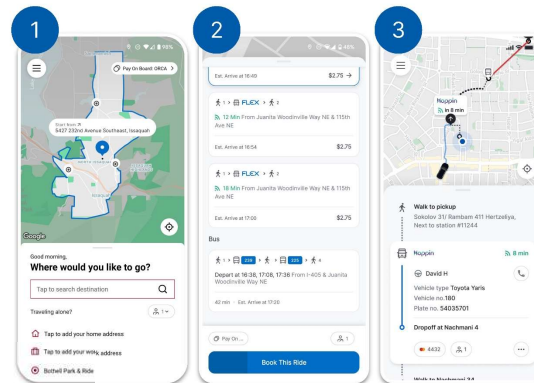
The Torrance Rider app offers an intuitive and easy-to-navigate way for riders to book and track trips on an on-demand service

Booking a ride is simple and only takes a few seconds:

1. Select origin and destination
2. View available trip options and details, and select preferred option
3. Receive instructions and track the vehicle before and during the ride

Riders can also place a call to Via's dispatch center to book a ride if they do not have access to a smartphone

Proprietary & Confidential.



CONNECT TORRANCE MICROTRANSIT

Pilot Program Duration	12 months
Operating Days per Week	7 Days a Week Mon-Fri: 7am-7pm, Sat-Sun: 9am-5pm (can be extended up to 12am for special events)
Total Active Vehicles in Fleet	8
-Non-Wheelchair Accessible Vehicles	4
-Wheelchair Accessible Vehicles	4
Service Area for the General Public	9.2 sq.mi
Service Area for TCTP Participants	Entire City of Torrance Boundary (21 sq.mi)
Total Number of Vehicle Hours	19,568

NOTE: Torrance Community Transit Program (TCTP) participants will not be impacted by this program.

TRANSIT SERVICE COMPARISON

Torrance Transit Service				
Type	Service Day	Description	Frequency	Fare
Fixed Route Bus Service	7 days a week	Everyone	15 - 60 minutes	\$0.25-\$2
Torrance Community Transit Program (TCTP)/Taxi	7 days a week	(Torrance residents only)	Advance Reservation	
-Seniors Taxi				\$1-\$5
-People with Disabilities				\$1
Connect Torrance Microtransit Pilot Program	7 days a week Mon-Fri: 7am-7pm, Sat-Sun: 9am-5pm (can be extended up to 12am for special events)	Anyone who travels within defined zone	On-demand/flexible within 15 minutes	\$5
-Existing TCTP Participants	7 days a week Mon-Fri: 7am-7pm, Sat-Sun: 9am-5pm (can be extended up to 12am for special events)	Anywhere within Torrance City limits	On-demand/flexible within 15 minutes	\$1-5

VIA TRANSPORTATION

Via Experience

Via is the world's leading provider of advanced public mobility solutions

750
Partners
40
Countries
140M
Rides served










50+
California Partners

And many more...

CONNECT TORRANCE MICROTRANSIT

A Turnkey Solution will provide:

- 
 Routing software
- 
 Dedicated mobile phone app to request rides (for both iOS and Android)
- 
 Electric vans (Toyota Siennas)
- 
 Call-in center with representatives available during program operating hours
- 
 Drivers
- 
 Branding of vehicles and mobile apps
- 
 Marketing Materials

MARKETING AND LAUNCH



- 10-12 weeks launch following execution of contract and notice to proceed
- Outreach to senior advocacy groups: Torrance Woman's Club
- Outreach to DTNA, Chamber of Commerce, local businesses
- Targeted marketing strategy to residents and businesses within the microtransit zone

11

11

Questions and Answers



12

12

Frequently Asked Questions

Are there any costs for obtaining a swipe card?

- ❖ Swipe card registration is FREE. Replacement of the 1st lost swipe card is free, any future replacements will cost \$5.00. Existing ride credits are not lost; ride credits will be transferred from the old card to the new card.

How do I purchase ride credits?

- ❖ Checks, cash, or credit card payments may be made in person, mailed or by phone. To ensure proper credit, write swipe card ID number on the memo line of the check, and send it at least two (2) weeks in advance to allow time for mailing and processing.

How do I use this service?

- ❖ Call one of the two (2) taxi companies' phone numbers listed on this brochure and on the back of the swipe card. Provide the swipe card ID number and the details of the desired trip.
- ❖ There are no boundaries in terms of the distance allowed for travel.



TRIP REMINDERS

- ❖ Please be ready when the taxi arrives to ensure timely service. The taxi operator may alert the participant upon arrival. If the taxi is more than 25 minutes late, payment may be withheld and the ride is at no charge.
- ❖ Good service may be rewarded, but tipping is not required. Swipe cards do not allow tips to be added, any tips would be out-of-pocket.



Checks, cash, or credit card payments may be made in person, by mail or by phone:

Mary K. Giordano
Regional Transit Center

Torrance Transit Store
465 Crenshaw Blvd. #485
Torrance, California 90503

(310) 781-2174 or
(310) 781-2176

TORRANCE COMMUNITY TRANSIT PROGRAM TCTP



Senior Taxi & Dial-A-Taxi

Revised January 2024

TCTP INFORMATION

Register

Bring the following documents to register:

- ❖ Completed Application form.
- ❖ Government issued Identification Card (i.e. CA Driver License or ID).
- ❖ Recent Utility Bill (i.e. gas, electric, water bill showing residence in Torrance).
- ❖ Proof of Income (if applying for further discounted ride credits).
- ❖ Payment (if purchasing ride credits at time of application).

Program Rules

- ❖ Maximum number of ride credits purchased per calendar month is 12.
- ❖ Ride credits are non-refundable, non-transferable and expire ninety (90) days after date of purchase.
- ❖ Each ride credit has a value of up to \$13.00 in taxi fare.
- ❖ Participants have the option to pay partially out-of-pocket or use more than one ride credit per trip. Example: A trip costs \$17.00. One ride credit can be used and the remaining \$4.00 paid out-of-pocket with cash. Or two (2) ride credits (after first receipt prints, swipe again) can be used and pay nothing.
- ❖ Requests for additional ride credits due to qualified disability are evaluated on a case-by-case basis. Additional ride credits will be available for a specified, limited period and are not to exceed 12 additional ride credits if medical disability criteria are met.

SENIOR TAXI

- ❖ Participants must be Torrance residents and age 65 years or older.
- ❖ Ride credits cost between \$1.00 and \$5.00 depending on total household income.

DIAL-A-TAXI

- ❖ Participants must be disabled Torrance residents.
- ❖ Regular ride credit cost is \$1.00 regardless of household income.
- ❖ Eligibility must be renewed every year for temporarily disabled participants.
- ❖ Non-ambulatory participants must inform taxi company that a lift equipped vehicle is needed. Reservations should be made at least 24 hours in advance. Same day service may be available.

Information and applications are available at the Transit Store or online at: <https://transit.torranceca.gov/our-city/transit/services/senior-and-dial--a-taxi-program>

APPLICATION PROCESS

Apply in-person at:

Mary K. Giordano
Regional Transit Center
Torrance Transit Store
465 Crenshaw Blvd., Unit 485
Torrance, CA 90503
(310) 781-2174 or (310) 781-2176

Transit Store Hours:
Monday through Thursday
8:00 a.m. to 5:30 p.m.

Alternating Fridays (call in advance):
8:00 a.m. to 4:30 p.m.
Transit Store is closed on
major holidays.

- ❖ The two (2) taxicab companies listed below provide same-day service, 24 hours a day, 7 days a week.
- ❖ Participants may purchase, once a month, a maximum of twelve (12) ride credits. Purchase price ranges from \$1.00 - \$5.00, depending on total household income level and taxi program.
- ❖ All ride credits expire ninety (90) days from the date the order is processed. Once expired, ride credits have no value. Ride Credits will not be exchanged or refunded for any reason.
- ❖ Shared rides are strongly encouraged and require one (1) ride credit if the pickup and drop off locations are the same for all passengers. Two (2) additional riders may join the participant at no cost.
- ❖ Participants will be enrolled in either Senior Taxi or Dial-A-Taxi (for disabled patrons). Duplicate enrollment is prohibited.
- ❖ Rainy Day Credits are special ride credits that can be purchased only once. Up to eight (8) of these credits may be purchased and these credits do not expire.
- ❖ Questions? Call (310) 781-2174 or (310) 781-2176 for more information about the Torrance Community Transit Program.

Torrance Community Transit Program Taxi Providers

Bell Cab(800) 999-9977
**South Bay Yellow/
United Checker Cab Co-Op.....(866) 400-4103**

Dial-A-Taxi Application

DIAL-A-TAXI

- ❖ Participants must be disabled Torrance residents.
- ❖ Regular ride credit cost is \$1.00 regardless of household income.
- ❖ Eligibility must be renewed every year for temporarily disabled participants.
- ❖ Non-ambulatory participants must inform taxi company that a lift equipped vehicle is needed. Reservations should be made at least 24 hours in advance. Same day service may be available.

Applicant Information (Please Print Legibly)

Name: _____

Address: _____

City/Zip Code: _____

Phone No.: _____

Birthdate: _____

E-mail: _____

Signature: _____

Date: _____

To register, bring this application and the following documents to the Transit Store:

- ❖ Government Issued Identification Card (CA Driver License or CA Identification Card)
- ❖ Recent Utility Bill showing residence in Torrance (i.e., gas, electric or water bill)

Eligibility Verification

Health Care Professional Information

Name: _____

State License Number: _____

Check Medical Specialty: MD/OD

Chiropractor Optometrist

Audiologist Clinical Psychologist

Podiatrist Other _____

Office Name/Address: _____

Phone No: _____

Check the impairment that qualifies the patient for the

ride credits: Mobility Physical

Visual Mental Hearing

Disability Status:

Permanent Temporary

Length of treatment if temporary:

3 mos. 6 mos. 9+ mos.

Number of visits per month: _____

Certification I, _____, certify

that the information above is true and that the named patient is eligible for Dial-A-Taxi service because of a transportation dysfunctional impairment. I have completed this application and recommend that the Torrance Transit System issue Dial-A-Taxi as:

Temporary (up to 1 year) Permanent

Signature & Professional Designation

Date: _____

TORRANCE COMMUNITY TRANSIT PROGRAM

Senior Taxi Dial-A-Taxi

APPLICATION



Mary K. Giordano Regional Transit Center

Torrance Transit Store

465 Crenshaw Blvd., Unit 485

Torrance, CA 90503

(310) 781-2174 or (310) 781-2176

SENIOR TAXI APPLICATION

SENIOR TAXI PROGRAM

- Participants must be Torrance residents and age 65 years or older.
- Regular ride credit cost is \$5.00 based on household income (see chart).
- Discounted ride credit cost is \$3.00 or \$1.00 depending on proof of household income which is below the median (see chart). Proof of income (most recent tax return or other income statement) must be provided, eligibility criteria must be met AND annual income must be declared for ALL persons living in the household. The following items are considered as income – all income received in the prior calendar year, including but not limited to: Social Security, pension, salary/wages, interest income, rental income, commissions and capital gains.

OFFICE USE ONLY

Check One: Sr. Taxi _____ Dial-A-Taxi _____

Transit Staff: _____ Date: _____

Applicant Information (Please Print Legibly)

Applicant Name: _____ Birthdate: _____

Address: _____ City/Zip Code: _____

Phone Number: _____ Email : _____

To register, bring this application and the following documents to the Transit Store:

- * Government Issued Identification Card (CA Driver License or ID) * Recent Utility Bill showing residence in Torrance (i.e., gas, electric or water bill)
- * Proof of Income (to purchase discounted ride credits) * Payment (to purchase ride credits at time of application)

Applicant's Income Sources: _____ **Prior Calendar Year's Income:** _____

Household Members:

Name & Relation: _____ **Income Sources:** _____ **Prior Calendar Year's Income :** _____

# in Household Median Income	1	2	3	4	5	Discounted Rate	Income Levels
Over 100%	\$44,151	\$50,451	\$56,751	\$63,051	\$68,101	\$5.00	100% or above median income level - cost is \$5.00 per ride credit
50–100%	\$26,501– \$44,150	\$30,301– \$50,450	\$34,101– \$56,750	\$37,851– \$63,050	\$40,901– \$68,100	\$3.00	50 – 99.9% of median income level - discounted rate is \$3.00 per ride credit
Below 50%	\$26,500 & under	\$30,300 & under	\$34,100 & under	\$37,850 & under	\$40,900 & under	\$1.00	Below 50% of median income level - discounted rate is \$1.00 per ride credit

*Source: U.S. Department of Housing and Urban Development

I hereby declare, under penalty of perjury, that all information submitted with this application is true and correct to the best of my knowledge and belief.

Applicant Signature: _____ Date: _____

Torrance Commission on Aging 2023-2024 Annual Report

Purpose of the Commission

The Commission on Aging consists of seven residents of Torrance who act to identify situations and problems affecting the senior population, and to serve as a liaison to the City Council.

The Commission on Aging meets the first Tuesday of each month at 9:30 a.m. (except June and January). The meetings are held in the West Annex Commission Meeting Room and are open to the public. Torrance residents are encouraged to attend the meetings to address the Commission on Aging matters of concern to the senior community.

Membership of the Commission on Aging

The following Commission members currently serve the Torrance Commission on Aging:

MEMBER	STATUS	APPOINTED or REAPPOINTED
Rosie Mayfield	General Representative	2021
Julie Dojiri	General Representative	2021
Kay Grundhaus	General Representative	2021
Mary Hileman	General Representative	2022
Ghislaine Davis	General Representative	2022
Carolyn Snyder	General Representative	2028

Highlights 2023 -2024

At the June 6, 2023, Commission on Aging (COA) meeting, Patricia Logan, MA, Gerontology Specialist, from Providence Little Company of Mary Medical Center, presented information on the Center for Optimal Aging. She explained that the mission of Center for Optimal Aging was to empower seniors, their families and physicians with tools that enhance health, wellness and knowledge of available resources and noted that Center for Optimal Aging was an outpatient program. Ms. Logan discussed the process of physician referral to the Center for Optimal Aging, types of testing, clinical findings and recommendations provided and noted that patients and their families could reach out for assistance at any time.

The COA presented their second Torrance Centenarian honoree, Mrs. Alice R. Hoyt, during the Tuesday, July 11, 2023, City Council Meeting. Mrs. Hoyt along with her family were presented with a City Proclamation and Centenarian Coin by Mayor Chen and the Torrance City Council.

The election of officers for the Fiscal Year 2023-2024 was held at the June 6 meeting. Commissioner Snyder nominated Commissioner Pryor as Chairperson. Commissioner Grundhaus nominated Commissioner Snyder as Vice Chair. Commissioners Pryor and Snyder both accepted their nomination.

At the August 1, 2023, Commission on Aging meeting, Heather Baker, from Caring Transitions presented information on services provided to seniors to help them move or downsize their living space. She discussed the problems associated with clutter and noted that her company helped clients set realistic goals, identify the most important things, conduct efficient decluttering activities and helped arrange online auctions/estate sales, recycling and donations.

At the October 3, 2023, Commission meeting, Laura Hernandez, from New Challenge Ministries, Inc., presented information on Fresh Rescue Food Bank services provided to seniors and others who were experiencing food insecurity in the South Bay. She defined food insecurity as limited or uncertain access to adequate food. She added that young children and seniors were particularly vulnerable to hunger and food insecurity, which could lead to additional health related issues. She noted that the new Challenge Food Rescue Food Bank was the only food bank chosen to team up with the Los Angeles Unified School District to provide food to identified homeless children in the district. She discussed the funding for New Challenge Ministries, Inc., their partners, the types of food that the Food Bank received and how the food was sorted and distributed. She reviewed various resources for food in Torrance: Barlett Center Café, Torrance-Lomita Meals on Wheels Program and the Torrance YMCA Senior nutrition program.

At the November 7, 2023, Commission meeting, Ujjwala Dheeriya, MD, FACP, Medical Director, Torrance Memorial Hospital (TMHS) Palliative Care and Kristel Quinto, MSW, LCSW, APHSW-C, Program Director, TMHS Palliative Care described the goals of the Palliative Care program and the type of specialized care provided for people living with a serious illness, such as cancer, neurologic, heart, liver or respiratory disease. Ms. Quinto noted that palliative care worked as an interdisciplinary team, which included nurses, chaplains and case managers to ensure that the patient was the center of the care, and that the family caregiver was part of the treatment plan.

Dr. Dheeriya noted that palliative was not hospice care and was not only for people who were dying or elderly and discussed the growth of the program at Torrance Memorial, which now had 300 patients. She stated that palliative care was a team that provided a continuum of care from inpatient to outpatient and home settings for both the patient, their family and caregivers.

At the December 5, 2023, Commission meeting, Michele Nadeau, Outreach and Volunteer Coordinator for 1736 Family Crisis Center (FCC) provided an agency overview and history of FCC. FCC reached nearly 24,000 individuals annually in Los Angeles and Orange counties, through direct services and community educational outreach. She discussed the Crisis and Emergency Services for domestic violence which included 24-hour crisis/suicide hotlines and shelters for individuals and families. She noted that the agency had a Domestic Abuse Response Team (DART) which worked alongside Harbor Division Police officers to provide support, assist with crisis intervention and supportive services for Human trafficking victims and provide emergency youth shelters for homeless and at-risk youth aged 10-17 years. She explained that the Center also provided wrap-around services which were available for all shelter residents, and at two community service centers. She discussed the types of legal support services, family law and housing assistance which could be provided for residents and community members. She added that the Center also offered housing and employment support services to veterans. She listed five 24-hour crisis hotlines.

The COA presented their fourth Torrance Centenarian honoree, Mrs. Margaret H. Partsch, during the Tuesday, January 9, 2024, City Council Meeting. Mrs. Partsch along with her family were presented with a City Proclamation and Centenarian Coin by Mayor Chen and the Torrance City Council.

At the February 6, 2024, Commission meeting, Shawn Plunkett, City of Torrance HIP Supervisor, explained that HIP had been in the city for over 30 years and provided a variety of free home improvement services and repair services for disabled individuals and senior citizens who were owners /occupants of single-family residents within the city limits and who met the financial criteria as set by the Housing and Urban Development Department (HUD).

Supervisor Plunkett noted that the goal of HIP was to keep people safe and in their homes. He reported that HIP provided 50-60 services in homes per year, with a total of 300-400 individual tasks. He confirmed that an application would remain current for one year and once approved, would allow for multiple services. Supervisor Plunkett discussed possible ways that the HIP could partner with training programs to offer on the job training, as well as possible ways to secure additional funding to perform additional services and repairs.

At the April 2, 2024, Commission meeting, Julia Smith, Social Services Commission Liaison and Business Manager for the Community Development Department presented an overview of the history of the Social Services Commission which had its first meeting in February 2016. She noted that the jurisdiction of the Commission was: veterans, homeless population, adults with developmental disabilities and children with special needs. She discussed the Commission's workplan strategies which were developed based on information gathered from presentations from social service agencies in the city and surrounding area and noted that on the City's website there was a list of agencies which served the various populations. She listed the Commission's Work Plan: Information, Resources, Outreach & Referrals; Understanding and Keeping Connected with Our Populations; Marshalling Community Support & Raising Public Awareness; City's Support of Social Services; Increasing Housing Opportunities and Developing Social Opportunities and Inclusion.

Ms. Smith detailed the Annual Events for the Social Services Commission. She highlighted the Commission's work on Homelessness through the Homeless Count, the recommendation for dedicated outreach worker, the support for interim housing, the education campaign through the Homelessness 101 Training and integration of the work plan into the Council-approved homelessness plan. She pointed out that the Social Services Commission had potential overlap with the Commission on Aging in the areas of veterans, services for people experiencing homelessness, the need for affordable housing and social opportunities and inclusion.

At the same meeting five applications for the 2024 Older American Award were received and reviewed. The Commission voted and approved Carolyn Pohlner, Pamela Popovich, Dan Delfoss, Laurie Love and Celina Henderson and to approve Pamela Popovich for the LA County award.

At the May 7, 2024, Commission meeting, Michael George, Reference Librarian for the Community Services Department, Library Services presented an overview of the services available for seniors at the six City Libraries. He distributed the May calendar of Library events and discussed the programs, such as book groups, that were available at the city libraries. He noted that there were also electronic resources available for the community, including classes on technology, forums on specific topics, past and current international and domestic magazines and newspapers online, as well as instruction to learn other languages. He explained zip books: a state service which provides books upon community members' requests for those not found in the City library. He confirmed that late fees were no longer charged and recommended that residents sign up for the library newsletter and obtain library cards from other local cities, Los Angeles County and Los Angeles City to expand their access to library materials and events. He discussed "Books in Boxes" which provided 10 copies of the same book and guides for book clubs and added that there were also book group discussions at the library branches or online. He confirmed that there was always a need

for library volunteers and reminded the Commission that the Summer Reading Program was appropriate for all ages.

City Council

Commissioner Hileman reports on events and items pertinent to seniors that were discussed by the City Council.

Community Programs

At the June 6, 2023, meeting Commissioner Grundhaus announced that there would be a Senior Craft Fair on June 8, 2023, at the Ken Miller Recreational Center. In addition, a Motown music event at the Armstrong Theater on June 9, 2023, and beatification day at Seaside Heroes Park. Commissioner Grundhaus added that on June 13, 2023, there was a flight test day at the Western Flight Museum and noted that the Rose Float Committee was conducting a fundraiser through Chipotle on June 14, 2024.

The Annual Senior Holiday Craft Faire took place on Saturday, November 4, 2023, and was sponsored by the Community Services Department at the Ken Miller Recreation Center.

The Torrance Travelers Excursion Program for seniors returned to the Bartlett Senior Center. With trips to Tanaka Farms on Wednesday, March 27, and to The Getty Museum on Wednesday, June 5, 2024.

In April of 2024, the AARP Tax-Aide program started their tax season event out of the Nolte Annex Building in Old Town Torrance. This program is at no cost to seniors, and it was available by appointment only.

The Annual Senior Faire took place on Saturday, May 4, 2024, and was sponsored by the Community Services Department at the Ken Miller Recreation Center.

At the May 7, 2024, City Council meeting, Mayor Chen and members of City Council declared May as Older American Month in the City of Torrance. In addition, five seniors were honored, with the City of Torrance Older American Award, Carolyn Pohiner, Celina Henderson, Dan Delfoss, Laurie Love and Pamela Popovich for their volunteer efforts. This year's theme was "Powered by Connection."

Affordable Housing for Seniors

At the October 3, 2023, meeting, Chairperson Pryor informed the commission that the senior housing at the Torrance Crossing facility would be open for tours. She added that in the last report, at least half of the people living in the Tiny Homes were 50 years and over.

At the May 7, 2024, meeting, Commissioner Mayfield discussed SB 9 and noted that the law, which would have densified single-family, residential neighborhoods, had been ruled unconstitutional and unenforceable for most Cities.

Transportation

At the June 6, 2023, Commission meeting, Commissioner Snyder stated that the Mary K. Giordano Regional Transit Center would have its grand opening on Friday, June 9, 2023, from 11:00 a.m. to 2:00 p.m.

At the August 1, 2023, Commission meeting, Commissioner Snyder shared that she attended a special meeting of the Transportation Committee to discuss banning the Metro from coming to Torrance. She noted the possible effect on the Mary K. Giordano Regional Transit Center. She added that the matter had been redirected for further discussion by the City Council and that input from the public was encouraged.

At the April 2, 2024, Commission meeting, Commissioner Snyder reported that LA Metro would be deciding in April on whether they would come through Torrance.

At the same meeting, Chairperson Pryor reported that the Dodger Express bus was now available at Torrance Mary K. Giordano Regional Transit Center.

Health

Commissioner Mayfield reported at the June 6, 2023, meeting that UCLA was hosting a Summer Blood drive at the Ken Miller Recreation Center for Thursday, June 15 from 8:00 a.m. to 1:00 p.m. and that an advance appointment was required.

Commissioner Mayfield, at the August 1, 2023, meeting, reported that on Friday, August 11 from 9:00 a.m. to 2:00 p.m., Carson would host their Annual Senior briefing with health screenings and updates.

At the October 3, 2023, meeting Commissioner Dojiri reported that Torrance Memorial Medical Center would offer free flu shots at the Torrance Memorial Hoffman Health Conference Center on Sunday, October 8, 2023, from 9:30 a.m. to 11:30 a.m.

Commissioner Mayfield reported at the November 7, 2023, meeting that California Senate Bill 326, which modernized the Mental Health Services Act and Assembly Bill 531, is a bond to build new behavioral health housing and treatment settings in the state. She explained that the bills would be voted on as Proposition 1 on the March 2024 ballot. She listed the four key pillars: treatment and housing for those who need it most, increasing access to mental health services for all, building a Health Care Workforce, and supporting and serving children.

At the February 6, 2024, meeting Commissioner Mayfield reported on recent advances in cataract surgery with Light Adjustable Lens, (LAL) which offered customized prescription prescriptions, better vision and was effective for those who had had previous eye surgeries.

Focal Point on Aging

Commissioner Dojiri reports the statistical results for senior referrals, outreach telephone calls and follow-up. The monthly report is submitted by Bea Virobik, Focal Point on Aging Program Manager for the City of Torrance and surrounding cities. Report attached.

Elder Abuse/Fraud

Commissioner Davis reported on scams and frauds targeting seniors.

Conclusion

The Commission is indebted to the City Council and the City Staff for their support and assistance in helping the Commission on Aging members to be available to senior citizens in our community. We are

especially grateful to City Staff Liaisons Jesus Castro and Garrett Craig for their guidance and support, and to Ellen Seaman, Commission Recording Secretary.

Respectfully submitted,

Karen Pryor
2023-2024 Chairperson
Torrance Commission on Aging

DRAFT

Submitted by: Bea Virobik, Office Manager, **Focal Point on Aging**
Russ Nolte Annex of the Bartlett Senior Center
1339 Post Avenue
Torrance, CA 90501

Focal Point Annual Report
June 2023 – June 2024

The Torrance Focal Point on Aging, an all-volunteer staff, has provided seniors and their families with referrals to community services for the past 27 years. Focal Point is open Monday through Friday for 3 hours each morning. We provide information and referrals by telephone only. Callers are encouraged to use the Focal Point directory on the website for additional referrals.

The top requested and the most challenging inquiries continue to be affordable senior rental housing. Seniors are confronted with rent increases, eviction notices and tenant landlord issues.

The 25th edition of the Focal Point directory is available and is being distributed to community partners. The website is www.torranceca.gov/focalpoint

Statistics for June 2023 – June 2024

- 263 documented calls
- 403 miscellaneous inquiries
- 666 total calls
- 1,316 web inquiries
- 40% of calls for affordable senior rental housing.

Goal for 2024 – 2025: Continue to provide quality services to our seniors and families.
Pursue affordable rental and shared housing options.