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Direct questions or concerns to the Commission Liaison at (310) 618-2935, or individual department head prior to submission to the Commission. Parties will be notified if the complaint will be included on a subsequent agenda.

Security procedures: Members of the public will be directed to enter City Hall on the East side of the building through the sliding door. All other entrances will remain locked for entry. Oversized bags or backpacks will not be allowed in the Council Chamber or Commission meeting room. All bags are subject to search.

Any correspondence received after 2:00 p.m. on TUESDAY on any item on the agenda will be provided to the Commission electronically and available for public inspection in the City Clerk's Office. A copy of the correspondence will be available for public inspection in a binder at the back of the Council Chamber or Commission Meeting room.

TORRANCE COMMISSION ON AGING AGENDA

REVISED

TUESDAY, JULY 2, 2024

REGULAR MEETING

**9:30 A.M. IN THE WEST ANNEX COMMISSION MEETING ROOM
AT 3031 TORRANCE BL.**

**THE COMMISSION ON AGING MAY TAKE ACTION ON ANY
ITEM LISTED ON THE AGENDA**

1. CALL MEETING TO ORDER

ROLL CALL: Commission members: Davis, Grundhaus, Hileman, Mayfield, Dojiri

2. FLAG SALUTE

WORDS OF INSPIRATION

3. REPORT OF THE STAFF ON THE POSTING OF THE AGENDA

The agenda was posted on the Public Notice Board at 3031 Torrance Blvd. and on the City's Website on Thursday, June 27, 2024.

4. ANNOUNCEMENT OF WITHDRAWN, DEFERRED, AND/OR SUPPLEMENTAL ITEMS

5. ORAL COMMUNICATIONS (Limited up to a 15-minute period)

*This portion of the meeting is reserved for comment on items on the Consent Calendar or not on the agenda. Under the Ralph M. Brown Act, the Commission cannot act on items raised during public comment, but may respond briefly to statements made or questions posed; request clarification; or refer the item to staff. **No longer than 1 minute per speaker.** If presenting handout material to Commission, please provide 10 copies to staff before speaking.*

6. CONSENT CALENDAR

Matters listed under the Consent Calendar are considered routine and will be enacted by one motion and one vote. There will be no separate discussion of these items. If discussion is desired, that item will be removed by a Councilmember from the Consent Calendar and considered separately.

6A. Approve Commission Minutes: May 7, 2024

7. ADMINISTRATIVE MATTERS

7A. PRESENTATION: El Camino College

Presentation by Tommy Ton, Outreach & School Relations for El Camino College.

7B. DISCUSSION: SPEAKERS FOR UPCOMING MEETINGS

Recommendation of the Community Services Director that the Commission on Aging discuss and decide on speakers relevant to the senior population.

- 1) **August 6, meeting** – Cogir of South Bay, presentation by Jill Allen, Community Relations Director.
- 2) **September 3, meeting** – Helping Elders Live Productively (H.E.L.P.), presentation by Grace Farwell, Program Coordinator. H.E.L.P. provides free resources, services, and referrals to help older adults who live in the South Bay make informed decisions.

7C. DISCUSSION: TORRANCE CENTENARIAN PROGRAM

Recommendation of the Community Services Director that the Commission on Aging discuss a Centenarian nominee and receive an update from staff.

- 1) Centenarian Award applicant, Mr. Joseph H. Gerson. City Council Meeting Ceremony scheduled for Tuesday, August 20, 2024, at 6:30pm at the City Hall Council Chamber.

7D. DISCUSSION: AARP AGE FRIENDLY CITY APPLICATION

Recommendation of the Community Services Director that the Commission on Aging discuss the AARP Age Friendly City Application and receive an update from staff.

7E. ORAL REPORTS ON SENIOR CITIZEN CONCERNS

Recommendation of the Community Services Director that the Commission on Aging report on:

- City Council Activities - Commissioner Hileman
- Housing -
- Health - Commissioner Mayfield
- Transportation -
- Community Programs - Commissioner Grundhaus
- Focal Point Programs - Commissioner Dojiri
- Elder Abuse/Fraud - Commissioner Davis

7F. DISCUSSION: ELECTION OF OFFICERS

Recommendation of the Community Services Director that the Commission on Aging nominate and elect a Chair and a Vice Chair for the 2024-2025 fiscal year.

8. COMMISSION ORAL COMMUNICATIONS

9. ADJOURNMENT

- 9A.** Adjournment of Commission on Aging Meeting to Tuesday, August 6, 2024, at 9:30 a.m. located in the West Annex Commission Meeting Room. The commission will go dark for the month of June 2024.



**MINUTES OF A REGULAR MEETING OF
THE TORRANCE COMMISSION ON AGING**

1. CALL TO ORDER

The regular meeting convened on Tuesday, May 7, 2024 at 9:30 a.m. at the West Annex Commission Meeting Room at City Hall, 3031 Torrance Boulevard.

ROLL CALL/MOTIONS FOR EXCUSED ABSENCE

Present: Commissioners Dojiri, Grundhaus, Hileman, Mayfield, Snyder and Chairperson Pryor

Absent: Commissioner Davis

Also Present: Senior Recreation Supervisor Castro

MOTION: Commissioner Hileman moved and Commissioner Grundhaus seconded, to approve the excused absence of Commissioner Davis. The motion passed by a unanimous voice vote. (Absent: Commissioner Davis)

2. FLAG SALUTE

Commissioner Snyder led the Pledge of Allegiance and Commissioner Hileman read words of inspiration.

3. REPORT OF THE CITY CLERK ON THE POSTING OF THE AGENDA

Chairperson Pryor reported that the agenda was posted on the Public Notice Board at 3031 Torrance Boulevard and on the City's website on Thursday, May 2, 2024 by City Clerk Poirier.

4. ANNOUNCEMENT OF WITHDRAWN, DEFERRED, AND/OR SUPPLEMENTAL ITEMS

No items.

5. ORAL COMMUNICATIONS

None.

6. CONSENT CALENDAR

6A. APPROVAL OF MINUTES – April 2, 2024 Commission on Aging

MOTION: Commissioner Mayfield moved and Commissioner Snyder seconded, to approve the minutes of the Commission on Aging meeting of April 2, 2024, as submitted. The motion passed by a 6 to 0 vote. (Absent: Commissioner Davis)

7. ADMINISTRATIVE MATTERS

7A. PRESENTATION: City of Torrance Library

Michael George, Reference Librarian for the Community Services Department, Library Services, noted that he had been with the City Library for 25 years. He presented an overview of the services available for seniors at the six City Libraries and explained that there were books on: travel, how-to-books and crafts and many other subjects. He distributed the May calendar of Library events and discussed the programs, such as book groups, that were available at the City libraries. He noted that there were also electronic resources available for the community, including classes on technology, forums on specific topics, past and current international and domestic magazines and newspapers online, as well as instruction to learn other languages. He explained zip books: a state service which provides books upon community members' requests for those not found in the City library. He confirmed that late fees were no longer charged and recommended that residents sign up for the Library newsletter and obtain library cards from other local cities, Los Angeles County and Los Angeles City to expand their access to library materials and events. He discussed "Books in Boxes" which provided 10 copies of the same book and guides for book clubs, and added that there were also book group discussions at the library branches or online. He confirmed that there was always a need for library volunteers and reminded the Commission that the Summer Reading Program was appropriate for all ages.

7B. DISCUSSION: SPEAKERS FOR UPCOMING MEETINGS:

Chairperson Pryor reported the following speaker schedule was confirmed :

- July 2, 2024: presentation by Tommy Ton, El Camino College – Outreach and School Relations
- August 6, 2024: presentation from Cogir of South Bay, a new senior living facility.
- September 3: presentation by Grace Farwell on Helping Elders Live Productively (H.E.L.P.)

Commissioner Hileman requested that the Homeless Outreach Coordinator present a report to the Commission on the number of seniors who were experiencing homelessness, the results of the outreach program and the temporary Housing as well as the types of services offered. Senior Recreation Supervisor Castro stated that he would investigate to see who might be available to present the information.

7C. DISCUSSION: OLDER AMERICAN AWARDS

Chairperson Pryor noted that the ceremony was tonight at the City Council meeting and all of the Commissioners had confirmed their availability to attend.

Senior Recreation Supervisor Castro noted that the presentations at the City would begin at approximately 6:30 p.m.

Chairperson Pryor reminded the Commission that the Los Angeles County awards would take place on May 16 at the Dorothy Chandler Pavilion and that there were no tickets available. Senior Recreation Supervisor Castro confirmed that he would forward Pamela Popovitch's thank you letter to the Commission and verify whether Ms. Popovitch was planning on attending the award ceremony on May 16.

7D. Oral Reports on Senior Citizens Concerns

1. City Council Activities

No report.

2. Housing

Commissioner Mayfield discussed SB 9 and noted that the law, which would have densified single-family, residential neighborhoods, had been ruled unconstitutional and unenforceable for most Cities.

3. Health

Chairperson Pryor reported that May was National Stroke Awareness Month and listed the seven signs of stroke to watch for, "Be Fast": balance, eyes, face, arms, speech and time, which was of the essence. She noted that it was also Mental Health Awareness Month.

4. Transportation

Commissioner Snyder reported that the LA Metro had not yet made a decision on whether they would come through Torrance.

Commissioner Dojiri announced that the shuttle for the Hollywood Bowl was now leaving from the Transit Center instead of Wilson Park.

5. Community Programs

Commissioner Grundhaus reported the following activities for May: Armed Forces Day Parade on May 18 and the 5K Race and noted that Districts 1 and 3, the Downtown Torrance Association and the Mayor had online newsletters.

6. Focal Point Program

Commissioner Dojiri reported the following statistics for the month of:

March 2024: Web inquiries were 127

April 2024:

Total number of documented calls: 28	Web Inquiries:
Miscellaneous calls: 25	Total number of calls received: 54

Of the documented calls there were the following requests:

Requests for housing 64%	requests for transportation 11%
Requests for in-home services 7%	

7. Elder Abuse/Fraud

No report.

8. ORAL COMMUNICATIONS #2 Commissioners/Staff

Senior Recreation Supervisor Patti Goldenson distributed the May/June 2024 5-0 and On the Go! Newsletter and discussed the activities for the fitness room, the garden club and the meditation classes. She announced that the next Torrance Travelers trip would be to the Getty Museum on June 5.

Senior Recreation Supervisor Castro stated that he would place the Age Friendly City plan on the next agenda. He noted that developing an action plan and reaching out to the community would be the next step.

Chairperson Pryor announced that she would be stepping down from the Commission if she received a placement on the Social Services Commission. She thanked everyone for their support.

9. ADJOURNMENT

At 10:25 a.m., Commissioner Grundhaus moved to adjourn the meeting to the regular meeting on Tuesday, July 2, 2024, at 9:30 a.m. at the West Annex Commission Meeting Room at City Hall, 3031 Torrance Boulevard. The motion was seconded by Commissioner Mayfield. The motion passed by a 6-0 vote. (Absent: Commissioner Davis)

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El Camino College Torrance Commission on Aging Meeting

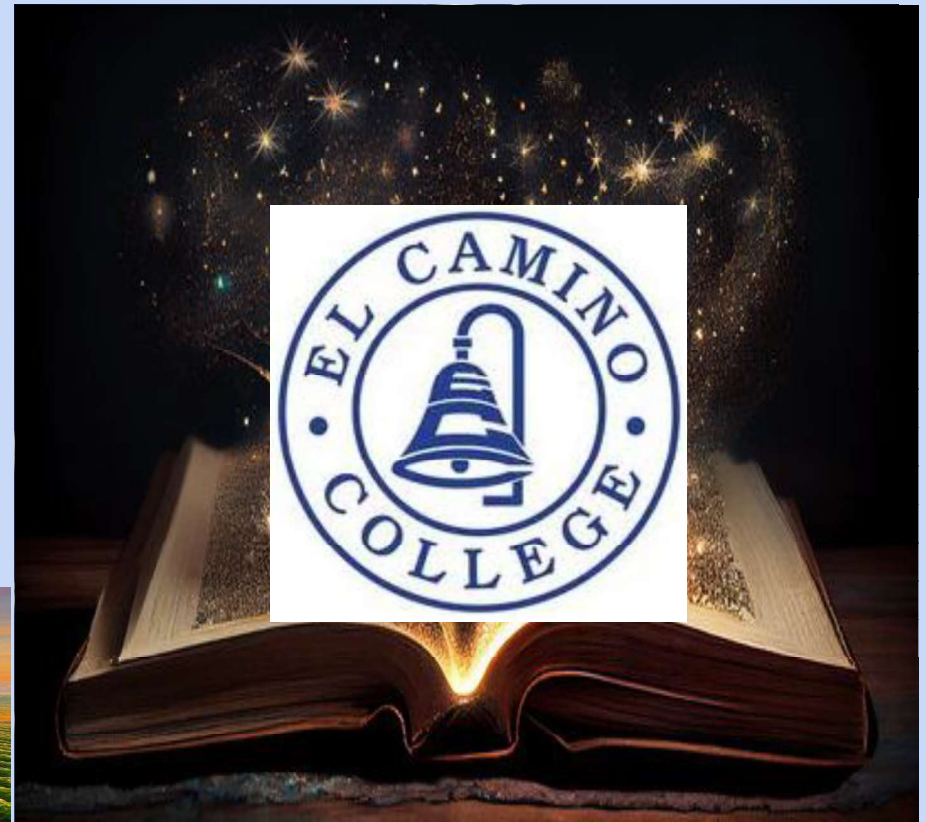
🎉 2024 🎉



"Let's continue to build a foundation of opportunities for our students and the community."

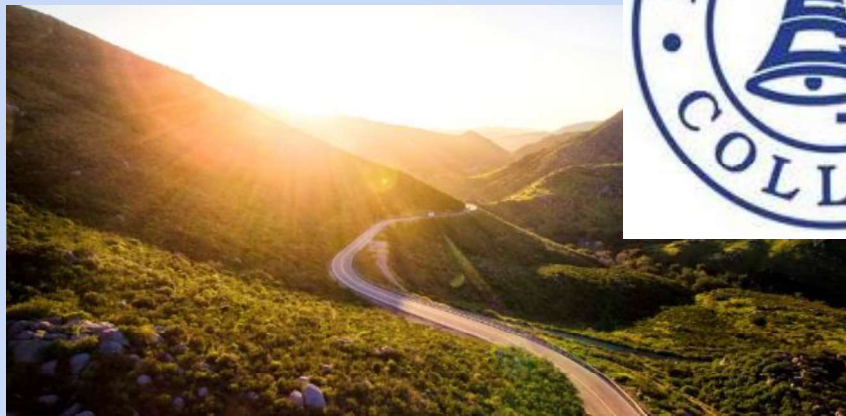
Our Story - Add color to the details

- Tommy Ton
- Brooke Oto
- El Camino
- Giving back and being of service to the community





Opportunities



Fun Classes

Consider pivoting or learning a new skill?

- Physical therapy - Strength training
- Swimming - Heated Pool
- Computer - Emails / Internet searches
- Ceramics
- Self Defense/Combat Training/Boxing
- Free English as a second language
(ESL) Classes
- ...and more....



Beginning Swimming, Water Aerobics, Heated Pool



Yoga, Physical Therapy, Strength Training



Golf, Baseball, Basketball, Tennis, Track, Soccer, Football



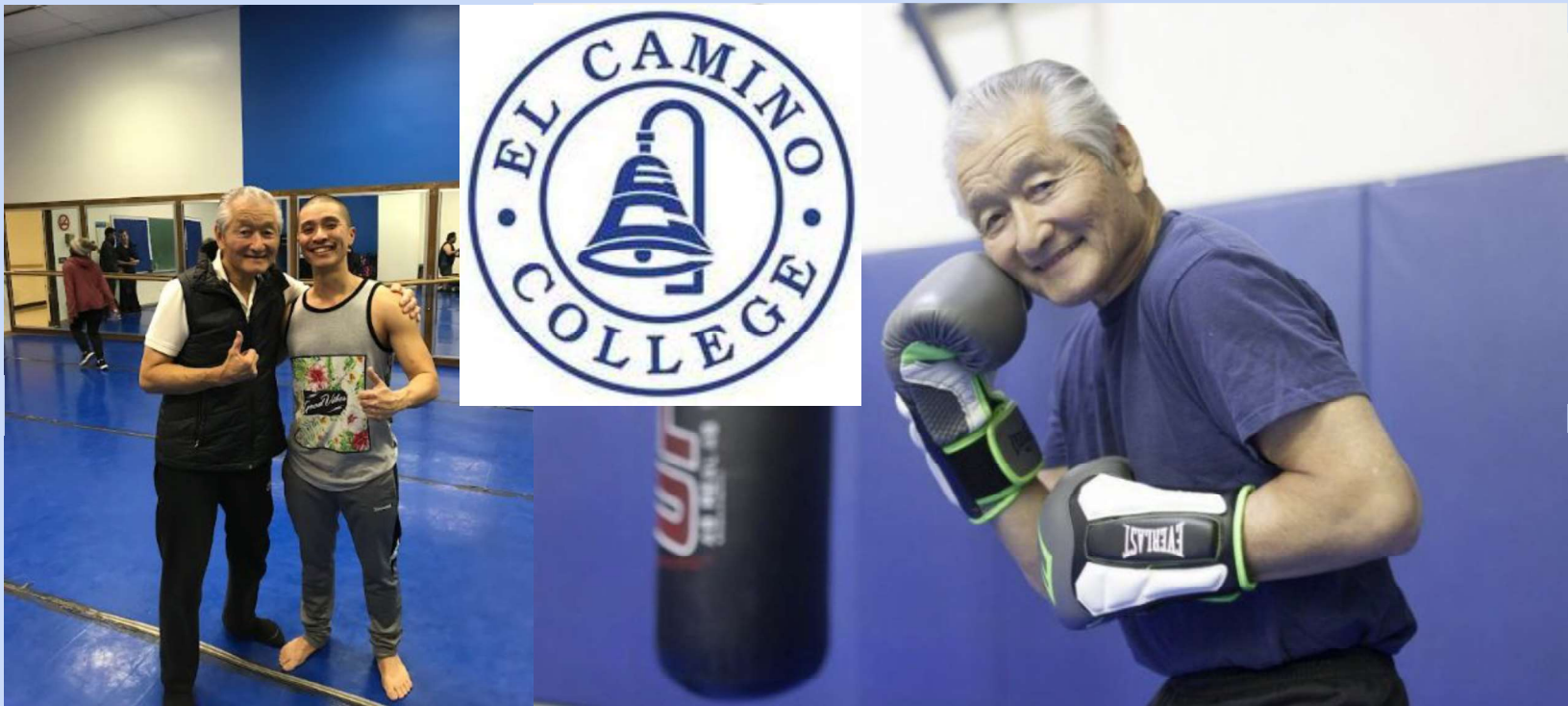
Emails, Internet Searches, Zoom



Ceramics



Self Defense, Combat training, Boxing



Community Education Free ESL Classes & More



**FREE
CLASSES**



COMING SOON!

- Personal Care Aid
- Medical Transcription
- Sterile Processing
- IRS Volunteer Income Tax Preparation
- Real Estate Advanced License Exam Prep Review
- GED/HiSet Preparation
- Parenting and Caregiving
- Child Development



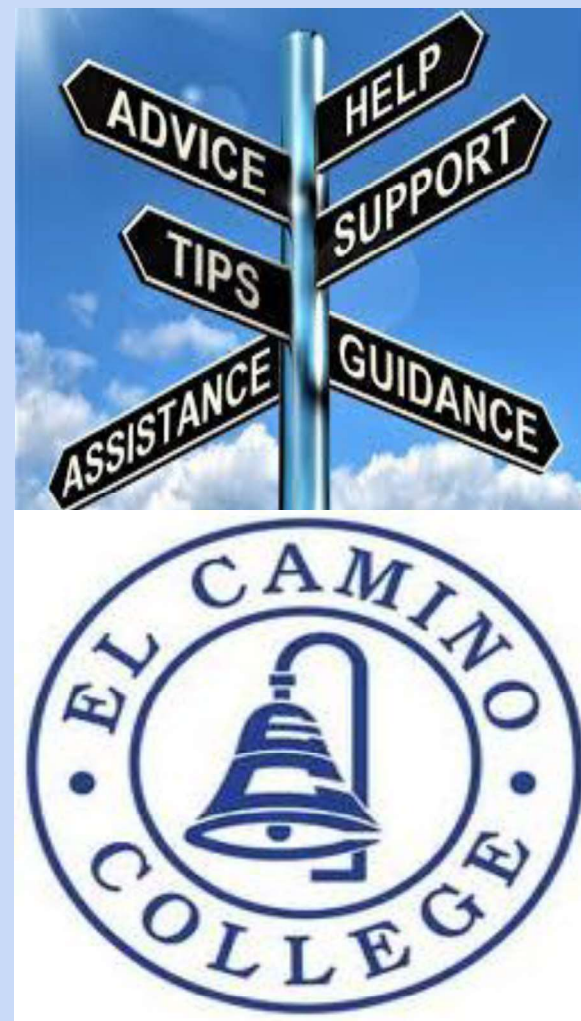
Type of classes

- **In person**
 - Traditional classes
- **Online only**
 - Go at your own pace
- **Hybrid**
 - Meets once a week and online
- **Off-site**
 - Meets off campus
 - Ex. Golf Courses (Meets at the Golf Course/Park)
 - Fire Dept Academy



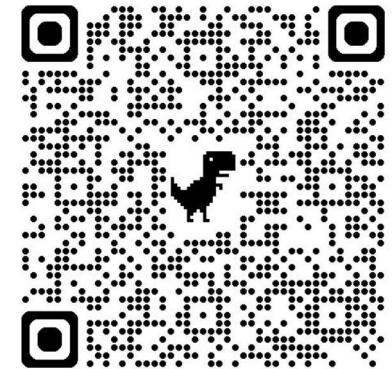
Basic Need Services

- **Warrior Pantry**
- **Warrior Closet - T/W/Th - Clothing donated to students**
- **U-pass - 30 bus pass**
- **CalFresh Application Assistance for Students**
- **Health Center *Free Students**



Summer/Fall 2024 Terms

- Apply
- Register for classes before they get filled
- Summer Session
 - Summer 6 -week Session
 - July 01, 2024 - August 08, 2024
- Please scan the QR code with your phone to view Summer classes
- Fall Starts August 26, 2024 to December 14, 2024





South Bay Promise

- 2 years of Free Tuition
 - First-time full-time college student
- Priority registration
- Access to laptop/calculator loan program
- Support Programs
- Application Assistance



Thank you for your time!

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Instagram @outreachecc**



“Let’s continue to build a foundation of opportunities for our students and the community.”