

# Senior Citizens Walking Club

*"A journey of a thousand miles begins with one step." - Lao Tzu*

The Bartlett Senior's Walking club is taking to the road – Join us!  
Every Friday, beginning **January 12, 2024** at 10:00 a.m.  
(except for holidays)

**1318 Cravens Avenue Torrance**

The Bartlett Senior Center Walking Club will restart on Friday, January 12, 2024, at 10:00 am with a new direction.

We will be meeting at the Bartlett Senior Center and our adventure will begin with a route around the downtown area.

We will start with a leisurely pace, more advanced walkers can set their own pace, all levels are welcome.



*All levels are welcome*

**Free to Seniors 50+**

What you will need:

- **Small knapsack/backpack**
- **Bottle of water**
- **Sunscreen**
- **Wear comfortable walking shoes**



City of  
**TORRANCE**  
California

For more information please call Bartlett Senior Center at (310) 320-5918