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Direct questions or concerns to the Commission Liaison at (310) 618-2935, or individual department head prior to submission to the Commission. Parties will be notified if the complaint will be included on a subsequent agenda.

Security procedures: Members of the public will be directed to enter City Hall on the East side of the building through the sliding door. All other entrances will remain locked for entry. Oversized bags or backpacks will not be allowed in the Council Chamber or Commission meeting room. All bags are subject to search.

Any correspondence received after 2:00 p.m. on TUESDAY on any item on the agenda will be provided to the Commission electronically and available for public inspection in the City Clerk's Office. A copy of the correspondence will be available for public inspection in a binder at the back of the Council Chamber or Commission Meeting room.

**TORRANCE COMMISSION ON AGING AGENDA
TUESDAY, DECEMBER 5, 2023
REGULAR MEETING
9:30 A.M. IN THE WEST ANNEX COMMISSION MEETING ROOM
AT 3031 TORRANCE BL.**

**THE COMMISSION ON AGING MAY TAKE ACTION ON ANY ITEM
LISTED ON THE AGENDA**

1. CALL MEETING TO ORDER

ROLL CALL: Commission members: Davis, Grundhaus, Hileman, Mayfield, Dojiri, Snyder, and Chair Pryor

2. FLAG SALUTE

WORDS OF INSPIRATION

3. REPORT OF THE STAFF ON THE POSTING OF THE AGENDA

The agenda was posted on the Public Notice Board at 3031 Torrance Blvd. and on the City's Website on Thursday, November 30, 2023.

4. ANNOUNCEMENT OF WITHDRAWN, DEFERRED, AND/OR SUPPLEMENTAL ITEMS

5. ORAL COMMUNICATIONS (Limited up to a 15-minute period)

*This portion of the meeting is reserved for comment on items on the Consent Calendar or not on the agenda. Under the Ralph M. Brown Act, the Commission cannot act on items raised during public comment, but may respond briefly to statements made or questions posed; request clarification; or refer the item to staff. **No longer than 1 minute per speaker.** If presenting handout material to Commission, please provide 10 copies to staff before speaking.*

6. CONSENT CALENDAR

Matters listed under the Consent Calendar are considered routine and will be enacted by one motion and one vote. There will be no separate discussion of these items. If discussion is desired, that item will be removed by a Councilmember from the Consent Calendar and considered separately.

6A. Approve Commission Minutes: November 7, 2023

7. ADMINISTRATIVE MATTERS

7A. PRESENTATION: "Building Brighter Tomorrows"

Presentation by Michele Nadeau, Outreach and Volunteer Coordinator for 1736 Family Crisis Center.

7B. DISCUSSION: TORRANCE CENTENARIAN PROGRAM

Recommendation of the Community Services Director that the Commission on Aging discuss a Centenarian nominee and receive an update from staff.

- 1) Centenarian Award applicant, Mrs. Margaret H. Partsch. City Council Meeting Ceremony scheduled for Tuesday, January 9, 2024.
- 2) Centenarian Award applicant, Mrs. Catherine Uchenwa Ogbuka. City Council Meeting Ceremony for Tuesday, January 23, 2024.

7C. DISCUSSION: SPEAKERS FOR UPCOMING MEETINGS

Recommendation of the Community Services Director that the Commission on Aging discuss and decide on speakers relevant to the senior population.

- 1) **February 6, 2024 meeting** – City of Torrance Home Improvement Program (HIP), presentation by Shawn Plunkett, HIP Supervisor.

7D. DISCUSSION: OLDER AMERICANS AWARDS

Recommendation of the Community Services Director that the Commission on Aging discuss the 2024 Older Americans Award application process, including application deadline.

7E. DISCUSSION: COLLABORATION WITH SOCIAL SERVICES COMMISSION

Recommendation of the Community Services Director that the Commission on Aging discuss possible collaborations with the Social Services Commission on future events.

7F. ORAL REPORTS ON SENIOR CITIZEN CONCERNS

Recommendation of the Community Services Director that the Commission on Aging report on:

- City Council Activities - Commissioner Hileman
- Housing - Chairperson Pryor
- Health - Commissioner Mayfield
- Transportation - Vice-Chairperson Snyder
- Community Programs - Commissioner Grundhaus
- Focal Point Programs - Commissioner Dojiri
- Elder Abuse/Fraud - Commissioner Davis

8. COMMISSION ORAL COMMUNICATIONS

9. ADJOURNMENT

- 9A.** Adjournment of Commission on Aging Meeting to Monday, February 6, 2024, at 9:30 a.m. located in the West Annex Commission Meeting Room.



**MINUTES OF A REGULAR MEETING OF
THE TORRANCE COMMISSION ON AGING**

1. CALL TO ORDER

The meeting convened on Tuesday, November 7, 2023 at 9:30 a.m. at the West Annex Commission Meeting Room at City Hall, 3031 Torrance Boulevard.

ROLL CALL/MOTIONS FOR EXCUSED ABSENCE

Present: Commissioners Davis, Dojiri, Grundhaus, Hileman, Mayfield, Snyder and Chairperson Pryor

Absent: None.

Also Present: Recreation Services Manager Craig and Senior Recreation Supervisor Castro.

2. FLAG SALUTE

Commissioner Mayfield led the Pledge of Allegiance and Commissioner Hileman read inspirations provided by Irene Griffith.

3. REPORT OF THE CITY CLERK ON THE POSTING OF THE AGENDA

Chairperson Pryor reported that the agenda was posted on the Public Notice Board at 3031 Torrance Boulevard and on the City's website on Thursday, November 2, 2023 by City Clerk Poirier.

4. ANNOUNCEMENT OF WITHDRAWN, DEFERRED, AND/OR SUPPLEMENTAL ITEMS

No items.

5. ORAL COMMUNICATIONS

Recreation Senior Supervisor Patti Goldenson introduced herself to the Commission and welcomed questions on programs and services at the Senior Centers. She stated that she could be contacted at 310-618-2898.

Recreation Services Manager Craig noted that the City had recently signed a contract with REC.US, a technology-based platform to coordinate tennis and pickle ball instruction and play and added that there would be a tournament/meet and greet at Wilson Park on November 12, 2023.

6. CONSENT CALENDAR

6A. APPROVAL OF MINUTES – October 3, 2023 Commission of Aging

MOTION: Commissioner Snyder moved and Commissioner Mayfield seconded, to approve the minutes of the Commission on Aging meeting of October 3, 2023, as submitted. The motion passed by a voice vote.

7. ADMINISTRATIVE MATTERS

7A. PRESENTATION: “Palliative Care”

Ujjwala Dheeriya, MD, FACP, Medical Director, Torrance Memorial Hospital (TMHS) Palliative Care and Kristel Quinto, MSW, LCSW, APHSW-C, Program Director, TMHS Palliative Care described the goals of the Palliative Care program and the type of specialized care provided for people living with a serious illness, such as cancer, neurologic, heart, liver or respiratory disease. Ms. Quinto noted that palliative care worked as an interdisciplinary team, which included nurses, chaplains and case managers to ensure that the patient was the center of the care and that the family caregiver was part of the treatment plan.

Dr. Dheeriya noted that palliative was not hospice care, not only for people who were dying or elderly and discussed the growth of the program at Torrance Memorial, which now had 300 patients. She stated that palliative care was a team that provided a continuum of care from inpatient to outpatient and home settings for both the patient, their family and caregivers.

Ms. Quinto explained that the palliative care program provided both advance care planning workshops and one-on-one sessions via zoom.

A member of the public spoke.

7B. DISCUSSION: TORRANCE CENTENARIAN PROGRAM

Senior Recreation Supervisor Castro announced that Margaret H. Partsch would be the fourth centenarian to be honored on Tuesday January 9, 2024 at the City Council meeting. He added that an additional application had been received for Mrs. Catherine Uchenwa Ogbuka, with a date for a ceremony still to be decided.

Commissioner Dojiri requested that the flyers for the centenarian program be posted in the library and at the Barlett Center.

Chairperson Pryor requested that Recreation Senior Supervisor Goldenson place the application for centenarian in the next issue of *5-0 AND ON THE GO!* Newsletter.

7C. DISCUSSION: SPEAKERS FOR UPCOMING MEETINGS:

Chairperson Pryor announced that Michele Nadeau, Outreach and Volunteer Coordinator for the 1736 Family Crisis Center would speak at the December 5, 2023 meeting and Shawn Plunkett, Supervisor from the City’s Home Improvement Program would speak at the meeting on February 6, 2024.

7D. Oral Reports on Senior Citizens Concerns

1. City Council Activities

Commissioner Hileman reported that the Council had approved the touch and go programs by flight schools but she noted that it would be eight to twelve months before any of the noise reductions could be implemented. She stated that the Council had approved an ordinance to allow charitable gambling casino/bingo nights.

2. Housing

No report.

3. Health

Commissioner Mayfield reported on California Senate Bill 326, which modernized the Mental Health Services Act and Assembly Bill 531, a bond to build new behavioral health housing and treatment settings in the state. She explained that the bills would be voted on as Proposition 1, on the March 2024 ballot. She listed the four key pillars: treatment and housing for those who need it most, increase access to mental health services for all, build a health Care Workforce and support and serve children.

4. Transportation

No report.

5. Community Programs

Commissioner Grundhaus reported the following activities: an ice-skating rink would open in downtown Torrance on November 3 and would remain open until January 2, 2024, the Turkey Trot would take place on Thanksgiving, the Upside of Aging would take place at the Palos Verdes Golf course on November 8, the Craftsman Guild Art Fair on November 11-12, and Sweeny Todd at the Torrance Theater on November 18.

Chairperson Pryor announced that the Volunteer Center would celebrate their 60th Anniversary on November 9, as well as sponsor a food drive.

Commissioner Snyder noted that the Festival of Trees would be free for seniors on November 29 and 30.

Commissioner Dojiri stated that HELP would sponsor a technology help session on November 15 from 10:00 a.m. to 1:00 p.m. at the Barlett Center.

6. Focal Point Program

No report

7. Elder Abuse/Fraud

Commissioner Davis reported on scams.

Chairperson Pryor announced that AARP would hold an online webinar on November 14 at 4:00 p.m. on holiday scams.

8. ORAL COMMUNICATIONS #2 Commissioners/Staff

Chairperson Pryor reported that she and Commissioner Hileman had attended the Social Services Veterans Event on November 3 and suggested that the Commission consider a joint meeting with the Social Services Commission to discuss working together on some of their projects as well as co-sponsoring next year's Veteran's event with the Social Service Commission.

Recreation Services Manager Craig stated that he and Senior Recreation Supervisor Castro would reach out to the liaison of the Social Services Commission to discuss options and report back on the progress at Commission's December meeting.

Commissioner Hileman requested that the Commission begin the discussion of the Older American awards at the December meeting, since the Commission would be dark in January.

Commissioner Grundhaus spoke.

9. ADJOURNMENT

9A. At 10:27 a.m., Commissioner Mayfield moved to adjourn the meeting to the regular meeting on Tuesday, December 5, 2023, at 9:30 a.m. at the West Annex Commission Meeting Room at City Hall, 3031 Torrance Boulevard. The motion was seconded by Commissioner Davis and a roll call vote reflected unanimous approval.

####

Subject to Approval



Building Brighter Tomorrows

Agency Overview

- Founded in 1972 as a community response to homeless youth in the South Bay
- 1981 – began domestic violence shelter program, now have 4 DV/HT shelters throughout LA County
- Our Emergency Youth Shelter is a 6-bed facility for youth in any crisis, ages 10-17
- In 2013, a Veteran Families Program was added to provide housing assistance to homeless and at-risk Veterans and their families
- In 2020, we opened a 15-bed Bridge shelter for homeless women
- 1736 FCC reaches nearly 24,000 individuals annually in LA and Orange Counties through direct services and community educational outreach



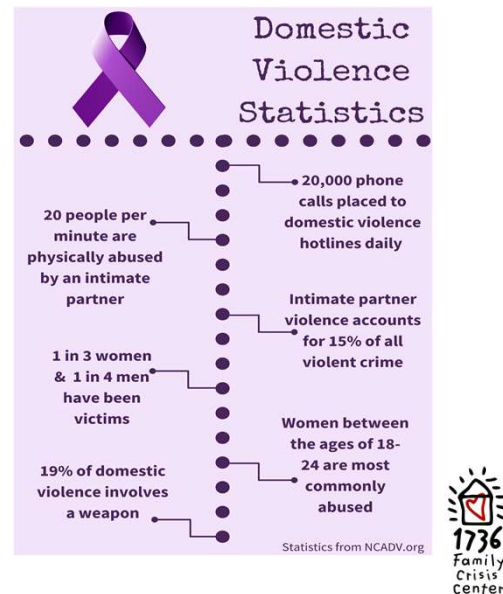


Crisis and Emergency Services



Crisis Intervention – Domestic Violence

- Five 24-hour crisis/suicide hotlines staffed with trained professionals – main access to our services
- Four confidentially-located domestic violence shelters in Los Angeles County
- Shelters accept both individuals and families with children from 0 to 17 years, including teenage boys
- DART – 1736 Domestic Abuse Response Team advocates are stationed at the LAPD Harbor Division and work alongside officers to provide ride-along, on-scene support in homes and hospitals to DV Victims and their children



Crisis Intervention – Women’s Western Bridge Home

- Provides shelter to single women waiting for permanent housing
- 15 beds
- Case Management
- DV not a requirement
- “She Does” deserve a safe place to stay at night. Movement empowering homeless women



Wrap-around Supportive Services



Supportive Services – Outpatient Mental Health Support

- Two Outpatient Clinics – LA and South Bay
- Services for children (0-17) with MediCal
- Services for all ages regardless of insurance w/DV and/or HT
- Domestic Violence/Empowerment Support groups
- Parenting Support groups
- Linkages to other community-based programs



LA: (323)737-3900 x232 South Bay: (310)543-9900 x310



Supportive Services – Legal Services

- Comprehensive, no-cost legal response and court representation
- Emergency no contact, restraining, protective orders
- Family Law including child custody, visitation rights, child support, divorce proceedings
- Immigration Law
- Citizenship Assistance
- Human Trafficking T-VISA Assistance



Supportive Services – Housing Assistance

- Housing Search Support
- Financial Assistance (Rent/Deposit)
- Obtaining Health Care Services
- Referrals to Appropriate Services (Legal, Food Pantries, Financial, etc.)
- Referrals to Public Benefits (Social Security, Veterans' Benefits, WIC, etc.)
- Financial Planning/Budget
- Case Management/Advocacy



Supportive Services – Veteran Services

- Housing services, including housing search assistance, landlord negotiations and temporary financial assistance to homeless and at-risk Veteran families
- Employment services including work readiness training, vocational training, employer outreach, job placement and retention services
- Homeless Veterans are more likely to be unsheltered than other homeless populations



24-Hour Crisis Hotlines

(213)745-6434

(213)222-1237

(562)388-7652

(310)370-5902

(310)379-3620



Michele Nadeau, Outreach & Volunteer Coordinator: (310)543-9900 x217 or mnadeau@1736fcc.org

www.1736fcc.org