

SEASONS

FALL 2023



CHECK OUT OUR FALL PROGRAMS AND CLASSES!

REGISTRATION INFORMATION IS ON PAGE 5.



SUMMER
2023

MOVIES IN THE PARK



The Super Mario Bros. Movie

Saturday, August 19

Wilson Park

2200 Crenshaw Blvd.

Movie begins at Dusk
(Approximately 7:45 p.m.)

Enjoy some of the Farmers'
Market Vendors.
(Food available for purchase)

Sponsored by



Please join us for a movie under the stars! Picnics, blankets, and lawn chairs are welcome as we transform a few local Parks into a movie theater!

For more information:

Please visit www.Recreation.TorranceCA.Gov or call (310) 618-2930



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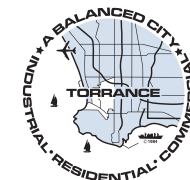
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CITY COUNCIL

Mayor George K. Chen

Mike Griffiths
Jon Kaji
Sharon Kalani



Bridgett Lewis
Aurelio Mattucci
Asam Sheikh

CITY CLERK
Rebecca Poirier

CITY TREASURER
Tim Goodrich

CITY MANAGER
Aram Chaparyan

While the Community Services Department makes every effort to ensure that all information provided is listed as accurately as possible, please understand that we reserve the right to make necessary changes to classes and programs. Classes that do not meet the minimum enrollment requirement may be cancelled one week before classes begin. For current class information, visit www.TorranceCA.Gov/ClassRegistration.

On the Covers

Front: Youth Sports - Flag Football

Back: Download MyTorranceCA

CITY NEWS

TRENDING IN TORRANCE

The City of Torrance is excited to share its new website TrendingInTorrance.com. This website is meant to inform the community on some of the most pressing topics in the City of Torrance. Learn all about sidewalk vending, homeless services, coyotes, and more!

This site will be updated as new information and topics become available.



RUMORS

Have you heard the rumor? The best way to find the most accurate information regarding the City of Torrance is to visit TorranceCA.Gov/Rumors. If you want the City of Torrance to research a rumor you've heard, let us know at Rumors@TorranceCA.Gov.

CITY'S NEW STREET IMPACTS MAP

Before heading out, be sure to check the City's new Street Impacts Map for detailed information on any major construction or road closures. In an effort to provide the community with a broad view of street and/or lane closures, a comprehensive view of Torrance Alert notifications have been added to a map. The map will be updated as information becomes available. For more information visit [Traffic Impacts Map](http://TrafficImpactsMap).

SHAPING TORRANCE TOGETHER COMMUNITY SURVEY



Every month, we'll share new questions to help us gain a better understanding of you, assist in our ability to provide better services, and understand what you think, *Makes a Great Life in Torrance*. Join us in shaping Torrance together at www.TorranceCA.Gov/ShapingTorranceTogether

WHAT'S ON YOUR TELEVISION



The Office of Cable and Community Relations invites the community to check out new television programs now available on Torrance CitiCABLE.

Torrance CitiCABLE's daily live news broadcast TORRANCE TODAY airs live Monday through Thursday at 4 p.m. Get your daily news and information related to the City of Torrance. Featured segments include stories about health, wellness, safety, education, economic development, and local issues.

TORRANCE TODAY along with many other programs can be viewed on Spectrum cable channel 3 and Frontier FiOS channel 31, streaming on TorranceCA.Gov, and on YouTube.com/TorranceCitiCABLE.

DOWNLOAD THE CITY OF TORRANCE FREE APP!



Have you downloaded the City's official APP? Available in the Apple App Store and Google Play, you can interact with Torrance from wherever you are!

Residents and community members can submit request, make online payments, access online services, keep up to date with news, purchase tickets to City events, and explore the City's calendar, find your Torrance Transit bus and even watch your favorite Torrance CitiCABLE programs.

Visit the City's official website TorranceCA.Gov/Apps to find out more about great programs and services offered to the community.

FOLLOW US ON SOCIAL MEDIA

Like or follow us to see what is happening in the City. Stay informed with news, roadwork updates, information about events, City Council meeting updates and more.

Like us at Facebook.Com/TorranceCA

Follow us at Twitter.Com/TorranceCA and

Add us on Instagram [@CityOfTorranceCA](https://www.instagram.com/CityOfTorranceCA).

Stay up to date by subscribing to our weekly eNewsletter of information and events sent every Thursday, directly to your email! Visit TorranceCA.Gov/eNewsletter to sign up.

REGISTRATION INFORMATION FALL 2023

**Classes begin the week of September 10
unless otherwise noted
Priority Registration is ONLINE ONLY!**

Torrance resident registration begins **Tuesday, August 15**
Non-resident registration begins **Tuesday, August 22**

Phone-in Registraton is no longer accepted

Registration Office Hours:

West Annex: Check the web page for current open hours
City Hall offices are closed on the following dates:
August 10 & 25; September 8 & 22; October 6 & 20

To have the best opportunity of getting your desired class(es), register in the following PRIORITY order (phone-in registration is no longer accepted):

1. **Online** – must have an account
2. **Walk-in** – 3031 Torrance Blvd.
3. **Fax** – (310) 781-7598
4. **Mail** – 3031 Torrance Blvd., Torrance 90503

For more information on how to register for classes and programs contact us:

City of Torrance Community Services Department
Registration Office, Torrance City Hall West Annex
3031 Torrance Boulevard
Torrance, CA 90503
Phone (310) 618-2720 Fax (310) 781-7598
Online Help Desk (310) 618-2723
EMAIL: Enroll@TorranceCA.Gov
ONLINE: www.TorranceCA.Gov/ClassRegistration

REGISTRATION POLICIES

Persons giving false information regarding name, age, and address may be dropped from the class or activity without refund or credit. **Students MUST be age appropriate by the first class unless otherwise noted.**

Cancellation Policy

Classes that do not meet the minimum enrollment requirements may be cancelled one week before class begins. Students who request to withdraw from most classes at least ONE business day BEFORE THE CLASS BEGINS may receive an 80% refund. Students who request to withdraw from most classes at least one business day before the THIRD SCHEDULED CLASS may receive a full credit on account with the City of Torrance Registration Office. A full refund will only be issued if the city cancels a class. For more information, and exceptions to this policy, see Registration Guidelines at www.TorranceCA.Gov/ClassRegistration.

Convenience Fee

The City of Torrance will be charging a non-refundable convenience fee of 2.19% for all ONLINE class registrations. This fee will help recover some of the costs associated with credit card fees. Fees will be charged per class, per person, when registering online.

Fees

Fees listed represent the cost for residents/non-residents. Makeup classes are NOT offered for classes missed by students. Fees are NOT pro-rated for students that register late.

Military Discounts

Active Military personnel and their immediate dependents are eligible to receive a 10% discount (up to a maximum of \$10 per program or class per participant) on Community Services programs and classes. For more information, and to obtain an application, see Forms and Supply Lists at www.TorranceCA.Gov/ClassRegistration.

Proof of Residency

Torrance residents will be required to provide current proof of residency when registering for the first time, if you move to a different Torrance address, or if mail is returned. Acceptable forms of proof of residency MUST be current and will be limited to the following:

- California Driver's License (with current address)
- Car Registration or Car Insurance Premium
- Utility Bill such as: gas, electric, Torrance water or trash, or a cable bill (telephone bills, bank statements, mortgage statements, rental agreements, and satellite bills are NOT accepted).

Residency

Torrance residents may register for classes and programs prior to non-residents. A Torrance resident is defined as anyone living within the Torrance city limits. Those living in the 90502 zip code and the 90501 zip code east of Western Avenue are considered non-residents. Non-residents are welcome to register for classes, but pay an additional non-resident fee for most classes.

Scholarships

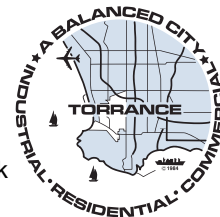
Financial scholarships are available for Torrance residents and may be used for qualifying individuals under the age of 18 or over the age of 50 (proof of age is required). For more information on this program, and to obtain an application, see Forms and Supply Lists at www.TorranceCA.Gov/ClassRegistration.

Waiting Lists

Once a class is filled, participants will be placed on a waiting list. If a vacancy occurs, wait list participants will be notified by phone or e-mail in the order they were placed on the list. Please be sure the Registration Office has your correct contact information on file. If we are unable to reach you, we will remove you from the wait list.

Registration Form

City of Torrance
 3031 Torrance Blvd.
 Torrance, CA 90503
 (310) 618-2720 Telephone
 (310) 781-7598 Fax
 (310) 618-2723 Online Helpdesk
Enroll@TorranceCA.Gov



General Information





- All classes and programs are subject to change or cancellation.
- Registration and payment is required at the time of enrollment and must be received before attending any class or program.
- Students must be age appropriate by the first class unless otherwise noted.
- If a class is full at the time of registration, you may register for the waitlist. Please wait to be contacted by City staff prior to attending the class.
- Torrance Residents must submit proof of residency the first time they register, if they move to a new Torrance address, or if mail is returned.
- Improperly submitted registrations will not be processed.

How to Register:

To have the best opportunity of getting your desired class(es), register in the following **PRIORITY** order.

- 1) **Online** – must have an account ClassSchedule.TorranceCA.Gov
- 2) **Walk-in** – 3031 Torrance Blvd.
- 3) **Fax** - (310) 781-7598
- 4) **Mail** – Registration Office
3031 Torrance Blvd., Torrance, CA 90503

HEAD OF HOUSEHOLD					
First Name			Last Name		
Address					
City		State		Zip	
Email		1st Phone		2nd Phone	
PARTICIPANT'S FULL NAME	BIRTHDATE	GENDER	ACTIVITY NUMBER	ACTIVITY NAME	FEE
<i>A surcharge will be added to all credit and debit card transactions.</i>					GRAND TOTAL

CREDIT CARD INFORMATION					
I Hereby Authorize The Use Of My: <input type="checkbox"/> MasterCard  <input type="checkbox"/> Visa  <input type="checkbox"/> Discover  <input type="checkbox"/> American Express 					
Print Name As It Appears On Card:					
Credit Card Number:					
Security Code:		Expiration Date: Month		Year	
Signature:					
					FOR OFFICE USE ONLY Receipt #: _____ Date: _____ Intials: _____

CODE OF CONDUCT
 The City of Torrance does not discriminate on the basis of race, color, religion, sex, age, national origin, veteran status, sexual orientation, gender identity, disability, or any other basis of discrimination. We need all participant's cooperation to reach this goal. Behavior becomes unacceptable when it impinges on the rights of other, when it could result in injury to oneself or others, when it disrupts classes, or when it could result in damage to the building or equipment.

CANCELLATION POLICY
 I understand that the office must be notified of a refund request at least one (1) working day prior to the first class and one week prior to the first class for classes that meet less than 6 times. I also understand that a 20% service charge will be withheld per class, per participant. Exceptions to this policy will be noted in the Seasons Catalog and on your receipt.

WAIVER OF RELEASE & LIABILITY
 I, the undersigned, do hereby agree to allow the individual(s) named herein to participate in the aforementioned activity(ies) and I further agree to indemnify and hold the City of Torrance harmless from and against any and all liability for any injury which may be suffered by the aforementioned individual arising out of or in any way connected with participation in this activity. I also agree, as participant/parent/guardian of any paid or free event, class, activity, or program, to grant full permission to the City of Torrance to use my name and any photographs, videographs, motion pictures or recordings for any publicity and promotion without obligation or liability to me.

For the complete Code of Conduct and Cancellation Policy visit www.TorranceCA.Gov/ClassRegistration. I verify that all the above information is true and accurate and I agree to comply with the Code of Conduct, Refund Policy and Waiver of Release & Liability.

MANDATORY SIGNATURE: _____ **DATE:** _____

ART

Classes are held at the Torrance Cultural Arts Center, 3330 Civic Center Drive unless otherwise noted.

CERAMICS & CLAY

Clay is NOT included unless otherwise specified.

Kiln firings generally occur at least once per week. To ensure that all participants get their pieces fired in a timely manner, staff may limit the number of pieces fired at one time for each participant. Staff will make every attempt to get all pieces fired during the course of the session; however, due to the volume of ceramic work, some pieces may be fired after the session ends. Those pieces will generally be available after the first two weeks of the next session.

CERAMIC EXTRAS

Clay is sold in 25lb bags and MUST be purchased in advance at the Registration Office or the Cultural Services Office (credit cards only – a 2.19% service fee will be charged). Lockers may be rented in advance. For specific locker assignments, students may come to the Cultural Services Office beginning Monday, September 11, from 9:00am-7:00pm.

TYPE	FEE	CLASS
Clay - Regular	\$11	POS
Clay - Porcelain	\$19	POS
Casting Slip	\$14	POS
Locker - Large	\$11	431260-01
Locker - Small	\$9	431260-02

Ceramics I

Discover the world of ceramics where you can learn techniques to make dinnerware, art and everything in between. Be introduced to hand-building, throwing and glazing using high fire clay and glaze.

11 weeks

AGE	DAY	TIME	INSTRUCTOR	FEE	CLASS
18+	M	6:30-9:00pm	Ornelas	\$155/\$175	431203-01

10 weeks

AGE	DAY	TIME	INSTRUCTOR	FEE	CLASS
18+	W	9:30-12:00pm	Taira	\$141/\$156	331203-03
18+	W	6:30-9:00pm	Ornelas	\$141/\$156	331203-05

Ceramics II – Intermediate

Prerequisite: Torrance Community Services Department Beginning Ceramics or instructor approval. This class will help students expand on their current knowledge of ceramics, while helping them advance in their specific area of interest. Students will be guided to the next level in wheel throwing and/or hand-building, as desired.

10 weeks (No class 11/10 and 11/24)

AGE	DAY	TIME	INSTRUCTOR	FEE	CLASS
18+	Th	6:30-9:00pm	Ornelas	\$141/\$156	431204-02

Ceramics III – Advanced Hand-Building and Wheel Throwing

Prerequisite: Torrance Community Services Department Beginning Ceramics or instructor approval. This class focuses on wheel throwing and hand-building techniques with the addition of an embellished surface using slip-casted pieces, sprigs and various colored slips. Students will be guided and encouraged to expand in their specific area of interest.

9 weeks (no class 11/10 and 11/24)

AGE	DAY	TIME	INSTRUCTOR	FEE	CLASS
18+	F	6:30-9:00pm	Ornelas	\$127/\$142	431206-01

Ceramics All Levels

This class is to introduce new students to ceramics and assist continuing students to expand their art form in their proffered direction. Instruction will be offered in various technics such as wheel throwing, hand building, sculpture, surface decoration, glazing and others as student's request.

11 weeks

AGE	DAY	TIME	INSTRUCTOR	FEE	CLASS
18+	Tu	6:30-9:00pm	Trulove	\$155/\$175	431211-01

Clay Magic, Parent & Child

Fun for parent and child with projects to encourage fine motor skills. Learn hand-building and glazing techniques. Fee includes clay, firing and glazes. Fee is per child, no unpaid siblings. A maximum of two children per adult (same adult participation is required, no visitors).

8 weeks

AGE	DAY	TIME	INSTRUCTOR	FEE	CLASS
3-6	Sa	12:30-2:00pm	Druitt	\$109/\$124	421201-02

Family Clay Fun

A fun time for the whole family! Learn to create with clay using your imagination and ingenuity while you work together as a family. Fee includes clay, firing and glazes (portions allotted per student). Fee is per child, no unpaid siblings. A maximum of two children per adult, and two adults per child.

8 weeks

AGE	DAY	TIME	INSTRUCTOR	FEE	CLASS
5-10	F	4:00-5:30pm	Trulove	\$109/\$124	421202-01

Kids on the Wheel and Beyond

Functional and sculptural projects are the focus of this class while introducing students to the potter's wheel. Hand-building techniques are also utilized. Fee includes clay, firing and glazes.

8 weeks

AGE	DAY	TIME	INSTRUCTOR	FEE	CLASS
10-17	Sa	9:00-11:00am	Trulove	\$122/\$137	421203-04

🏠 Open Ceramics Studio & Workshop

Prerequisite: current enrollment in a Torrance Community Services Department ceramics class, or previous City of Torrance ceramic student for 1 year, or demonstration of prior clay experience with supervisor's approval. To purchase clay see Ceramic Extras.

10 weeks

AGE	DAY	TIME	INSTRUCTOR	FEE	CLASS
18+	Th	9:00-3:00pm	Taira	\$191/\$211	431205-11
11 weeks					
18+	M	9:00-2:00pm	Taira	\$175/\$195	431205-21
18+	Tu	9:00-2:00pm	Taira	\$175/\$195	431205-22



🪄 Outrageous Creative Clay

Create unique sculptures to push the extent of your imagination. Learn pinch, slab, and coil building techniques, and explore a world of possibilities in clay. Fee includes clay, firing and glazes.

8 weeks

AGE	DAY	TIME	INSTRUCTOR	FEE	CLASS
6-9	Tu	4:00-5:30pm	Trulove	\$99/\$109	421204-02
6-9	Sa	2:30-4:00pm	Druitt	\$99/\$109	421204-03

🪄 Teen Ceramic Studio

Do you like to make stuff? Then this is the studio for you. We offer hand building, molds, and "The Wheel" for you to discover or improve upon. Learn to turn clay into almost anything. No previous experience in clay or art is necessary. Those with previous experience are encouraged to come and expand on their skills. Fee includes clay, firing, and glazes.

8 weeks

AGE	DAY	TIME	INSTRUCTOR	FEE	CLASS
13-17	Sa	4:30-6:00pm	Druitt	\$99/\$109	421205-02

DRAWING & PAINTING

🪄 Decorative Painting Series

Learn the popular One Stroke Painting technique that shades, highlights and blends all in one stroke of the brush. Supplies will be discussed at the first class.

3 days (September 12, October 2 and 24)

AGE	DAY	TIME	INSTRUCTOR	FEE	CLASS
16+	Tu	12:30-3:00pm	Numamoto	\$48/\$53	431310-01



🪄 Drawing, Painting and Watercolor

A beginning art class that builds skills and confidence, combining drawing exercises and creative projects. Explore the elements of art using various techniques and media on different surfaces. New projects each session.

8 weeks

AGE	DAY	TIME	INSTRUCTOR	FEE	CLASS
6-12	M	4:00-5:30pm	Reeves	\$89/\$99	421304-03
6-12	Tu	4:00-5:30pm	Reeves	\$89/\$99	421304-15
6-12	W	4:00-5:30pm	Reeves	\$89/\$99	421304-13
6-12	Sa	9:30-11:00am	Reeves	\$89/\$99	421304-07
6-12	Sa	11:30-1:00pm	Reeves	\$89/\$99	421304-08

LITERARY ARTS

🪄 Creative Writing Program

This fun class is designed to provide guided writing opportunities. Learn how to tackle nonfiction writing with success and have fun doing it. Selecting a topic, constructing paragraphs, and correcting grammar and spelling will be covered. Bring writing paper, pencils or pens.

8 weeks

AGE	DAY	TIME	INSTRUCTOR	FEE	CLASS
8-14	Tu	4:00-5:30pm	Wright	\$100/\$110	421501-01

🪄 Mastering the Art of Writing a Report

Learn how to tackle nonfiction writing with success and have fun doing it. Selecting a topic, constructing paragraphs, and correcting grammar and spelling will be covered. This recreational class is designed to provide guided writing opportunities. Bring writing paper, pencils or pens.

8 weeks

AGE	DAY	TIME	INSTRUCTOR	FEE	CLASS
10-17	Th	4:00-5:30pm	Wright	\$100/\$110	421502-04

WORKSHOPS

Requests for refunds, credits, and transfers must be made at least one week before class begins. A supply list is available on our web page.

Sashiko

Sashiko is very easy and fun hand stitching. I will share books and patterns. And we will work on an easy and simple project. If you have some dark fabric and white tracing pencils please bring them. Join us for this creative one-day workshop.

AGE	DAY	DATE	TIME	INSTRUCTOR	FEE	CLASS
18+	Sa	10/14	10:00-1:00pm	Taira	\$40/\$45	431659-01
18+	Sa	10/28	10:00-1:00pm	Taira	\$40/\$45	431659-02

Shibori, Japanese Tie-Dye

Shibori uses a variety of ways to embellish textiles by shaping cloth around elements like PVC pipe and rocks, then dyeing and shaping the material to create beautiful patterns! Join us for this creative one-day workshop.

AGE	DAY	DATE	TIME	INSTRUCTOR	FEE	CLASS
18+	Sa	9/30	10:00-1:00pm	Taira	\$40/\$45	431660-01
18+	Sa	10/21	10:00-1:00pm	Taira	\$40/\$45	431660-02



DANCE

Classes are held at the Torrance Cultural Arts Center, 3330 Civic Center Drive unless otherwise noted.



"Dancing with RKDC" offers studio-level classes taught by the acclaimed Regina Klenjowski Dance Company. For a current list of instructors, visit RKDC.Org, or contact them at (310) 292-7024, or Info@RKDC.Org.

BALLET

Ballet (Dancing with RKDC)

Learn the discipline and form of basic ballet technique and terminology in a creative and welcoming environment. Students will improve upon coordination, alignment/posture, balance, and musicality. Boys and girls are welcome.

Girls Attire: leotard, tights, and pink leather ballet shoes.

Boys Attire: white t-shirt, black leggings or pants and black leather ballet shoes are recommended.

Level 1: students who have taken Pre Ballet or Ballet Fundamentals and are ready for a more mature, structured ballet class. Students focus on body alignment, balance, coordination, extensions, musicality and shapes of the legs/feet. Traveling turns and jumps are introduced.

Level 1/2: mixed levels class for students who have taken Ballet Fundamentals or received some ballet training. Some ballet experience is highly suggested. Students focus on body alignment, extensions and shapes of the legs/feet, traveling turns and center combinations are introduced.

Level 2: for students who have taken ballet level 1 & 2 and/or have received approval from the director to move into level 3/4. This class will focus on proper extensions and shapes of the legs and feet, repetition, retention and por de bras. Students will see an increase in difficulty level in barre and center work. **DIRECTOR APPROVAL REQUIRED TO ENROLL.** Please contact brianna@rkdc.org.

Level 3/4: for students who have taken ballet level 1 and/or have received approval from the director to move into level 2. Students will see an increase in difficulty level in barre. Center combinations, turns, body facings, and waltz are introduced. **DIRECTOR APPROVAL REQUIRED TO ENROLL.**

Please contact brianna@rkdc.org.

8 weeks

AGE	LEVEL	DAY	TIME	INSTRUCTOR	FEE	CLASS
6-9	1	Tu	4:10-5:00pm	RKDC Staff	\$112/\$127	422101-03
7-10	1	Sa	11:50-12:40pm	RKDC Staff	\$112/\$127	422101-11
8-14	2	Tu	5:10-6:10pm	RKDC Staff	\$120/\$135	422101-10
8-14	1/2	Th	4:00-4:50pm	RKDC Staff	\$112/\$127	422101-15
11-17	3/4	W	5:10-6:10pm	RKDC Staff	\$120/\$135	422101-13

Y Ballet Fundamentals (Dancing with RKDC)

This class is designed to teach students a strong technical ballet foundation focusing on placement of the body, strength building, stretching, musical interpretation and artistry. Students will learn ballet steps, terminology, and perform choreography at the end of the session.

Girls Attire: leotard and pink leather ballet shoes.

Boys Attire: white t-shirt, black leggings or pants and black leather ballet shoes are recommended.

8 weeks

AGE	DAY	TIME	INSTRUCTOR	FEE	CLASS
5-8	Sa	10:55-11:45am	RKDC Staff	\$112/\$127	422102-02
5-8	Th	4:20-5:10pm	RKDC Staff	\$112/\$127	422102-05

Y Pre-Ballet (Dancing with RKDC)

Students learn good posture, coordination and rhythm as they express themselves through creative ballet movement games and techniques. **Girls Attire:** leotard, tights and pink leather ballet shoes. **Boys Attire:** white t-shirt, black leggings or pants and black leather ballet shoes are recommended.

8 weeks

AGE	DAY	TIME	INSTRUCTOR	FEE	CLASS
3-5	Th	3:25-4:10pm	RKDC Staff	\$110/\$125	422108-04
4-6	F	3:30-4:15pm	RKDC Staff	\$110/\$125	422108-06

COMBINATION DANCE CLASSES

Y Ballet and Tap (Dancing with RKDC)

Students will learn beginning ballet and tap techniques to apply to fun and creative dance combinations. Dancers will improve upon rhythm, grace, coordination and performance skills. **Girls Attire:** leotard and pink leather ballet shoes.

Boys Attire: white t-shirt, black leggings or pants and black leather ballet shoes are recommended.

8 weeks

AGE	DAY	TIME	INSTRUCTOR	FEE	CLASS
3-5	Sa	10:55-11:45am	RKDC Staff	\$112/\$127	422201-04
4-6	Sa	9:55-10:45am	RKDC Staff	\$112/\$127	422201-05
3-5	Sa	9:00-9:50am	RKDC Staff	\$112/\$127	422201-03



Y Contemporary Dance (Dancing with RKDC)

Level 1: students will be introduced to weight transfers, footwork, improvisation, and isolations. Floorwork is introduced including back bends, bridges, rolls, and inversions. Contemporary is a style of expressive dance that combines elements of several dance genres. All levels welcome.

Level 2/3: students will see a higher difficulty level in technique, musicality, and floorwork including back rolls, inversions, elbow stands, roll ups and more. Students can expect partner and group work, including lifts. **DIRECTOR APPROVAL REQUIRED TO ENROLL.** Please email brianna@rkdc.org.

Attire: jazz shoes and comfortable dancewear.

8 weeks

AGE	LEVEL	DAY	TIME	INSTRUCTOR	FEE	CLASS
10-17	1	Th	6:15-7:15pm	RKDC Staff	\$120/\$135	422203-06
6-9	1	W	5:15-6:05pm	RKDC Staff	\$112/\$127	422203-07
10-17	2/3	F	5:25-6:25pm	RKDC Staff	\$120/\$135	422203-04

Y Musical Theatre (Dancing with RKDC)

A theatrical dance style that includes learning dance technique and acting to songs from popular musicals. No acting, vocal, or dance experience needed. All levels are welcome! **Attire:** nude/tan jazz or contemporary slip-ons, leggings and leotard.

8 weeks

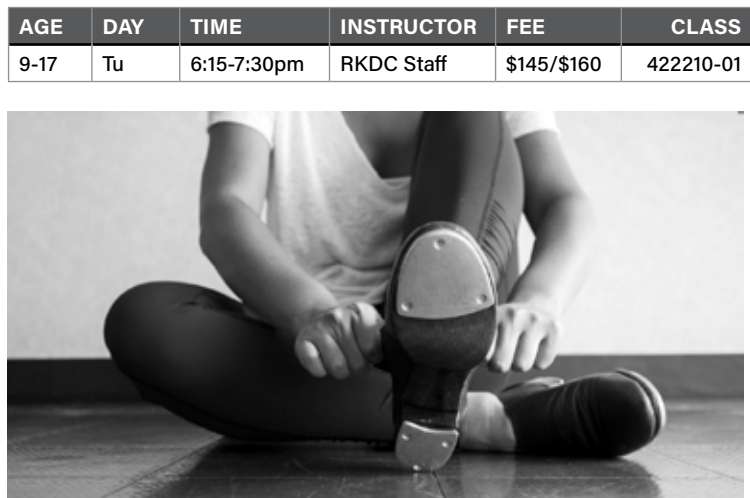
AGE	DAY	TIME	INSTRUCTOR	FEE	CLASS
10-17	Th	5:15-6:15pm	RKDC Staff	\$120/\$135	422211-05

Y RKDC Jr. Company (Dancing with RKDC)

RKDC's Jr. Performance group studies jazz, ballet, modern/contemporary dance technique while preparing for performances in and around the south bay. This is an intermediate level class. There are additional commitments, costs, and requirements. **DIRECTOR APPROVAL REQUIRED TO ENROLL.** Email brianna@rkdc.org to find out more information. **Attire:** black leotard and leggings. RKDC Sr. Company apparel. **Footwear:** nude contemporary shoes

8 weeks

AGE	DAY	TIME	INSTRUCTOR	FEE	CLASS
9-17	Tu	6:15-7:30pm	RKDC Staff	\$145/\$160	422210-01



Y RKDC Mini Company (Dancing with RKDC)

Dancers study various styles of dance and technique while preparing for performances in and around the south bay. There are additional commitments, costs, and requirements. **DIRECTOR APPROVAL REQUIRED TO ENROLL.**

Email brianna@rkdc.org to find out more information.

Attire: RKDC Mini Company warm ups/leggings

Footwear: half-sole contemporary shoes.

8 weeks

AGE	DAY	TIME	INSTRUCTOR	FEE	CLASS
6-8	Sa	12:00-1:15pm	RKDC Staff	\$145/\$160	422218-01

Y RKDC Sr. Company (Dancing with RKDC)

This performance group studies jazz, ballet, and modern/contemporary dance technique while preparing for performances in and around the south bay. **This is an advanced level class.** There are additional commitments, costs, and requirements. **DIRECTOR APPROVAL REQUIRED TO ENROLL.** Email brianna@rkdc.org to find out more information.

Attire: black leotard and leggings. RKDC Sr. Company apparel.
Footwear: nude contemporary shoes.

8 weeks

AGE	DAY	TIME	INSTRUCTOR	FEE	CLASS
11-17	W	6:15-7:30pm	RKDC Staff	\$145/\$160	422216-02

Y Turns & Technique (Dancing with RKDC)

A non-performing class that focuses on improving a dancer's technique including turns, jumps, balance, coordination and more. All levels welcome. **Attire:** tank top or t-shirt with leggings or joggers. **Footwear:** jazz slip-ons

8 weeks

AGE	DAY	TIME	INSTRUCTOR	FEE	CLASS
6-9	Th	6:00-6:50pm	RKDC Staff	\$112/\$127	422217-05
10-17	F	4:20-5:20pm	RKDC Staff	\$120/\$135	422217-01

CULTURAL DANCE CLASSES

Y Ballroom Dance for Couples - Beginning

Fee is per couple. Learn the basic patterns, techniques and style of the most popular dances and build self-confidence on the dance floor. Indicate both dancers' names when registering.

8 weeks

AGE	DAY	TIME	INSTRUCTOR	FEE	CLASS
18+	Th	7:00-8:00pm	Rod	\$88/\$98	432301-01

Y Line Dancing - Beginning

Have fun learning the basics of Line Dancing while getting great exercise. Class begins with introductory level dances and moves to more advanced level dances as the session progresses. No partner required.

8 weeks

AGE	DAY	TIME	INSTRUCTOR	FEE	CLASS
18+	W	7:20-8:20pm	Rod	\$72/\$82	432307-01

Y Night Club Two-Step - All Levels

Night Club Two-Step is an easy dance and one of the more popular social dances. It is most often danced to Contemporary ballads with a slow romantic rhythm. It is easy to follow and danced in a compact nature. No dance experience is needed but prior dancing of another style is helpful. No partner required.

8 weeks

AGE	DAY	TIME	INSTRUCTOR	FEE	CLASS
18+	W	6:15-7:15pm	Rod	\$72/\$82	432309-02

JAZZ AND HIPHOP

Y B-Boys & B-Girls Hip Hop (Dancing with RKDC)

A hip hop class that focuses on the fundamentals of breakdance including popping, locking, and freestyling to old school and new school beats! **Attire:** closed toed sneakers and comfortable clothing.

8 weeks

AGE	DAY	TIME	INSTRUCTOR	FEE	CLASS
5-8	M	4:25-5:15pm	RKDC Staff	\$112/\$127	432416-01

Y Hip Hop (Dancing with RKDC)

An exciting upbeat class that leaves dancers energized! Great for kids wanting to learn various styles of Hip Hop, fun choreography and confidence boosting moves! Age appropriate music and moves in a fun and open class for boys and girls. **Attire:** sneakers are required.

8 weeks

AGE	DAY	TIME	INSTRUCTOR	FEE	CLASS
4-7	M	3:35-4:10pm	RKDC Staff	\$110/\$125	422411-07
8-14	M	5:20-6:10pm	RKDC Staff	\$112/\$127	422411-08
3-5	Tu	3:15-4:00pm	RKDC Staff	\$110/\$125	422411-09
9-17	Tu	4:05-5:05pm	RKDC Staff	\$120/\$135	422411-10
5-8	Tu	5:20-6:10pm	RKDC Staff	\$112/\$127	422411-06
4-7	Sa	9:00-9:45am	RKDC Staff	\$110/\$125	422411-12
4-7	Sa	10:00-10:45am	RKDC Staff	\$110/\$125	422411-04



Y Jazz (Dancing with RKDC)

Level 1: a fun, upbeat class that studies jazz technique. Students are introduced to isolations, coordination, choreography, turns, jumps, leaps, musicality, and floorwork. All levels welcome.

Level 2: students will learn challenging weight transfers, isolations, and direction changes while developing musicality. Back rolls, illusions, various leaps and leg extensions are introduced. Jazz dance experience is required. **DIRECTOR APPROVAL REQUIRED TO ENROLL.** Please email brianna@rkdc.org.

Level 3/4: a mixed levels class geared towards the intermediate - advanced dancer. Students will see an increase in difficulty level in across the floor and center combinations including weight transfers, traveling steps/ turns, musicality, performance quality, direction changes, leg extensions and more. Previous training in jazz dance is required. **DIRECTOR APPROVAL REQUIRED TO ENROLL.** Please email brianna@rkdc.org.

Footwear: nude jazz slip-ons.

8 weeks

AGE	DAY	LEVEL	TIME	INSTRUCTOR	FEE	CLASS
6-9	W	1	4:15-5:05pm	RKDC Staff	\$112/\$127	422417-07
9-15	W	1	6:15-7:05pm	RKDC Staff	\$112/\$127	422417-08
10-17	Th	2	5:00-6:00pm	RKDC Staff	\$120/\$135	422417-09
11-17	W	3/4	4:05-5:05pm	RKDC Staff	\$120/\$135	422417-06

Y RKDC Hip Hop Krew

RKDC's Hip Hop dance performance group studies various styles of hip hop dance technique, culture and origins, while preparing for performances in and around the south bay.

This is an intermediate level class. There are additional commitments, costs, and requirements. **DIRECTOR APPROVAL REQUIRED TO ENROLL.** Email brianna@rkdc.org to find out more information. **Attire:** comfortable clothing and Krew apparel. **Footwear:** sneakers.

8 weeks

AGE	DAY	TIME	INSTRUCTOR	FEE	CLASS
8-17	M	6:15-7:30pm	RKDC Staff	\$145/\$160	422407-01



EXERCISE & MOVEMENT

Classes are held at the Torrance Cultural Arts Center,
3330 Civic Center Drive unless otherwise noted.

Students must provide their own mats and weights as needed. We recommend that those over 35, pregnant or in poor health should seek a doctor's approval before enrolling.

COMBINATION EXERCISES

Y Step and Circuit

Use a wide step platform for aerobics to burn calories, then do circuit exercises on the floor to sculpt muscles. Circuit exercises increase metabolism, build strength, and increase muscle mass. Work at your own pace on or off the step. **Bring a mat and light hand weights.**

10 weeks

AGE	DAY	TIME	INSTRUCTOR	FEE	CLASS
16+	Tu/Th	8:00-9:00am	Durish	\$103/\$118	433115-03

Y Step into Fitness - All Levels

Low impact fun workout with a variety of fresh "can do" moves; stretching, strength training, cardio and hand weights, plus many fitness benefits. Always changing up for low boredom and high energy fun. **Bring a mat and light hand weights.**

10 weeks

Class start September 18 (No class November 10, 22, 24)

AGE	DAY	TIME	INSTRUCTOR	FEE	CLASS
16+	M/W/F	8:00-9:00am	Wyatt	\$133/\$148	433117-02

YOGA

Y Active and Mindful Hatha Yoga

This yoga class offers a healthy balance of long seated stretches as well as standing "slow flow" movements. Increases your flexibility, balance, strength, and endurance at a moderate level of exertion using mindful movements synchronized with breathing techniques and meditations for stress reduction and relaxation. Novices, beginners, and experience yogis alike are welcome!

Bring your own yoga mat.

10 weeks

Class starts September 19 (No class November 21)

AGE	DAY	TIME	INSTRUCTOR	FEE	CLASS
16+	Tu	9:00-10:10am	Pomeranitz	\$108/\$123	433115-03

10 weeks

Class starts September 21 (No class November 23)

AGE	DAY	TIME	INSTRUCTOR	FEE	CLASS
16+	Th	9:00-10:10am	Pomeranitz	\$108/\$123	433115-04

Hatha Yoga – All Levels

These classes are for all level practitioners. Hatha Yoga focuses on strength and flexibility while incorporating breath into each posture. Combining mindfulness while focusing on alignment, functional movements brings you into a deeper awareness of your body and peace to the mind. The ultimate goal is stress reduction and overall well-being. **Bring your own yoga mat and yoga block.**

10 weeks

AGE	DAY	TIME	INSTRUCTOR	FEE	CLASS
18+	W	9:00-10:10pm	Davis	\$125/\$140	433312-03
18+	Th	10:30-11:40pm	Davis	\$125/\$140	433312-06
18+	Th	6:00-7:10pm	Davis	\$125/\$140	433312-04
18+	Sa	10:00-11:10pm	Davis	\$125/\$140	433312-05

11 weeks

AGE	DAY	TIME	INSTRUCTOR	FEE	CLASS
18+	M	6:00-7:10pm	Davis	\$137/\$152	433312-01
18+	Tu	1:30-2:40pm	Davis	\$137/\$152	433312-02

ZUMBA CLASSES

Zumba - All Levels

This class for everyone is the most dynamic, exciting and effective fitness system that fuses Latin & International music with easy to follow movement patterns. "Ditch the workout and join the party." Burn fat and calories and have fun.

11 weeks

AGE	DAY	TIME	INSTRUCTOR	FEE	CLASS
14+	M	5:00-6:00pm	Oyama	\$78/\$88	433220-01
14+	Tu	12:10-12:50pm	Garcia	\$47/\$52	433220-71
14+	Th	6:00-7:00pm	Oyama	\$78/\$88	433220-04
14+	Sa	9:30-10:30am	Garcia	\$70/\$80	433220-05

Zumba Gold - Beginning

Designed for individuals and active seniors who are just starting or continuing your journey to be fit and want to join the fitness party. Same great music and movements as Zumba, just lower impact, slower pace and easier to follow.

8 weeks

AGE	DAY	TIME	INSTRUCTOR	FEE	CLASS
16+	Tu	6:00-7:00am	Averbukh	\$70/\$80	433222-04



MUSIC

Classes are held at the Torrance Cultural Arts Center, 3330 Civic Center Drive unless otherwise noted.

MUSICAL INSTRUMENTS

Drums 'R' Fun

Learn basic techniques of drumming from a professional musician, including proper grip positions, hand/wrist development, sight reading, hand/foot coordination, rudimentary training and drum set techniques. Students will have the opportunity to play on a drum set. Supplies will be discussed at the first class.

8 weeks

AGE	DAY	TIME	INSTRUCTOR	FEE	CLASS
7+	M	7:30-8:30am	Giachello	\$80/\$90	455501-02

Guitar

Students must provide their own guitar (electric guitars are okay). **Beginning:** students will learn basic note reading and chords. No experience required. **Intermediate:** continuation of Beginning. Students must have taken Beginning and know chords. Students will continue to work on technique at a more advanced level.

8 weeks

AGE	LEVEL	DAY	TIME	INSTRUCTOR	FEE	CLASS
8-15	Beg/Int	Sa	1:00-1:55pm	Ellis	\$90/\$100	455502-05
8-11	Beg	W	4:00-4:55pm	Ruiz	\$90/\$100	455502-04
10-16	Beg	Th	4:30-5:25pm	Tomich	\$90/\$100	455502-01
10+	Int	Th	5:30-6:25pm	Tomich	\$90/\$100	455502-02
10+	Beg	Th	6:30-7:25pm	Tomich	\$90/\$100	455502-03



Piano I – Beginning/Intermediate

Learn to read notes in both clefs, basic techniques and play simple songs. Includes 10 minutes of private instruction and 40 minutes of practice time on electronic keyboards. Acoustic or electronic piano with full-size keys for home practice is required. Children ages 4-6 must be accompanied by an adult in class. A book list is available on our web page; bring books to the first class.

8 weeks

AGE	DAY	TIME	INSTRUCTOR	FEE	CLASS
7-14	M	4:00-4:50pm	Krazewski	\$109/\$124	455510-06
7-14	M	5:00-5:50pm	Krazewski	\$109/\$124	455510-07
8-14	M	6:00-6:50pm	Krazewski	\$109/\$124	455510-08
10+	M	7:00-7:50pm	Krazewski	\$109/\$124	455510-09
5-18	Tu	3:30-4:20pm	VanBuren	\$109/\$124	455510-11
5-18	Tu	4:30-5:20pm	VanBuren	\$109/\$124	455510-12
5-18	Tu	5:30-6:20pm	VanBuren	\$109/\$124	455510-13
7-14	W	5:15-6:05pm	Krazewski	\$109/\$124	455510-30
7-14	W	6:10-7:00pm	Krazewski	\$109/\$124	455510-29
8-16	F	5:00-5:50pm	Tomich	\$109/\$124	455510-16
8-16	F	6:00-6:50pm	Tomich	\$109/\$124	455510-17
9+	F	7:00-7:50pm	Tomich	\$109/\$124	455510-18
7-14	Sa	9:00-9:50am	Krazewski	\$109/\$124	455510-24
7-14	Sa	10:00-10:50am	Krazewski	\$109/\$124	455510-19
8-16	Sa	11:00-11:50am	Krazewski	\$109/\$124	455510-20
8-16	Sa	12:00-12:50pm	Krazewski	\$109/\$124	455510-21
6+	Sa	3:05-3:55pm	Ellis	\$109/\$124	455510-26
5+	Sa	4:05-4:55pm	Ellis	\$109/\$124	455510-27

Piano for Seniors – Beginning

For those who thought they would never learn to play piano, and those who haven't played in a while, this class is for you. Learn to read notes in both clefs, basic techniques and play simple songs. Includes 10 minutes of private instruction and 40 minutes of practice time on electronic keyboards.

An acoustic or electronic piano with full-size keys for home practice is required. A book list is available on our web page; bring books to the first class.

8 weeks

AGE	DAY	TIME	INSTRUCTOR	FEE	CLASS
45+	Tu	1:30-2:20pm	VanBuren	\$109/\$124	455507-02
45+	Tu	2:30-3:20pm	VanBuren	\$109/\$124	455507-06

Ukulele - All Levels

Students must provide their own ukulele. Students will learn basic chords and strum patterns. These basic techniques will be applied to simple and fun songs.

8 weeks

AGE	DAY	TIME	INSTRUCTOR	FEE	CLASS
11+	Sa	2:00-2:55pm	Ellis	\$90/\$100	455512-01

SPECIAL INTEREST MUSIC

Classes are held at the Torrance Cultural Arts Center,
3330 Civic Center Drive unless otherwise noted.

VOCAL PERFORMANCE GROUP

Torrance Civic Chorale

George Nakano Theatre at Torrance Cultural Arts Center
The Torrance Civic Chorale is an adult choral program performing in the James R. Armstrong Theatre. The Chorale's concert will be presented, on Saturday, December 9 at 7:30pm. For mandatory meeting dates, and more information, visit TorranceCivicChorale.Org.

All new choristers must demonstrate vocal ability to match tones and pitches, demonstrate basic choral singing skills, and be able to sing their voice part. New members interested in joining must contact the director at for an interview at TCCDirector@TorranceCA.Gov. A \$25 refundable music deposit for new Chorale singers is collected at first rehearsal. Concert wardrobe requirements are discussed at the interview. Choristers are allowed 3 excused rehearsal absences.

For more information on mandatory requirements, additional workshops and additional fees, visit TorranceCivicChorale.Org after August 15, or contact the director at TCCDirector@TorranceCA.Gov. Last day to register is October 2.

14 weeks, September 18 – December 9

AGE	DAY	TIME	INSTRUCTOR	FEE	CLASS
18+	M	7:30-9:30pm	Dr. Ed Trimis	\$90/\$100	455701-01



SPECIAL INTEREST CLASSES

AMERICAN SIGN LANGUAGE

American Sign Language – Beginning I & II
 Torrance Cultural Arts Center, 3330 Civic Center Drive
 Learn basic signs, alphabet, numbers, phrases, sentences and many other commonly used words. A book list is available on our web page. Bring the book to the first class. Children ages 6-8 may enroll with a paid adult **(fee is per person)**.

9 weeks (*No class November 10)

AGE	DAY	TIME	INSTRUCTOR	FEE	CLASS
9+	W	6:00-7:30pm	Barch	\$85/\$95	455601-01
9+	F*	6:00-7:30pm	Barch	\$85/\$95	455601-02

EARLY CHILDHOOD EDUCATION PROGRAM

Requirements for parents: parents must attend a parent meeting held during the last 30 minutes of the first day of class. We encourage parents to volunteer 2-3 days during the session. If you would like to volunteer, complete the ECE Volunteer Application Form online at www.TorranceCA.Gov/VolunteerProgram. Volunteers will need to complete live-scan fingerprinting, and provide proof of a negative TB test from your doctor.

Requirements for children: children must be completely toilet trained before registering. Proof of age must be presented at the parent meeting. **Students must be age appropriate by the first class unless otherwise noted.**

Students may ONLY enroll in one ECE class per session. Students enrolling online in more than one class, will be withdrawn with no refund or credit.

Lollipop Tree is a developmental class that provides children with an opportunity to discover their world through play, imagination, hands-on art, music, and provides a foundation for future learning.

12 weeks (no class November 21 & 23)

AGE	DAY	TIME	INSTRUCTOR	FEE	CLASS
<i>Greenwood Park, 1520 Greenwood Avenue</i>					
3-4	Tu/Th	9:00-11:30am	Kathy	\$345/\$365	424101-01

Fun and Friends reinforces the concepts learned in the Lollipop Tree class. Introduction to the alphabet, numbers, shapes, and colors are some skills explored in this class as well as cutting, counting, and beginning writing skills.

12 weeks (no class November 10, 20, 22 & 24)

AGE	DAY	TIME	INSTRUCTOR	FEE	CLASS
<i>Greenwood Park, 1520 Greenwood Avenue</i>					
3 ^{1/2} -5	M/W/F	9:00-11:30am	Cindy	\$503/\$523	424102-01

Scan our QR code or visit us at www.TorranceCA.gov/ECE for more information.



THEATRE CLASSES

Classes are held at the Torrance Cultural Arts Center,
3330 Civic Center Drive

TORRANCE THEATER COMPANY

All programs are designed to help strengthen your skills and build confidence on stage and off. Bios on the instructors at www.TorranceTheatreCompany.com

Beginning Improv

Discover and develop your improv skills such as focus, teamwork, mime, trust, communication, character, and agreement ("YES and"). Apply what you learn to various games and exercises. In this class you will energize your imagination, improve listening skills and build confidence. This fun and supportive environment leads to improved people skills, self-expression, and increased spontaneity.

8 weeks (*No class October 31)

AGE	DAY	DATE	TIME	INSTRUCTOR	FEE	CLASS
18+	M	9/18-11/7	8:00-9:00pm	DeFrancesco	\$150/\$170	466615-01
6-9	M	9/12-11/7	3:30-4:30pm	DeFrancesco	\$120/\$130	466615-02
10-13	M	9/12-11/7	4:30-5:30pm	DeFrancesco	\$120/\$130	466615-03
14-17	M	9/12-11/7	5:30-6:30pm	DeFrancesco	\$120/\$130	466615-04

Improv Happy Hours!

This new lab is an open door, once a week where enrollees are welcome to "drop-in" and exercise their creative muscles with other improv enthusiasts. One fee includes the entire session, you can come as often as you want. We encourage participants to enroll in our beginning class as well, if they are new to improv.

16 weeks

AGE	DAY	TIME	INSTRUCTOR	FEE	CLASS
18+	Tu	7:00-9:00pm	DeFrancesco	\$150/\$170	466616-01

WORKSHOPS

Find Your Voice

Dates: September 18 - October 23 (6 weeks)

Are you ready to explore your singing voice? During this six-week workshop, participants will learn the fundamentals of breath support, healthy tone production, music theory, and have the chance to sing songs in a variety of musical styles. Instructor will provide in-class piano accompaniment. Great for Beginning and intermediate level singers.

6 weeks (Class begins September 18)

AGE	DAY	TIME	INSTRUCTOR	FEE	CLASS
18+	W	7:00-8:30pm	Ahmundson	\$150/\$170	466617-01

Vocal Audition Workshop

Build confidence for your next musical audition. In this six-week workshop you will pick two contrasting pieces and receive personalized coaching to help get you ready! The workshop will also touch on things like where to find music; how to choose the right songs for style of the show; how to properly prepare your sheet music, and other great tips. Instructor will provide in-class piano accompaniment.

6 weeks (Class begins September 18)

AGE	DAY	TIME	INSTRUCTOR	FEE	CLASS
18+	Tu	7:30-9:00pm	Ahmundson	\$150/\$170	466618-01

Learn to Read Music

Don't know how to read music? Is your lack of site-reading ability holding you back from auditioning, or being successful once cast in a show? This new workshop is designed not only to teach students how to read music, but how to be a confident site reader as well. Go into auditions confident with the new skills you'll learn in this class.

6 weeks (Class begins September 18)

AGE	DAY	TIME	INSTRUCTOR	FEE	CLASS
18+	Tu	6:30-7:30pm	Ahmundson	\$125/\$140	466619-01



SPECIAL INTEREST SPORTS

PICKLEBALL

Wilson Park, 2200 Crenshaw Boulevard
Use of balls and paddles during class is included.

Requests for refunds, credits and transfers must be made at least one week before class begins.

Pickleball - Beginning II

Designed to further the beginning level student's basic game knowledge and skills while implementing intermediate drills and game strategy.

4 weeks

AGE	DAY	DATE	TIME	INSTRUCTOR	FEE	CLASS
18+	Tu	9/12-10/3	8:00-9:00am	Massa	\$85	437206-03
18+	Tu	9/12-10/3	9:15-10:15am	Massa	\$85	437206-04
18+	Tu	9/12-10/3	10:30-11:30am	Massa	\$85	437206-01
18+	Tu	10/10-10/31	8:00-9:00am	Massa	\$85	437206-13
18+	Tu	10/10-10/31	9:15-10:15am	Massa	\$85	437206-14
18+	Tu	10/10-10/31	10:30-11:30am	Massa	\$85	437206-11

Pickleball - Intermediate/Advanced

Accelerated skill enhancing drills will be taught to help increase games consistency, shot proficiency, and advancing serve effectiveness. Students must have consistency with all the basic strokes and shot placement and be familiar with game rules and terminology.

4 weeks

AGE	DAY	DATE	TIME	INSTRUCTOR	FEE	CLASS
18+	Tu	9/12-10/3	11:45-12:45pm	Massa	\$85	437204-03
18+	Tu	9/12-10/3	1:00-2:00pm	Massa	\$85	437204-01
18+	Tu	10/10-10/31	11:45-12:45pm	Massa	\$85	437204-13
18+	Tu	10/10-10/31	1:00-2:00pm	Massa	\$85	437204-11

PICKLEBALL

Wilson Park **Roller Hockey Rink**,
2200 Crenshaw Boulevard

Use of balls and paddles during class is included.

Requests for refunds, credits and transfers must be made at least one week before class begins.

Pickleball - Beginning I

Learn the basics of the game including game terminology, stroke names, forehand, backhand, volley, overhead and service techniques. No experience necessary.

4 weeks

AGE	DAY	DATE	TIME	INSTRUCTOR	FEE	CLASS
18+	Th	9/14-10/5	8:00-9:00am	Massa	\$85	437203-03
18+	Th	9/14-10/5	9:15-10:15am	Massa	\$85	437203-04
18+	Th	9/14-10/5	10:30-11:30am	Massa	\$85	437203-07
18+	Th	9/14-10/5	11:45-12:45pm	Massa	\$85	437203-08
18+	Th	10/12-11/2	8:00-9:00am	Massa	\$85	437203-25
18+	Th	10/12-11/2	9:15-10:15am	Massa	\$85	437203-26
18+	Th	10/12-11/2	10:30-11:30am	Massa	\$85	437203-27
18+	Th	10/12-11/2	11:45-12:45pm	Massa	\$85	437203-28

Pickleball - Beginning II

Classes are geared towards the players who want to enhance their game skills by executing repetitive drills. Players should have some Pickleball experience. Each week will focus on a different skill.

4 weeks

AGE	DAY	DATE	TIME	INSTRUCTOR	FEE	CLASS
18+	W	1/12-2/2	9:15-10:15am	Massa	\$85	437207-01
18+	W	1/12-2/2	10:30-11:30am	Massa	\$85	437207-02
18+	W	2/9-3/2	9:15-10:15am	Massa	\$85	437207-21
18+	W	2/9-3/2	10:30-11:30am	Massa	\$85	437207-22



PICKLEBALL

Wilson Park **Roller Hockey Rink**,
 2200 Crenshaw Boulevard

Use of balls and paddles during class is included.

Requests for refunds, credits and transfers must be made at least one week before class begins.

Pickleball - Private

This tailored instruction works around your schedule and focuses on your specific goals. For any level player. Payment must be made prior to contacting the instructor to arrange your time. **Classes are one hour.** After you have registered for the class contact Christine Massa at (626) 975-0015 or email at cmassa.pickleball@gmail.com

Instructor: Christine Massa

AGE	DAY	DATE	TIME	FEE	CLASS
18+	M	9/11	8:00am-12pm	\$70	437211-01
18+	M	9/18	8:00am-12pm	\$70	437211-01
18+	M	9/25	8:00am-12pm	\$70	437211-01
18+	M	10/2	8:00am-12pm	\$70	437211-01
18+	M	10/9	8:00am-12pm	\$70	437211-01
18+	M	10/16	8:00am-12pm	\$70	437211-01
18+	M	10/23	8:00am-12pm	\$70	437211-01
18+	M	10/30	8:00am-12pm	\$70	437211-01

Pickleball - Semi-Private (Class maximum 2)

This tailored instruction works around your schedule and focuses on your specific goals. For any level player. Payment must be made prior to contacting the instructor to arrange your time. **Classes are one hour.** After you have registered for the class contact Christine Massa at (626) 975-0015 or email at cmassa.pickleball@gmail.com

Instructor: Christine Massa

AGE	DAY	DATE	TIME	FEE	CLASS
18+	M	9/11	8:00am-12pm	\$70	437212-01
18+	M	9/18	8:00am-12pm	\$70	437212-01
18+	M	9/25	8:00am-12pm	\$70	437212-01
18+	M	10/2	8:00am-12pm	\$70	437212-01
18+	M	10/9	8:00am-12pm	\$70	437212-01
18+	M	10/16	8:00am-12pm	\$70	437212-01
18+	M	10/23	8:00am-12pm	\$70	437212-01
18+	M	10/30	8:00am-12pm	\$70	437212-01

TORRANCE CERTIFIED FARMERS' MARKET



Tuesdays & Saturdays
8:00am - 1:00pm

Charles H. Wilson Park
 2200 Crenshaw Boulevard

Open Year Round...
RAIN OR SHINE!

We're here to help you provide your family with the freshest, most wholesome fruits and vegetables available directly from California farmers. Our growers take pride in offering a variety of top quality produce, friendly service and fair prices!

SPORT LEAGUES – ADULTS

Fall Leagues are tentatively scheduled to begin the week of September 10, 2023

REGISTRATION

August 1: Resident team registration

August 8: Non-resident team registration

Registration ends August 29 at 5:00pm

Resident teams must submit full payment from a Torrance business, or submit a team roster with 75% of the players living within the Torrance city limits. All players must play in one of the first five games to be eligible for the second half of the season. No additions after game five. For more information, contact Adult Sports Staff at (310) 618-2949 or JCastillo@TorranceCA.Gov.

Adult Basketball Leagues play on Monday, Wednesday and Thursday evenings and Sunday afternoons and evenings at the Dee Hardison Sports Center at Wilson Park. Open roster for the first five games.

Fees: \$725 per team
Official's fees included with registration fees.

Adult Softball Leagues are offered for men, women, and co-ed Sunday through Friday at Wilson Park. Open roster for the first five games.

Fees: \$625/\$645 Evening Leagues
\$565/\$585 Sunday Afternoon Leagues
Umpire fees are included with the registration fees.

REGISTRATION FOR FLAG FOOTBALL

Ongoing through September 5, 2023
 For more information, call the Youth Sports office at (310) 781-7515 or visit www.TorranceCA.Gov/YouthSports.



Coming Soon!
2023 Winter Basketball League

For children in grades K through 8. The season is scheduled to begin January 2024. Registration is limited. Visit www.TorranceCA.Gov/YouthSports for more information.



SPORT LEAGUES – YOUTH

Co-Ed Youth Flag Football \$79

Grades K-8 (as of September 2023)

The Flag Football program is tentatively scheduled to begin September 23 for 8 weeks. **Practice days, times and locations are determined by coaches. Game days may change**

The Youth Football program is structured to teach basic fundamentals and rules of the game. Each player participates in every game. Individual sign-ups will be taken at all levels. All participants in this recreational league are separated by grade level, school or geographic location. Grades may be combined. Registration is limited.

All communications will be done via email, it is imperative that your email address is current when registering.

We do not honor requests for coaches. All teams must have a volunteer coach to participate. Volunteer Head Coach Positions are limited to one per team. To volunteer, you must complete a Volunteer Coach's Application at

www.TorranceCA.gov/VolunteerProgram and be fingerprinted annually. Volunteer coaches will receive credit on account of the activity fee upon return of their equipment at the end of the season.

All registrations must be received by 5:00pm on September 5 8 weeks, tentatively scheduled to begin September 23

GRADE	DAY	CLASS	GRADE	DAY	CLASS
K	varies	427400-00	5	varies	427400-05
1	varies	427400-01	6	varies	427400-06
2	varies	427400-02	7	varies	427400-07
3	varies	427400-03	8	varies	427400-08
4	varies	427400-04			

Youth Cheerleading

Grades 2-8 (as of September 2023)

REGISTRATION

August 15: Resident registration

August 22: Non-resident registration

Registration ends August 29 at 5:00pm

The City of Torrance Recreation Cheerleading program is for new and experienced cheerleaders. The cheerleaders will support the City of Torrance Youth Flag Football games. Participants are expected to attend 1-2 practices a week tentatively scheduled to start the week of Monday, September 10, 2023 and one game each week on a weekday evening or Saturday. Dates are subject to change.

Additional \$30 uniform fee

GRADE	DAY	TIME	FEE	CLASS
2-8	Sa	varies	\$109/\$124	427202-01



Turkey Trot

43rd Annual Harry Sutter Memorial Thanksgiving Day 3-Mile Fun Run

Sam's Club Parking Lot, 2601 Skypark Drive
Thursday, November 23, 2023 at 8:00am

Join us on Thanksgiving morning for a 3 mile fun run! All individuals must be registered in order to participate in the run. Race fees are non-refundable.

HOW TO REGISTER:

Registration forms and online registration will be available by October 1 at www.TorranceCA.Gov/TurkeyTrot. A surcharge will be charged for all credit and debit card transactions. Please make checks payable to City of Torrance. Mail or walk-in forms to: Torrance Community Services Department, 3031 Torrance Boulevard, Torrance, CA 90503. Attention: Turkey Trot.



Early Registration - ONLINE and WALK-IN Only:

\$30 pre-entry fee through October 13 guarantees a shirt on race day.

Regular Registration: \$35 through November 17 guarantees a shirt on race day. Mail must be postmarked by November 17. Forms postmarked after that date will be charged the \$40 late fee. Registrations WILL NOT be accepted November 20-21.

Late Registration: \$40 on November 22, 11:00am-6:00pm at the Torrance Community Services Department; City Hall-West Annex, 3031 Torrance Blvd and November 23, 6:30-7:30am in Sam's Club parking lot. Late registrations MAY NOT receive a shirt on race day, depending on availability. However, shirts will be available for pick up at a later date.

Race Packets may be picked up Wednesday, November 23 from 11:00am to 7:00pm at the Ken Miller Recreation Center, 3341 Torrance Blvd, or between 6:30am and 7:30am at Sam's Club on race day. Packet includes number, long sleeve shirt and race information. A receipt will be emailed to you and is required for packet pick-up.

Important Information: Bikes, scooters, skates, skateboards and roller blades are NOT ALLOWED ON THE COURSE! For safety issues and sanitary reasons, pets are NOT ALLOWED ON THE COURSE!

For more information call (310) 618-2930 or visit TorranceCA.Gov/TurkeyTrot.

Canned Food Drive: We invite you to bring a can of food for a special Thanksgiving Day Food drive. While you watch or run, your canned foods will be distributed to people in need throughout the South Bay. *This event, its details and individual participation are subject to change as per any applicable orders from an official governmental agency.*

SWIMMING

VICTOR E. BENSTEAD PLUNGE

3331 Torrance Boulevard • (310) 781-7113
www.TorranceCA.Gov/Aquatics

The Victor E. Benstead Plunge is a 50 by 20 meter heated outdoor pool. The pool is divided into two 8-lane, 25-yard and 26 meter sections, and offers a variety of aquatic programs. Men’s and women’s locker room facilities are available for day use with restrooms and showers.

Proper swim attire is required to enter the pool and deck area T-shirts, shorts, and street clothing are not allowed. Attire for more complete coverage such as a rash guards are permitted.

NO FLOTATION DEVICES OR TOYS ARE ALLOWED except for U.S. Coast Guard approved life jackets. Each child less than 50 inches tall must be accompanied in the pool, and on the deck, by an adult (18+), within arm’s reach (**maximum of one child per adult**) for a 1:1 ratio of child to adult.

For all instructional classes and programs – A late pick-up fee of \$10 will be charged for every 15 minute interval (or portion thereof) for students that are picked up late. The clock at the facility is used to determine the time.

The pool may close without notice in the event of lightening, unhealthy air quality or a mechanical issue with the pool.

THE PLUNGE IS NOT RESPONSIBLE FOR LOST OR STOLEN ARTICLES

For class cancellation policy, see page 5.

The pool is closed on September 4; November 10, 23 & 24; December 17 through January 3.

Fall hours begin Monday, August 21.



Drop-In, Lap, Recreation Swim Rates

Drop-in Lap Swimming* for ages 15+

Mon/Wed/Fri	6:45–8:30am 11:00am–2:00pm
Monday-Friday	8:30–9:30pm
Saturdays	1:30–4:00pm

Drop-in Recreation Open Swim*

Saturday	1:30–4:00pm
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Age	Fee*
17 & under	\$3
18 +	\$4
Senior 50+	\$3

**CREDIT OR DEBIT CARD ONLY,
NO CASH OR CHECKS**

(a surcharge will be added to all transactions)

*Days and times are subject to change. Please visit TorranceCA.Gov/Aquatics for updates.

SPECIAL INTEREST SWIM CLASSES

Private Swim Lessons

This class is ideal for those seeking one-on-one instruction to learn to swim and improve swim technique. All swim abilities welcome. **Requests for refunds, credits and transfers must be made at least one week before class begins.**

5 weeks, September 10 – October 8

AGE	DAY	TIME	FEE	CLASS
4+	Su	10:00-10:30am	\$100	437212-01
4+	Su	10:40-11:10am	\$100	437212-01
4+	Su	11:20-11:50am	\$100	437212-01

5 weeks, October 15 – November 12

AGE	DAY	TIME	FEE	CLASS
4+	Su	10:00-10:30am	\$100	437212-01
4+	Su	10:40-11:10am	\$100	437212-01
4+	Su	11:20-11:50am	\$100	437212-01

SWIM LESSONS

Adaptive Swim Lessons for Special Needs

Adaptive lessons are for students with special needs. Once registered, participants must contact the aquatics department to discuss the student's special needs. Parent or PCA involvement in the water is required. Requests for refunds, credits and transfers must be requested at least one week before class begins.

5 weeks, September 10 - October 8

AGE	DAY	TIME	FEE	CLASS
4-7	Su	10:00-10:30am	\$30	427650-01
8-12	Su	10:40-11:10am	\$30	427650-02
13-17	Su	11:20-11:50am	\$30	427650-03

5 weeks, October 15-November 12

AGE	DAY	TIME	FEE	CLASS
4-7	Su	10:00-10:30am	\$30	427650-11
8-12	Su	10:40-11:10am	\$30	427650-12
13-17	Su	11:20-11:50am	\$30	427650-13

Adult Swim Lessons

On the first day, our instructor will evaluate students and divide them into classes based on their swimming ability. Please come 10 minutes early to check in for the first class.

Requests for refunds, credits and transfers must be made at least one week before class begins.

5 weeks

AGE	DAY	DATE	TIME	FEE	CLASS
18+	Su	9/10-10/8	12:15-1:15pm	\$50	437621-11
18+	Su	10/15-11/12	12:15-1:15pm	\$50	437621-12

5 weeks, October 15-November 12

AGE	DAY	DATE	TIME	FEE	CLASS
18+	Tu/Th	9/12-10/12	7:30-8:15pm	\$75	437621-01
18+	Tu/Th	10/17-11/16	7:30-8:15pm	\$75	437621-02



SWIM ASSESSMENT FOR AGES 4-12

Saturday, August 12 11:15am-1:00pm Free!

We are offering a swim level assessment for families that are unsure about their child's swim level prior to registering. Our aquatic staff will assess students for all levels and recommend a level based on the assessment. Students need to arrive at the back gate of the pool. The latest arrive time for the assessment will be 12:45pm. Students who arrive later than 12:45pm may not be able to participate in the assessment. Swim assessment will take no longer than 5 minutes per student once they are in the water. After the assessment is complete, you will be asked to leave promptly so that we can assist the next family. Please bring a towel, cap and goggles if desired.

If you cannot attend the assessment, please register for the level you think your child is at based on the level descriptions. **Students registering for the WRONG LEVEL will be removed from class and will NOT be eligible for any refund, credit or transfer (see level descriptions on the next page).**

Participation in the assessment DOES NOT guarantee enrollment in swim lessons.



Youth Swim Lessons

We offer a comprehensive Red Cross learn to swim program for all ability levels and ages for youth, teens, and adults. Participants register for swim lessons according to their age and level (see the next page a description of levels). Please come 10 minutes early to check in for the first class.

Requests for refunds, credits and transfers must be made at least one week before class begins.

5 weeks, September 16 - October 14

Requests for refunds, credits and transfers must be made at least one week before class begins.

AGE	LEVEL	DAY	TIME	FEE	CLASS
4-6	1	Sa	9:00-9:45am	\$45	427623-02A
4-6	2	Sa	9:00-9:45am	\$45	427623-02B
4-6	3	Sa	9:00-9:45am	\$45	427623-02C
4-6	1	Sa	11:00-11:45am	\$45	427623-04A
4-6	2	Sa	11:00-11:45am	\$45	427623-04B
4-6	3	Sa	11:00-11:45am	\$45	427623-04C
7-12	1	Sa	9:00-9:45am	\$45	427622-02A
7-12	2	Sa	10:00-10:45am	\$45	427622-03A
7-12	3	Sa	10:00-10:45am	\$45	427622-03B
7-12	4	Sa	10:00-10:45am	\$45	427622-03C
7-12	5/6	Sa	10:00-10:45am	\$45	427622-03D
7-12	1	Sa	11:00-11:45am	\$45	427622-04A
7-12	3	Sa	12:00-12:45pm	\$45	427622-05A
7-12	5/6	Sa	12:00-12:45pm	\$45	427622-05B
13-17		Sa	12:00-12:45pm	\$45	427624-01

5 weeks, October 21 - November 18

Requests for refunds, credits and transfers must be made at least one week before class begins.

AGE	LEVEL	DAY	TIME	FEE	CLASS
4-6	1	Sa	9:00-9:45am	\$45	427623-12A
4-6	2	Sa	9:00-9:45am	\$45	427623-12B
4-6	3	Sa	9:00-9:45am	\$45	427623-12C
4-6	1	Sa	11:00-11:45am	\$45	427623-14A
4-6	2	Sa	11:00-11:45am	\$45	427623-14B
4-6	3	Sa	11:00-11:45am	\$45	427623-14C
7-12	1	Sa	9:00-9:45am	\$45	427622-12A
7-12	2	Sa	10:00-10:45am	\$45	427622-13A
7-12	3	Sa	10:00-10:45am	\$45	427622-13B
7-12	4	Sa	10:00-10:45am	\$45	427622-13C
7-12	5/6	Sa	10:00-10:45am	\$45	427622-13D
7-12	1	Sa	11:00-11:45am	\$45	427622-14A
7-12	3	Sa	12:00-12:45pm	\$45	427622-15A
7-12	5/6	Sa	12:00-12:45pm	\$45	427622-15B
13-17		Sa	12:00-12:45pm	\$45	427624-11

SWIM LEVELS AND PREREQUISITES

We offer a comprehensive American Red Cross swim lesson program for all ability levels and ages for youth, teens and adults. Register for swim lessons according to your age and level.

Students registering for the wrong level that do not meet the prerequisite, will be withdrawn with no refund or credit.

TADPOLE AGES 4-6

Level 1 - Tadpole

- No prerequisite

Level 2 - Tadpole Prerequisite:

- Face in water
- Blow bubbles
- Open eyes under water
- Streamline kick on front for 5 feet unassisted

Level 3 - Tadpole Prerequisite:

- Float on front for 10 seconds unassisted
- Freestyle (front crawl) 10 feet unassisted (side breathing is optional)
- Float on back for 10 seconds unassisted
- Flutter kick on back for 10 feet unassisted

LEARN TO SWIM AGES 7-12

Level 1 - Guppy

- No prerequisite

Level 2 - Minnow Prerequisite: (without assistance)

- Front float for 10 seconds and recover
- Streamline kick on front for 10 feet
- Back float for 10 seconds and recover
- Streamline kick on back for 10 feet
- Freestyle (front crawl) arms and flutter kick for 10 feet

Level 3 - Shark Prerequisite:

- Side breathing with kick board
- Backstroke (back crawl) with kickboard
- Freestyle (front crawl) with side breathing
- Backstroke (back crawl) arms
- Freestyle (front crawl) and backstroke (back crawl) one width of the pool
- Kneeling dive
- Retrieve objects in 5 feet of water

LEARN TO SWIM AGES 7-12

Level 4 - Advanced Beginner Prerequisite:

- Swim freestyle 2 widths of the pool non-stop
- Swim backstroke 2 widths of the pool non-stop
- Standing dive
- Swim elementary backstroke
- Tread water for 30 seconds unassisted
- Dolphin (butterfly) kick for 1 width of the pool non-stop

Level 5 - Intermediate Prerequisite:

- Mastered Level 1-4 skills
- 100 yards freestyle (front crawl)
- Freestyle (front crawl) flip turn
- 100 yards backstroke (back crawl)
- Backstroke (back crawl) flip turn
- Tread water for 1 minute
- 100 yards breaststroke
- Perform a breaststroke open turn
- 25 yards butterfly

Level 6 - Swimmer Prerequisite:

- Mastered Level 5 skills
- Tread water with 2 different kicks
- Survival swimming
- Pike surface dive
- Sidestroke one width of the pool
- Tuck surface dive
- Feet first surface dive
- Butterfly 50 yards

PRE-COMPETITIVE SWIM PREREQUISITES AGES 13-17

Pre-Competitive Swim

- Mastered Levels 1-6
- Personal Water Safety-swim clothed
- Fitness swimming-circle swim lap swimming
- Introduction to lifeguard readiness
- Refining all strokes
- Treadwater, kick only

Activities and Programs



CHARTER CLUBS

ART CHARTER CLUBS

Torrance Craftsmen’s Guild is a non-profit organization promoting interest in all arts and crafts and the exchange of artistic ideas. Meetings are held the 1st Thursday of each month (no July or December meeting) at 6:45pm in the Ken Miller Recreation Center. For more information, email TorranceCraftsmensGuild@gmail.com.

DOG OBEDIENCE CHARTER CLUB

Dog Obedience Club of Torrance conducts Tuesday night classes year round at Walteria Park. Dog owners should be at least 18 years of age, and the dog should be six months or older and on a leash. For more information, and to confirm the exact class dates, visit www.Docot.Org, or call the instructor Rick Jacoby, after 5:30pm at (310) 329-0202.



MARTIAL ARTS CHARTER CLUBS

TorranceCA.Gov/TCAC/CharterClubs

Kendo Charter Club teaches the “Way of the Sword,” which includes mental and physical self-control and self-development. For more information, email TorranceKendo@hotmail.com.

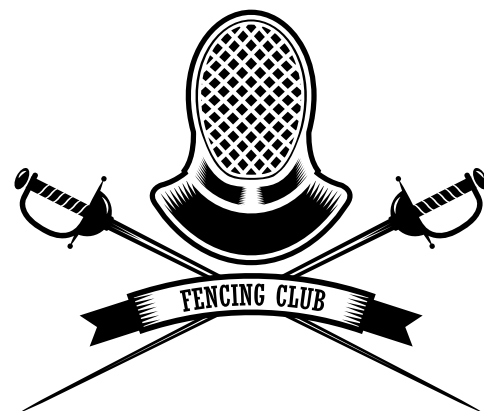
South Bay Judo Charter Club teaches the fundamentals of judo to help with “bullying” and to be able to protect yourself. Judo is a martial art which develops “inner” strength and discipline. For more information, call Joan Shiosaki at (310) 212-6158, or visit SouthBayJudo.Com.

Torrance Aikido Charter Club offers instruction in contemporary martial arts based on the coordination of mind and body. For more information, call Young Nguyen at (562) 746-3250 or email TorranceAikidoClub@Outlook.Com.

Torrance Naginata Charter Club offers instruction in contemporary martial arts based on the coordination of mind and body. For more information, call Young Nguyen at (562) 746-3250, or email TorranceAikidoClub@Outlook.Com.

TORRANCE FENCING CLUB (TFC)

The Torrance Fencing Club meets Tuesdays and Thursdays from 5:30-9:30pm at the Ken Miller Recreation Center. The Torrance Fencing Club offers classes on Tuesdays and Thursdays. For more information, email TorranceFencingClub.Com



Activities and Programs

SENIOR ACTIVITIES

5-0 AND ON THE GO!

Anyone aged 50 years and over is invited to join "5-0 And On The Go!" promoting fitness, fun, and friendships. For an annual fee of \$5 (renewable each January), members receive a bi-monthly newsletter of activities and resources.

Call (310) 320-5918 for more information

BARTLETT SENIOR CENTER

1318 Cravens Ave

Monday through Friday 8:00am-4:00pm

Bartlett Senior Center Lunch Program

The lunch program will run Monday – Friday at 11:30am at 1318 Cravens Avenue. **Reservations are required** and are \$3.00 per lunch. You can make a reservation by calling (310) 320-5918. Scheduled menu will be available online at:

TorranceCA.Gov/Our-City/Recreation/Seniors

All participants must sign a waiver form (available on our website and at the front door) prior to entering the building.

COMPUTER TRAINING FOR SENIORS

You'll learn to use your computer, tablet, and cell phone, send photos to friends and family, access, read, and send email & text messages, and much more!

2nd & 4th Thursday of each month by appointment
2:00 to 3:00p.m.

To make an appointment, call (310) 320-5918

BARTLETT CENTER'S LAPIDARY WORKSHOP

The Lapidary workshop is open every Monday, Wednesday, and Thursday morning from 9:30a.m.-12p.m. Lapidary is the practice of shaping stone, minerals, or gemstones into decorative items such as cabochons, engraved gems, and faceted designs. Safety glasses or goggles are required. Fee: \$2.00 Please call Bartlett Center at (310) 320-5918 for more information.

BRIDGE at BARTLETT CENTER

Join us every Monday for Bridge!
12:30 to 3:45pm in the West Hall

Please call Bartlett Center at (310) 320-5918 for more information.

BILLIARDS ROOM

RESERVATIONS REQUIRED

One hour reservation time slots available by calling (310) 320-5918 or at the front desk.

OPTIMUM LIFE EDUCATIONAL FOUNDATION FITNESS CLASSES (OLEF)

Classes meet at Bartlett Center, 1318 Cravens Avenue in Torrance. For more information, please call OLEF Classes at (424) 271-5523 or email OlefClasses@Gmail.Com

CHAIR FUSION

Increase flexibility and strength through Yoga stretches while seated - some standing optional. Learn relaxation techniques!

Wednesdays, 10:00 - 11:15a.m. Beginning September 13-December 15, 2023. No class November 9, 10, 20 & 22.
Suggested donation: \$5.00/class

FITNESS DIFFERENCE

Improve agility, balance and co-ordination in this class. Exercise will include active movement, floor work, and strengthening with bands and light weights.

Mondays, Wednesdays, & Fridays 8:00 - 9:15a.m.

Beginning September 11-December 15, 2023.

No class October 9, November 10, 20-24.

Suggested donation \$5.00/class

SALSA FOR SENIORS

Learn a little Latin Merengue, Salsa & Flamenco. Dance your way to better health. Mondays & Fridays 10:00 am – 11:00 am Suggested donation \$5.00/class.

These classes are sponsored by OLEF, Optimum Life Educational Foundation, a non-profit organization that sponsors classes, lectures and activities for participants 50+ and the City of Torrance Community Services Department.

CONVERSATIONAL SPANISH CLASS

Learn to speak with friends, family, and professionals!

Mondays 12:30 pm

BARTLETT SENIOR CENTER ACTIVITIES

Tuesday

Movie Matinee	12:30pm	Free
Popcorn and chips		\$0.75 each

Wednesday

Beading Workshop	8:00am-12:00pm
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All levels welcome.

Thursday

Movie Matinee	12:30pm	Free
Popcorn and chips		\$0.75 each

Friday

Crafters Workshop	9:00am-12:00pm
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All level welcome.

Seniors Discussion Group 1:00-3:00pm
Join a friendly group discussion on current events.

Activities and Programs

TILLIM SENIOR CENTER

3612 Artesia Blvd.
Tuesday/Wednesday/Thursday 9:00am-3:00pm

TILLIM SENIOR CENTER ACTIVITIES

Tuesday

Cards and games	9:00am - 3:00pm	
Creative Crafters Workshop	11:30am-3:00pm	\$2.00
All mediums and levels welcome		
Movie Matinee	12:30pm	Free
Popcorn and chips		\$0.75 each

Wednesday

Painting workshop	9:00am	\$2.00
All mediums and levels welcome		
Cards and Games	12:00pm-3:00pm	Free
Gentle Fitness	9:30am	
Chair exercise DVD for Seniors		

Thursday

Cards and games	9:00am - 3:00pm	Free
Gentle Fitness	9:30am	
Chair exercise DVD for Seniors		
Cards and Games	12:00pm-3:00pm	Free

WALTERIA SENIOR CENTER

3855 W. 242nd Street
Monday & Thursday 11:00am-3:00pm

WALTERIA SENIOR CENTER ACTIVITIES

Monday and Thursday

Cards and games	11:00am-3:00pm	
Ping Pong	11:30am-3:00pm	
Play with friendly people! Playing improves hand-eye coordination and it stimulates mental alertness, concentration and tactical strategy!		
Greeting Card Making	12:30pm	Free



INFORMATION & REFERRAL

To make an appointment, call (310) 320-5918.

Focal Point on Aging (310) 320-1300

Russ Nolte Annex, 1339 Post Ave
M-F 9:00am-12:00pm

The Focal Point on Aging is an information and referral program where older adults, caregiver and their families can obtain a full range of services including: transportation, housing, Meals-On-Wheels, health care, companion care, Medicare, social and legal services, HMO's and more. By appointment only, NO walk-ins. If you call after 12:00pm, please leave a message and you will be contacted.

Health Insurance Counseling and Advocacy Program (HICAP)

Free legal and Medicare HICAP counseling advice is available. HICAP is administered by the California Department of Aging. To make an appointment, please call (310) 320-5918.

Activities and Programs

SPECIAL PROGRAMS

ADAPTIVE RECREATION PROGRAM

The City of Torrance is pleased to offer programs that provide activities and assistance to individuals with special needs. For more information on these programs, call (310) 618-2934, or visit www.TorranceCA.Gov/SpecialNeedsRecreation.

PALS Social Club (People Actively Learning and Sharing)

This is a Social Club for teens and adults with special needs. Members receive a monthly newsletter that includes a listing of the activities offered each week. The PALS annual membership fee for 2023 is \$20 residents/\$25 non-residents, and covers January-December. The PALS fee includes the Adaptive Sports Programs

Adaptive Sports and Special Olympics

This is an integrated sports program for those with special needs and their peers. Adaptive Sports programs include: basketball, bocce, lap swim, pickleball, soccer, and softball. The annual fee includes the PALS annual memberships and must be paid prior to participation. Please call (310) 618-2934 for the most up to date information.



This is a competitive sports and training program for individuals with special needs. Sports are offered on a seasonal basis. Torrance Adaptive Registration, Special Olympics registration, and medical releases are required prior to participation. Sports offered include: basketball, swim, soccer, softball, and golf. For more information for Special Olympics Southern California, visit www.SOSC.Org.

Fall Sports Offered: Golf, Soccer, Softball

The fall season begins Saturday, September 9, 2023. For more information please contact Charlene Walker, CWalker@TorranceCA.Gov or call (310) 618-2934.

AFTERSCHOOL PROGRAMS

The After School Club Program is sponsored by the City of Torrance Community Services Department and will return this fall. The program is a recreation based program for children in elementary and middle schools for first through eighth graders. Activities include: games, sports, arts and crafts. Structured time is set aside for homework each day, but it is NOT a tutorial based program.

The program follows the Torrance Unified School District calendar and is offered only on days when school is in session between August and June. The program meets after school until 6:00pm. **Please note: late fees are issued per participant picked up after 6:00pm. There is no grace period.**

Programs are currently offered at the following schools:
Elementary Schools: Anza, Arnold, Carr, Edison, Fern/Greenwood and Waltheria.

Middle Schools: Madrona and Richardson. For the most current information regarding our After School Club Program, please visit our website at www.TorranceCA.Gov/AfterSchool.

Enrollment is limited and applications are taken on a first come, first served basis. Torrance residents will receive priority registration and must provide proof of residency and proof of enrollment in the school. Students who do not reside in the City of Torrance but attend a school within the Torrance Unified School District, will be allowed to register after resident registration. Non-Torrance residents must obtain a Torrance Unified School District permit prior to registering. Registration applications are available at: www.TorranceCA.Gov/AfterSchool.

Registration applications and additional program information will be available in June at TorranceCA.Gov/AfterSchool.

For more information, call the Community Services Department at (310) 618-2930, or visit TorranceCA.Gov/AfterSchool.



Activities and Programs

TEEN ACTIVITIES HIGH SCHOOL STUDENTS

THE ATTIC - A Torrance Teen Center
2320 West Carson Street • (310) 782-8828
www.TorranceCA.Gov/TheATTIC

Attention all High School Students!
Bishop • CAMS • North High • Shery • South High • Torrance High •
West High

Follow us on Social Media
Facebook.Com/THEATTIC-A Torrance Teen Center
Instagram - @THEATTICteencenter

THE ATTIC is a place for Torrance high school students to enjoy an assortment of recreational, academic, vocational and self-help programs in a relaxed atmosphere. We have the ideal space for students to hang out and meet up with friends. Stop in and check it out for yourself!

Facility Hours during the School Year

Monday-Friday, 3:30-9:00pm • August 24 – December 21
Closed all holidays and September 4, 25, October 9,
November 10, 20-24, December 22-January 5, 15,
March 14, 15, April 1-5, May 27 and June 14.

Facility Hours during Summer Break

Monday-Friday, 1:00-4:00pm
Closed all holidays and August 22, 23

Facility Offers

Full service kitchen-ATTIC Café, full fitness room, pool table, basketball court, big screen TV's, foosball table, game room with 3-40" TVs (PS5, PS4, PS3, X-Box 360), computer room with free internet access and much more.

ATTIC CLASSES

Classes begin the week of September 10, 2023. For more information or registration about THE ATTIC classes, call (310) 782-8828. Must have a minimum of five participants to conduct the class. (Must be an ATTIC member.)

Workout Wednesdays

Wednesdays, 4:00-5:00pm

Free

This class offers a variety of cardio workout programs including fitness DVD's to meet your fitness goals.

Strength Training

Tuesdays and Thursdays 5:00-6:00pm

Free

This class focuses on establishing life-long exercise and nutritional habits by learning basic training techniques. Build confidence by improving your fitness level.

Life Skills - How to get a Job

Fridays 5:00-6:00pm

Free

This two part class will help students not only prepare for entering the workforce, but also the life skills required to keep a job.

S.P.I.N. (Serving People in Need)-Volunteer Service Club 1st Wednesday of each month, 5:00-6:00pm

Free

Do you need volunteer hours? Join the SPIN Club. Volunteer hours and project dates will be announced at the meeting.



HALLOWEEN SPOOKTACULAR family MOVIE NIGHT

Grab your costumes, blankets, and lawn chairs and join us for a special viewing of *The Goonies* under the stars! The event is offered free of charge, and no registration is required.

Saturday, October 28, 2023

5:00 p.m. - 9:00 p.m.



**Wilson Park,
2200 Crenshaw Boulevard**

Schedule:

5:00 p.m. - 6:00 p.m.

Enjoy music provided by DJ Ozzie and food from some of the most popular Farmers' Market vendors.
(food available for purchase)

5:15 p.m. - 8:45 p.m.

So Cal Live Steamers
Halloween train rides.
\$10.00 per ride



All riders must be at least 32" tall, no infants allowed.
Located at 2290 Washington Ave.
Torrance, CA 90501
(On the southwest side of Wilson Park)

5:30 p.m. - 6:00 p.m.

Special performance
by Torrance Cheer!

6:00 p.m. - 6:30 p.m.

Costume Parade

6:30 p.m. - 9:00 p.m.

Special viewing of *The Goonies*

Event will be cancelled in case of rain.

For more information, please visit www.TorranceCA.Gov/Halloween or call (310) 618-2930.



City of
TORRANCE
California

Presented by the City of Torrance Community Services Department • Recreation Division
"Creating and Enriching Community through People, Programs and Partnerships"



DECORATE WITH THE TORRANCE ROSE FLOAT ASSOCIATION

Show your civic pride while having fun! If you want to help decorate the City of Torrance's entry into the Tournament of Roses Parade, please attend an orientation meeting.

Orientation:

October 19, 7:00pm

City Hall Council Chambers November 16, 7:00pm

Katy Geissert Library Meeting Room

Decorating Dates:

November 26 and December 13 and 26-31, 2023

For more information, visit TorranceRoseFloat.Org.

Facilities and Programs

CHARLES H. WILSON PARK FACILITIES

2200 Crenshaw Boulevard

Wilson Park includes tennis and paddle tennis/pickleball courts, horseshoe courts, universally accessible tree house, four softball diamonds, roller hockey rink, the Dee Hardison Sports Center, batting cages and splash pad.

Dee Hardison Sports Center

(310) 972-7760

The Sports Center conducts youth and adult basketball, volleyball and martial arts. The gymnasium will be available on a scheduled basis for pick-up basketball and volleyball for a nominal fee. The facility is also available for public rental. For rental information, call the Facility Booking Office at (310) 618-5982. For information about ongoing activities, schedules and leagues, call the Sports Center



Community Sports Complex Roller Hockey Rink

(310) 972-7760

Leagues are offered for adults. The Roller Hockey rink is available for public rental. For rental information, call Facility Booking at (310) 618-5982. For more information, call the rink, or visit

TorranceCA.Gov/AdultRollerHockey.

Torrance Batting Cages

(310) 320-2243

Are you looking to perfect your batting skills? The Torrance Batting Cages at Wilson Park has eight batting stations for slow-pitch softball, multi-speed hardball and fast-pitch softball. Come visit the pro shop that features top brands like Rawlings, Mizuno, Easton, Louisville Slugger and more. There is also an artificial turf area available to rent for baseball, softball and soccer. For more information, visit TorranceBattingCages.Com.

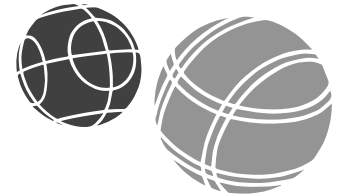


BOCCE BALL

Columbia Park, 4045 190th Street

Bocce courts are on Prairie Avenue north of 190th Street. The South Bay Bocce Club will provide FREE Bocce Ball lessons. The courts are universally accessible, so persons using wheelchairs, walkers and scooters are welcome.

For more information, and to register, email Bob Chiota Bocce4All@gmail.com, or Joel Massa Bocce4All.JM@yahoo.com.



COMMUNITY GARDENS

Torrance Community Gardens are located at Columbia and Lago Seco Parks and offer a wonderful opportunity for residents to grow their own produce in a fun and friendly atmosphere. The program is offered for Torrance residents only. Fees and cleaning deposits apply. For more information, contact Joyce Chan at (310) 781-7520. For information on the wait list, call the Registration Office at (310) 618-2720 or visit TorranceCA.Gov/ClassSchedule. Proof of Torrance residency is required.



FACILITY BOOKING

Host your next event with the City of Torrance!

**Picnic Areas
Sports Fields
Roller Rink
Swimming Pool**

**Park Buildings
Gymnasium
Wedding Venue
THE ATTIC**

Book Online: TorranceCA.Gov/FacilityBooking

Phone: (310) 618-5982

Reservations, additions and changes are not accepted by phone.

Office hours: M-F, 8:00am to 5:00pm
(closed alternate Fridays)

Facilities and Programs

LAS CANCHAS TENNIS CENTER

25924 Rolling Hills Road

A City of Torrance facility operated and managed by the South Bay Tennis Center with eight lighted courts available for public use seven days a week. For more information, visit SouthBayTennisCenter.Com, or call (310) 530-8212 or (310) 415-1969.

SEA AIRE GOLF COURSE

22730 Lupine Drive, Torrance (310) 543-GOLF

This is a nine-hole, par three, pitch, and putt course. Last tee-off time varies by season. Please call for last tee-off time. The golf course is open to the public. Photo ID with a Torrance address is required to prove residency. For more information, visit TorranceCA.Gov/SeaAireGolfCourse.

SOUTHERN CALIFORNIA LIVE STEAMERS, INC.

(310) 328-0236

Free train rides the first Sunday of the month from 11:00am to 3:00pm and the third Saturday of the month (March to December) from 12:00pm to 3:00pm at the east end of Wilson Park. Visit WilsonParkTrains.Org for more information.

TORRANCE CULTURAL ARTS CENTER

Arts.TorranceCA.Gov • (310) 781-7150

Located in the heart of the South Bay, the Torrance Cultural Arts Center is a beautiful, multipurpose complex designed with all your event needs in mind.

Versatile accommodations provide ideal settings for business conferences, weddings, seminars, receptions, trade shows, festivals, award banquets, parties, performances and more.

Built for convenience and diversity, the Center houses multiple meeting and banquet areas, a spacious outdoor plaza, a 502-seat theatre, a Black Box theatre, performing and visual arts studios and an authentically landscaped Japanese garden.

For your safety, hand rails have been installed on either side of the James R. Armstrong Theatre's House. Plan your next special event at the Torrance Cultural Arts Center! Check out the discounted weekday rates for the Cultural Arts Center!



TORRANCE ARTS MUSEUM

3320 Civic Center Drive

TorranceArtMuseum.Com

Tuesday – Saturday, 11:00am to 5:00pm

(310) 618-5388

Always Free to the Public!

July 22 - Sept 9

Opening: Saturday July 22, 6-9pm

Body Politics curated by Max Presneill and Sue-Na Gay

Art which brings attention to the disabled body and examines the various 'gazes' by which it is represented and interpreted.

Artists: **Panteha Abareshi, Emily Barker, Liz Young, Mari Katayama, Katherine Sherwood, Yadira Dockstader**

Gallery Two: **Art & Med** – curated by Ted Meyer.

The Dark Room: **Vacations in the Subconscious**, curated by Wilfried Agricola de Cologne, New Museum of Networked Art

October 7 - December 2

Opening: Saturday, October 7, 6-9pm

SUR Biennial: MALA MUERTE/bad death curated by Hope Ezcurra

Exploring Indigenous belief systems, under the colonial religion of Catholicism, that have evolved into the unique spiritual identity that has shaped the cultural landscape of Latin Americans.

Artists: **Luciana Abait, Micha Cardenas, Timo Fahler, Leticia Maldonado, Rebeca Mendez, Delilah Montaya, Simonette Quamina, Marcus Masaki Rodriguez, Ariel Uzal**

Gallery Two: **Tony Baker** - political activist art

Patio: experimental sound series



TORRANCE PUBLIC LIBRARIES

LIBRARY LOCATIONS

El Retiro

126 Vista del Parque
Redondo Beach 90277
(310) 375-0922

North Torrance

3604 Artesia Blvd.
Torrance 90504
(310) 323-7200

Henderson

4805 Emerald St.
Torrance 90503
(310) 371-2075

Southeast

23115 S. Arlington Ave.
Torrance 90501
(310) 530-5044

Katy Geissert

Civic Center
3301 Torrance Blvd.
Torrance 90503
(310) 618-5959

Walteria

3815 W. 242nd St.
Torrance 90505
(310) 375-8418

For information on Library Programs, visit our web page at www.TorranceCA.Gov/Library

BOOK DISCUSSION GROUPS

ARMCHAIR TRAVELERS

Walteria Library

2nd Wednesday of the Month 11:00am

BIOGRAPHY AND MEMOIRS BOOK GROUP

Katy Geissert Civic Center Library

2nd Thursday of the month 10:30 AM

EI RETIRO BOOK GROUP

El Retiro Library

1st Tuesday of the month 10:30 AM

MAYHEM IN THE A.M.

Henderson Library

2nd Thursday of the month 10:00 AM

NOVELS AT NIGHT

Virtual by Zoom

4th Thursday of the month 6:30 PM

SCIENCE FICTION AND FANTASY BOOK GROUP

Katy Geissert Civic Center Library

1st Wednesday of the month 6:30 PM

PROGRAMS FOR ADULTS

The Torrance Public Library hosts a wide variety of programs and classes for adults. From yoga to fashion, to household organizing and local history, there is something for everyone! Please check our online calendar for more information or visit any Torrance Library.

MONTHLY CRAFT PROGRAMS FOR ADULTS

KNOTTY KNITTERS

Adult knitters of all skill levels may join our "social knitwork"! Basic supplies are provided. Work on your current project or start a new one!

Walteria Library

3rd Thursday of the month

11:00 AM

CRAFT DELIGHT AT THE HENDERSON BRANCH LIBRARY

Connect with fellow crafters in-person to share your current project. Please call (310) 371-2075 for more information.

HAPPY HOURS @ KGL

Join us on the Library Plaza for fun, fitness, arts, culture, and more. Reservations not required! Check the library's website – programs added regularly!

Zumba

Mondays and Wednesdays

6:00-7:00pm

Noontime Yoga

Tuesdays

12:00pm

"This project is supported in whole or in part by the U.S. Institute of Museum and Library Services under the provisions of the Library Services and Technology Act, administered in California by the State Librarian."

FRIENDS OF THE TORRANCE LIBRARY BOOK SALES KATY GEISSERT LIBRARY

Discover hidden gems at a fraction of the price of new! Books, CDs, DVDs, and more. All proceeds benefit Library programs and events

Friday, October 20 1:00 pm-5:00pm
Members only

Saturday, October 21 9:00am-4:00pm

Sunday, October 22 1:00pm-4:00pm
Reduced price bag sale!

FANTASTIC STORYTIMES!

The Fall Storytime session runs from September 18-November 9, 2023. Weekly storytimes are offered at all library locations. Check the library website for additional information and Storytime offerings!

BABYTIME

Bring your baby to a fun storytime with songs, rhymes & wiggles! Designed for ages 6-18 months and a participating caregiver.

Southeast Library	
Tuesdays	10:30am
Katy Geissert Civic Center Library	
Wednesday	1:00pm

TODDLER TIME

This story and song program is for children 18 months-3 years and a participating caregiver.

North Torrance Library	
Mondays	10:30am
El Retiro Library	
Wednesdays	10:30am
Katy Geissert Civic Center Library	
Thursdays	11:00am

FAMILY STORYTIME

Stories, songs, and fun for the whole family!

Henderson Library	
Tuesdays	10:30am
North Torrance Library	
Saturdays	10:30am
Walteria Library	
Wednesdays	10:00am



Fire up your imagination
with a library card.

Get yours today!

September is
LIBRARY CARD SIGN-UP MONTH



A LIBRARY CARD IS ELEMENTAL!

Get In Your Element this September - sign up for a library card!

From borrowing books, ebooks, and park passes to getting homework help, learning new skills, or attending story time, a library card helps you do more of what you enjoy. Get a library card and dive into a new hobby. A library card is your most important tool—it's elemental, really—and everyone should have one! For more information, call the Torrance Public Library (310) 618-5959

Updates on our Programming and Events can be found on our website: www.TorranceCA.Gov/Library

Or scan this QR Code and go directly to our calendar.



Madrona Marsh

MADRONA MARSH PRESERVE AND NATURE CENTER

TorranceCA.Gov/MadronaMarsh

3201 Plaza del Amo, Torrance, CA 90503
(310) 782-3989

Visit our website

www.FriendsOfMadronaMarsh.Com for the
most up-to-date information on NEW & current
programs!

"Where People and Nature Meet"

A visit to the Madrona Marsh Preserve is truly a unique experience. It is thought to be the last remaining vernal marsh in Los Angeles County. The Madrona Marsh Nature Center is an educational and interpretive center for the Preserve's natural resources. It includes an Exhibit Hall, Gift Shop, and a beautiful native plant garden.

ART AT THE MARSH

View the works of local artists that portray the beauty of the Madrona Marsh! Artwork is available for viewing inside of the Nature Center during regular operating hours.

CHILDREN'S PROGRAMS

Tyke Hike **3 months - 6 years** **FREE**
1st Thursday of every month. 10:00-11:30am
Hey kids! Bring your favorite adult for a hike in the Madrona Marsh Preserve! We'll listen for birds, look for frogs, and learn about a new nature topic each week. Closed-toed shoes and sun protection is recommended. Meet inside the Nature Center.

Friday Fun **3-6 years** **FREE**
Every Friday 10:00am
A hands-on program for preschoolers that includes nature crafts, storytime and a nature walk on the Preserve. Pre-registration is required. Registration opens Tuesday at 10:00am of the same week.

Nature Stories & Crafts **2-5 years** **FREE**
2nd Thursday of every month 10:30-12:00pm Children will discover the wonders of the Madrona Marsh through stories, science activities and crafts. Pre-registration is required.

ASTRONOMY

StarParty **FREE**
The entire family is invited to explore the night sky at the Madrona Marsh! Star Parties focus on different celestial objects each meeting and begin with a short introductory presentation inside of the Nature Center. Telescopes will be available for viewing (weather permitting). Visit our website for dates and times.

ONGOING ACTIVITIES - FAMILIES & ADULTS

Nature Walk **FREE**
2nd Saturday of every month 10:00am -12:00pm A docent led introduction to the plants and wildlife commonly found at the Madrona Marsh and around the South Bay. Call the Nature Center to register.

Exploring Henrieta Basin **FREE**
3rd Saturday of every month 9:00-11:00am
Henrietta Basin is one of several storm water collection basins in the City of Torrance which offers habitat space for wildlife, trails for observers, and a natural water treatment system.

Audubon Bird Walk **FREE**
4th Saturday of every month 9:00-11:00am
Join our bird expert on a docent led walk around the Preserve where you'll learn bird identification, bird interactions and behavior. These walks are geared for beginners to intermediate birdwatchers. Call the Nature Center for registration

Night Hike on the Preserve **\$5/person or \$10/family**
2nd Saturday of every month, 7:30 - 9:30 pm
Pre-registration is required by contacting the Nature Center Experience the Madrona Marsh at night! Walk through the Preserve and experience the sights and sounds of animals and insects as they begin their nightly activities.

VOLUNTEER AT THE MARSH!

Habitat Restoration
Saturdays, 9:00 AM - 12:00 PM.
Online registration is required.
Volunteers help maintain the natural resources of the Madrona Marsh Preserve by lending a helping hand controlling non- native plants, removing weeds, and planting native plants.



COYOTES IN SOUTHERN CALIFORNIA



The change of seasons also bring about changes in wildlife biology, behavior, and appearance. The urban coyote is no exception.

During fall:

- **Coyote pups are nearly full grown.** Adolescent coyotes are no longer under the constant watch of the pack. The young coyotes are now experienced hunters and venture alone or in pairs.
- **Adolescent coyotes search for a new home range.** Between 6 and 9 months of age, mature juvenile coyotes typically leave their pack. During dispersal, an adolescent coyote joins another pack, establishes a new pack with a mate or roams alone as a transient. Dispersal prevents competition for hierarchy within a pack. It also forces coyotes to settle in new habitat.



PREVENT COYOTE CONFLICT

- ✓ **Haze coyotes, especially adolescents.** Young coyotes have a natural fear of people and remain skittish until they learn otherwise. If residents passively observe the coyote, it learns humans pose no risk. Thus entering residential areas for easily accessible food is low risk and the reward (food) is high. Hazing instills fear in young coyotes, reinforcing fear of humans and shaping their behavior.
- ✓ **Remove coyote attractants.** Adolescent coyotes quickly learn where to find food. If food, water, or shelter are found near your home expect visits from wildlife, including coyotes. Visit the Coyote Management website to print the [At-Home Coyote Prevention Checklist](#). Walk through the outside of your home to reduce or eliminate attractants.
- ✓ **Protect children and pets.** Young coyotes are puppy-like. Small children and the toys they play with, like balls, can intrigue a juvenile coyote's curiosity and induce play behavior. Teach kids to stay away from unknown dogs as it might be an unfriendly canine. Remember to supervise small children and pets when outdoors. Coyotes may see free-roaming pets as prey.

DID YOU KNOW?

- Pups learn to hunt alongside the pack at 3 months. At 6 months, coyotes hunt alone. Coyotes are full grown between 9 and 12 months.
- Adolescent coyotes have a 60% chance of surviving one year.
- The number 1 cause of death for urban coyotes is being hit by a car.

Learn. Prevent. Report.

For coyote education resources and resident action plans, visit:

www.TorranceCA.Gov/Coyotes

COYOTE MANAGEMENT PROGRAM





City of Torrance: Pet Licensing

All dogs in the City of Torrance are required to have an active license tag & up-to-date rabies vaccination.

Please note, there are no exceptions and no special licenses for service animals. Pet owners have the responsibility to license their pets with the City of Torrance through DocuPet, the official pet licensing services provider.

DocuPet's mission is to provide a safe and happy home for all pets, and their services include great benefits such as full access to their HomeSafe 24/7 lost pet service, the option to purchase a designer license tag, and a user-friendly online portal.

Licenses can be purchased:

- **Online** at <https://torrance.docupet.com/>. This easy-to-use online licensing service provides a quick and seamless process to license your pet in the City of Torrance.
 - Online portal accessible via computer or any mobile device with internet access. Vaccination and sterilization records may be uploaded using a phone with a quick picture or an upload.



- **Mail:** Download, print, and complete the Application Form found on the City's Website under "[+How to Purchase a Pet License](#)". Send the form, check payable to DocuPet Corp., and any documents required (a copy of your pet's vaccination certificate and/or neuter certificate) via regular mail to:

DocuPet Corp
15 Technology Place, Suite 1
East Syracuse, New York 13057

DocuPet's Customer Care Support: If you have any questions about the licensing process, would like more information, or would like assistance with setting up your online account, you may reach a customer service representative at 1-877-239-6072. DocuPet's customer service hours are 8:00 A.M. – 5:00 P.M., Monday through Friday.

Resources:

- City of Torrance Licensing Website: torrance.docupet.com
- City of Torrance Website: www.torranceca.gov
- DocuPet Website: www.docupet.com
- DocuPet Customer Care Number or the Help Center: <https://docupetinc.zendesk.com/hc/en-us>
- VIDEO: DocuPet's HomeSafe Service: <https://www.youtube.com/watch?v=W80ZREeVIN0>



City of Torrance Police Department Special Investigations Division



Opioid Awareness and Resource Guide

The Torrance Police Department's goal is to prevent loss of life and educate the public on the extreme dangers of opioid addiction, mental health issues and homelessness.

Many people require help with addiction, mental health and homelessness and don't know where to turn to receive assistance with these services. This resource guide is designed to assist individuals in beginning the process of recovery.

T.O.R.C.H. Opioids

T - Torrance P.D. Outreach
O - Opioid Education
R - Respond with Resources
C - Coordinate Victim's Resources
H - Help Eradicate the Problem

Over the past few years there has been an overwhelming increase in drug use, mental health issues and homelessness in the community. The Torrance Police Department would like to offer referrals to any citizen who could benefit from utilizing these programs.



It can happen to anyone...

Unfortunately, for the unsuspecting public, illicitly manufactured fentanyl can be disguised as prescription Oxycodone, Xanax, nasal sprays, eye drops and other forms of medication. Only two grains of fentanyl (the size of a few salt granules) are potent enough to put you at risk of an overdose. Naxalone is a safe medication that can reverse an overdose from opioids; however, it should not be relied upon.

Resources & Referrals

Substance Abuse Treatment Centers, Inpatient & Outpatient

National Council on Alcoholism and Drug Dependence
310-328-1416

Fred Brown Recovery Services
310-519-8723

Thelma McMillen Recovery Center
310-784-4879

Twin Town Treatment Centers
310-787-1335

Torrance Opiate Detox Suboxone Clinic
310-365-5526

Little Company of Mary Medical Center Recovery Center
310-514-5300

Torrance Lomita Alano Club
310-320-3861

Mental Health Services

Harbor UCLA Medical Center
310-222-3322

Del Amo Hospital
310-530-1151

Little Company of Mary Hospital
310-540-7676

Torrance Memorial Hospital
310-517-4711

Housing Resources

Sober Living Homes

Behavioral Health Services
562-599-8444

Pacifica House
323-754-2816

Patterns House
310-675-4431

South Bay Sober Living
844-316-2809

Progress House
310-543-1212

The Lighthouse-Lomita Sober Living
310-387-9664

Fresh Start Sober Living Homes
562-253-2789

Housing Resources

Harbor Interfaith Services
424-276-3602

1736 Family Services
310-379-3620

Mental Health America Los Angeles
562-285-1330

Family Promise of South Bay
310-782-8196



If you need any other services, you can also call 211 for more referral programs.

There is Hope & Help

Contact Information

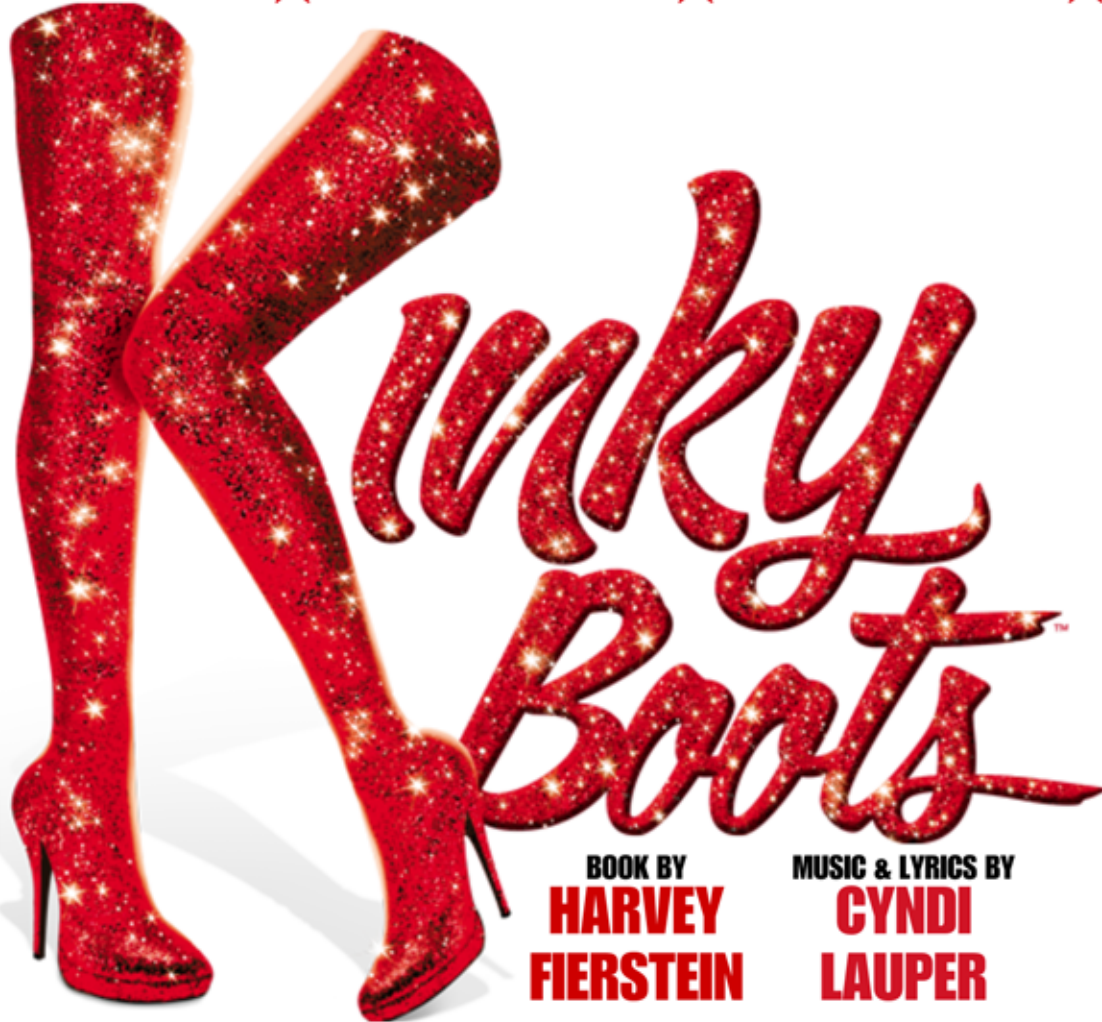
Torrance Police Department Special Investigations Division
3300 Civic Center Drive Torrance, CA 90503 • (310) 618-5709

Torrance Police Department

Non-emergency: (310) 328-3456 Emergency Dial 911 • www.TorranceCA.gov/TPD

WINNER OF EVERY MAJOR BEST MUSICAL AWARD

★ TONY AWARD ★ GRAMMY AWARD ★ OLIVIER AWARD ★



BOOK BY
**HARVEY
FIERSTEIN**

MUSIC & LYRICS BY
**CYNDI
LAUPER**

ORIGINAL BROADWAY PRODUCTION DIRECTED AND CHOREOGRAPHED BY JERRY MITCHELL

BASED ON THE MIRAMAX MOTION PICTURE KINKY BOOTS

WRITTEN BY GEOFF DEANE AND TIM FIRTH

**JAMES R. ARMSTRONG THEATRE
AUGUST 5 - 19, 2023**

WWW.TORRANCETHEATRECOMPANY.COM



EVERYONE
HAS A STORY...



...WE ARE HERE
TO TELL THEM.

2023-2024 SEASON
1316 CABRILLO AVE.

DANGEROUS CORNER

By **J.B. PREISTLEY**

October 7 - 28, 2023

It is a fascinating combination of mystery play and psychological study. It shows how the gradual revelation of the truth about a murdered man disrupts his family and friends and shows them up for the rotters they are.

MISS BENNET: CHRISTMAS AT PEMBERLEY

By **LAUREN GUNDERSON AND MARGOT MELCON**

December 2 - 23, 2023

This play imagines what the witty and vibrant Bennet sisters' world might be like two years after the end of Jane Austen's *Pride and Prejudice*.

INTIMATE APPAREL

By **LYNN NOTTAGE**

February 3 - 24, 2024

Warm, intelligent, and deeply human, Lynn Nottage's *Intimate Apparel* explores the desire for both independence and connection, and the insidious effects of racism and classism.

HAY FEVER: THE MUSICAL

Written by **DAVID HOWARD**

Music and Lyrics by **BRET SIMMONS**

April 6 - 27, 2024

Based on Noel Coward's timeless hit play, this new musical, recounts a crazy weekend at the country home of the eccentric, bohemian Bliss family.

IT'S ONLY A PLAY

By **TERENCE MCNALLY**

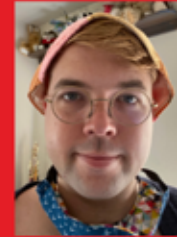
June 1 - 22, 2024

With careers on the line and reputations at stake, the creators of a new Broadway play nervously await the make-or-break reviews on opening night to see if their show will be a hit in this hysterical and biting comedy.

MORE INFO:
TORRANCETHEATRECOMPANY.COM



TORRANCE THEATRE COMPANY



JOIN US EVERY MONTH FOR AN EXCITING
NIGHT OF IMPROV

You bring the ideas, we bring the laughs!

**FIRST SUNDAY OF EVERY MONTH
7:00 PM**

1316 Cabrillo Ave. Torrance, CA 90501

WWW.TORRANCETHEATRECOMPANY.COM

Torrance Theatre Company is a program of the Cultural Services Division of the Torrance Community Services Department. www.TorranceCA.Gov. Sponsored in part by Friends of Torrance Theatre Company.





IMPROVE YOUR QUALITY OF LIFE.

FREE to low-cost resources are available for older adults in L.A. County, including caregivers.

- *Healthcare*
- *Advocacy*
- *Brain / Memory Health*
- *Transportation Services*
- *Housing*
- *Food Resources*
- *and more!*

211 LA is FREE - Confidential - Available 24/7 - TTY Accessible

**Visit 211LA.org
or Dial 2 - 1 - 1**

Find Us On Social Media



TORRANCE RECREATION @TorranceRecreation

THE ATTIC TEEN CENTER @TheAtticTeenCenter

CO-REC CLUB @CoRecClub

MADRONA MARSH @Madrona Marsh



TORRANCE RECREATION @TorranceParksAndRecreation

THE ATTIC TEEN CENTER @TheAtticTorranceTeenCenter

TORRANCE YOUTH COUNCIL @TorranceYouthCouncil

MADRONA MARSH @MadronaMarsh

Parks **Make** **Life** **Better!**



TORRANCE ART MUSEUM @TorranceArt Museum
TORRANCE THEATRE COMPANY @TorranceTheatreCompany
CERTIFIED FARMERS' MARKET @CertifiedFarmersMarket
TORRANCE SEASONS @TorranceSeasons



TORRANCE ART MUSEUM @TorranceArt
TORRANCE THEATRE COMPANY @TorranceTheatre



TORRANCE ART MUSEUM @TorranceArtMuseum
CHERRY BLOSSOM FESTIVAL @TorranceCherryBlossom
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CERTIFIED FARMERS' MARKET @TorranceCFM
TORRANCE SEASONS @TorranceSeasons



Follow us on Social Media



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Learn. *Lead.* *Live.* **With Your Library!**

City of Torrance Facilities & Parks

POLICE

- Torrance Police Department**
3300 Civic Center Dr P1
- Torrance Animal Control**
2200 Jefferson St. P2

FIRE STATIONS

- Torrance Fire Station #1**
1701 Crenshaw Blvd F1
- Torrance Fire Station #2**
25135 Robinson Way F2
- Torrance Fire Station #3**
3535 W 182nd St. F3
- Torrance Fire Station #4**
5205 Calle Mayor F4
- Torrance Fire Station #5**
3940 Del Amo Blvd. F5
- Torrance Fire Station #6**
21401 Del Amo Circle F6

CITY FACILITIES

- Torrance Civic Center**
City Hall, Cultural Arts Center,
George Nakano Theatre,
Ken Miller Recreation Center,
Torrance Art Museum (TAM),
Victor E Benstead Plunge CC
- Bartlett Senior Center**
1318 Cravens Ave 1
- Las Canchas Tennis Center**
25924 Rolling Hills Rd 2
- Madrona Marsh Nature Center & Preserve**
3201 Plaza del Amo 3
- Sea Aire Golf Course**
22730 Lupine Dr 4
- The ATTIC Teen Center**
2320 W Carson St. 5
- LA Galaxy Sports Complex**
555 Maple Ave 6

LIBRARIES

- El Retiro Library**
126 Vista del Parque 7
- Henderson Library**
4805 Emerald St 8
- Katy Geissert Civic Center Library**
Main Library
3301 Torrance Blvd. 9
- North Torrance Library**
3604 Artesia Blvd 10
- Southeast Library**
23115 Arlington 11
- Walteria Library**
3815 W 242nd St. 12

PARKS

- Alta Loma Park**
26126 Delos Drive 13
- Charles H. Wilson Park**
Batting Cages, Roller Rink,
Dee Hardison Sports Center
2200 Crenshaw Blvd 14
- Columbia Park**
4045 190th St 15
- De Portola Park**
25615 Lazy Meadow Dr 16
- Delthorne Park**
3401 Spencer St 17
- Descanso Park**
2500 Descanso Way 18
- Discovery Park**
22526 Ocean Ave 19

- Hospitals
- Parks and City Facilities
- Voting Districts



Map not to scale.

- El Nido Park**
18301 Kingsdale Ave 20
- El Prado Park**
El Prado Ave from Carson to Cravens 21
- El Retiro Park**
126 Vista del Parque 22
- Entradero Park**
5500 Towers St 23
- Greenwood Park**
1520 Greenwood Ave 24
- Guenser Park**
17800 Gramercy Place 25
- Hickory Park**
2850 W 232nd St 26
- La Carretera Park**
2040 186th St 27
- La Paloma Park**
Lomita Blvd., East of Anza 28
- La Romeria Park**
19501 Inglewood Ave 29
- Lago Seco Park**
3920 W 235th St 30
- Los Arboles (Rocketship) Park**
5101 Calle de Ricardo 31
- McMaster Park**
Tillim Senior Center
3624 Artesia Blvd 32
- Miramar Park**
201 Paseo de la Playa 33
- Osage Park**
17008 Osage Ave 34

- Paradise Park**
5006 Lee St 35
- Pequeno Park**
4223 180th St 36
- Pueblo Park**
2252 Del Amo Blvd 37
- Riviera Park**
Catalina at P.V. Drive 38
- Seaside Heroes Park**
22851 Anza Ave 39
- Sunnyglen Park**
5525 Del Amo Blvd 40
- Sur La Brea Park**
23610 Cabrillo Ave 41
- Torrance Park**
2001 Santa Fe Ave 42
- Victor Park**
4727 Emerald St 43
- Walteria Park**
3855 W 242nd St 44

SEE WHAT TORRANCE IS DOING

WE HAVE AN APP!

Download the myTorranceCA app on your smartphone. Submit a request, make a payment, peruse City services and more.

WHY TORRANCE?

Discover why so many businesses choose to partner with Torrance and explore the locations, activities, and opportunities that set Torrance apart.

YEAR IN REVIEW

Browse the City's Year In Review, highlighting City services and accomplishments from the prior calendar year.

HOMELESS SERVICES

Read through Torrance's plan to prevent and combat homelessness. Discover ways you can help.

TORRANCECA.GOV

Find a host of information on our website, including debunked Rumors that circulate the City.

TORRANCEALERTS

Register for TorranceAlerts. When there is an emergency, get the information first on the City's early warning notification system.

TRENDING IN TORRANCE

Get an overview of some of the most pressing topics within the City of Torrance. See what's trending!

DISCOVER TORRANCE

Torrance is home to a variety of breweries, eateries, shopping centers, and hotels. Discover what our City has to offer!

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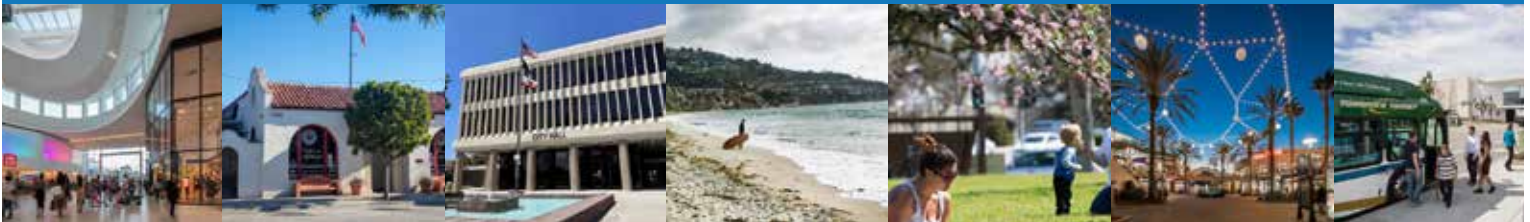
@TorranceCA



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GET NOTIFIED OF SPECIAL EVENTS

When signing up for TorranceAlerts, make sure to select "Special Events"



City of
TORRANCE
California



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