

In compliance with the Americans with Disabilities Act, if you need special assistance to participate in this meeting, please contact the City Clerk's office at (310) 618-2780. Notification 48 hours prior to the meeting will enable the City to make reasonable arrangements to ensure accessibility to this meeting. [28CFR35.102-35.104 ADA Title II] Direct questions or concerns to the Commission Liaison at (310) 618-2935 prior to submission to the Commission. Parties will be notified if the complaint will be included on a subsequent agenda. The Commission on Aging is an advisory body to the City Council that meets the first Tuesday of each month at 9:30 a.m. in the West Annex Commission Meeting Room. All meetings are open to the public.

**TORRANCE COMMISSION ON AGING AGENDA
TUESDAY, JUNE 6, 2023
REGULAR MEETING
9:30 A.M. IN THE WEST ANNEX COMMISSION MEETING ROOM
AT CITY HALL, 3031 TORRANCE BOULEVARD
TORRANCE, CA 90503**

**COMMISSION ON AGING MAY TAKE ACTION ON ANY ITEM
LISTED ON THE AGENDA**

1. CALL MEETING TO ORDER

ROLL CALL: Commissioners Davis___, Grundhaus___, Hileman___, Mayfield___,
Pryor___, Snyder___, Chairperson Dojiri___

2. FLAG SALUTE: Commissioners Davis

WORDS OF INSPIRATION: Commissioner Hileman

3. REPORT OF THE CITY CLERK ON THE POSTING OF THE AGENDA

The agenda was posted on the Public Notice Board at 3031 Torrance Blvd. and on the City's Website on THURSDAY, JUNE 1, 2023.

4. ANNOUNCEMENT OF WITHDRAWN, DEFERRED, AND/OR SUPPLEMENTAL ITEMS

5. ORAL COMMUNICATIONS (Limited to a 15 minute period)

This portion of the meeting is reserved for public comment on items on the agenda or on topics of interest to the general public. Under the Ralph M. Brown Act, Commissioners cannot act on items raised during public comment but may respond briefly to statements made or questions posed; request clarification; or refer the item to staff. Speakers under this Public Comment period will have no longer than 1 minutes per speaker. Your comment to the Commission meeting will be recorded as part of the meeting. By staying in the meeting and making public comment during the meeting, you are agreeing to have your comment recorded.

6. CONSENT CALENDAR

Matters listed under the Consent Calendar are considered routine and will be enacted by one motion and one vote. There will be no separate discussion of these items. If discussion is desired, that item will be removed by a Commissioner from the Consent Calendar and considered separately.

6A. APPROVAL OF MINUTES: MAY 2, 2023

7. ADMINISTRATIVE MATTERS

7A. PRESENTATION: “HELPING PATIENTS/FAMILIES MANAGE THE OBSTACLES OF AGING”

Presentation by Patricia Logan, M.A., Gerontology Specialist, Providence Little Company of Mary Medical Center San Pedro

7B. DISCUSSION: TORRANCE CENTENARIAN PROGRAM

Recommendation of the Community Services Director that the Commission on Aging discuss a Centenarian nominee and receive an update from staff.

- 1) Centenarian Award applicant, Mrs. Alice R. Hoyt,
- 2) City Council Meeting Ceremony Tuesday, July 11, 2023

7C. DISCUSSION: SPEAKERS FOR UPCOMING MEETINGS

Recommendation of the Community Services Director that the Commission on Aging discuss and decide on speakers relevant to the senior population.

7D. ORAL REPORTS ON SENIOR CITIZEN CONCERNS

Recommendation of the Community Services Director that the Commission on Aging report on:

- City Council Activities - Commissioner Hileman
- Housing - Commissioner Pryor
- Health - Commissioner Mayfield
- Transportation - Commissioner Snyder
- Community Programs - Commissioner Grundhaus
- Focal Point Programs - Chairperson Dojiri
- Elder Abuse/Fraud - Commissioner Davis

7E. ELECTION OF OFFICERS

Recommendation of the Community Services Director that the Commission on Aging nominate and elect a Chair and a Vice Chair for the 2023-2024 fiscal year.

8. ORAL COMMUNICATIONS #2 COMMISSIONERS/STAFF

(Limited to a 15 minute period)

Comments under this portion of the agenda are limited to items not on the agenda and to no longer than three (3) minutes per speaker. Under the provisions of the Brown Act, the Commission is prohibited from taking action or engaging in discussion on any item not appearing on the posted agenda.

9. ADJOURNMENT

9A. To the regular meeting of the Commission on Aging on Tuesday, August 1, 2023 at 9:30 a.m. located in the West Annex Commission Meeting Room at City Hall, 3031 Torrance Blvd. The commission will go dark for the month of July 2023.

**MINUTES OF A REGULAR MEETING OF
THE TORRANCE COMMISSION ON AGING**

1. CALL TO ORDER

The meeting convened on Tuesday, May 2, 2023 at 9:30 a.m. at the West Annex Commission Meeting Room at City Hall, 3031 Torrance Boulevard.

ROLL CALL/MOTIONS FOR EXCUSED ABSENCE

Present: Commissioners Davis, Grundhaus, Hileman, *Mayfield, Pryor, Snyder and Chairperson Dojiri

Absent: None.

Also Present: Recreation Services Manager Garrett Craig,
Senior Recreation Supervisor Jesus Castro.

*Commissioner Mayfield arrived at 9:38.

2. FLAG SALUTE

Commissioner Davis led the Pledge of Allegiance and Commissioner Hileman read inspirations provided by Irene Griffith.

3. REPORT OF THE CITY CLERK ON THE POSTING OF THE AGENDA

Senior Recreation Supervisor Castro reported that the agenda was posted on the Public Notice Board at 3031 Torrance Boulevard and on the City's website on Thursday, April 27, 2023 by City Clerk Poirier.

4. ANNOUNCEMENT OF WITHDRAWN, DEFERRED, AND/OR SUPPLEMENTAL ITEMS

No items.

5. ORAL COMMUNICATIONS

None.

6. CONSENT CALENDAR

6A. APPROVAL OF MINUTES – April 4, 2023 Commission of Aging

MOTION: Commissioner Davis moved and Commissioner Snyder seconded, to approve the minutes of the Commission on Aging meeting of April 4, 2023, as submitted. The motion passed by a voice vote. (Commissioner Pryor abstained, *Commissioner Mayfield absent, arrived at 9:38)

7. ADMINISTRATIVE MATTERS

7A. PRESENTATION: LIVING TRUST BY BIER LAW

Seth Bier, BIER Law Owner/Attorney presented the information and explained that his practice specialized in estate planning and noted that his practice's mission statement was: be informed, be prepared, be free. He discussed various aspects of estate planning: living probate, death probate, living trusts, and health care directives.

*Commissioner Mayfield arrived at 9:38.

Mr. Bier reviewed the handouts that he had provided to the Commission and explained that a trust was a powerful tool to control your estate, protect your family and avoid the problems involved in state probate. He noted that a state probate would cost money, take time and would be a public, not private proceeding.

Mr. Bier pointed out that a living trust was a legal document which transferred your assets into the name of the trust, which then allowed you to have power and control over all your assets while alive and have your assets go to your designated beneficiaries when you die. He noted once a living trust was created, it was important to transfer all assets into the trust.

7B. DISCUSSION & APPROVAL: OLDER AMERICAN AWARD

Recreation Services Manager Craig noted that the City Attorney had requested that the Commission confirm the votes which had been cast via email.

MOTION: Commissioner Mayfield moved and Commissioner Snyder seconded, to accept Ron Smith as the Los Angeles County Older Americans award recipient, representing the City of Torrance. The motion passed by a unanimous voice vote.

MOTION: Commissioner Snyder moved and Commissioner Grundhaus seconded, to accept all 5 nominees: Ron Smith, Patrick J. Furey, Dale Roulette, Ora Parton, and Teri Furey for the City's Older American Award to be awarded on Tuesday, May 9. The motion passed by a unanimous voice vote.

Senior Recreation Supervisor Castro noted that the official award certificates were available for Chairperson Dojiri's signature.

7C. DISCUSSION: AARP AGE FRIENDLY CITY APPLICATION:

Senior Recreation Supervisor Castro reported that Mayor Chen had submitted a letter to AARP Age Friendly City in February, confirming the City's commitment and in March had received further information from the AARP on the process. Senior Recreation Supervisor Castro stated that he had accessed the City's account on the AARP online system and had added the Commissioners as stakeholders. He noted that the age-friendly program was a 5-year process and included 8 domains of livability: Outdoor Spaces and Buildings, Transportation, Housing, Social Participation, Respect and Social Inclusion, Civic Participation and Employment, Communication and Information and Health Services and Community Support. He reviewed the the development of the action plan, implementation and tracking of the process and the submittal of progress reports.

There was a discussion of how best to proceed with the project, utilizing what was currently in place in the City. Recreation Services Manager Craig noted that the Commission could create a subcommittee at a future Commission meeting to work on developing the plan, which could incorporate current City services, systems and processes.

Chairperson Dojiri requested that her personal email be removed from the AARP site.

7D. DISCUSSION: SPEAKERS FOR UPCOMING MEETINGS:

Commissioner Grundhaus recommended Heather Baker from Caring Transitions, to speak on organizing and decluttering.

MOTION: Commissioner Grundhaus moved and Commissioner Pryor seconded, to approve inviting Heather Baker to speak at a future Commission meeting. The motion passed by a unanimous voice vote.

There was a discussion on how best to schedule the Commission's presentations to be repeated at the Senior Centers.

Commissioner Hileman recommended a speaker from Providence Little Company of Mary Center for Optimal Aging.

MOTION: Commissioner Mayfield moved and Commissioner Davis seconded, to approve a speaker from Providence Little Company of Mary Center for Optimal Aging to speak at a future Commission meeting. The motion passed by a unanimous voice vote.

Commissioner Hileman confirmed that she would contact the Providence Little Company of Mary Center for Optimal Aging for a speaker.

7E. Oral Reports on Senior Citizens Concerns

1. City Council Activities

Commissioner Hileman reported that the Council had approved funding for the Armed Services Day, with a parade to be held on May 20, 2023. She noted that 3290 Temporary housing had been approved for an additional two years and that an ordinance had been passed for mandatory seismic retrofitting for some existing buildings in the City. She explained that the Council had proclaimed April 25 - May 5 as "Paint the Town Purple Week" in recognition of the Relay for Life which would be held at South High School on May 6. She announced that 32 new Home Town Heroes banners had been approved. She reported that the Youth Council had selected 6 scholarships recipients for "Beat the Odds" and added that the presentations would take place on May 11, at 7:00 p.m. at the ATTIC. Commissioners Hileman and Mayfield and Chairperson Dojiri confirmed that they would attend the award ceremony. She reported that a designated area for dogs off leash in a park had been discussed and added that the Council had approved a monument for Japanese Americans and others interned during World War II to be built at Columbia Park.

2. Housing

No report.

3. Health

Commissioner Mayfield reported on changes to nurse practitioner requirements, as a result of two Senate bills, which would allow nurse practitioners to practice without physician supervision.

4. Transportation

Commissioner Snyder stated that the Traffic Commission had voted to approve the City's letter to the Los Angeles County Metropolitan Transportation Authority (LACMTA) for the proposed C-line Extension. She noted that it was still possible for the public to comment on the project to LACMTA.

5. Community Programs

Commissioner Grundhaus announced that there would be an Art Fair on May 6 at the Ken Miller Recreational Center and movies at the parks on June 24, July 22 and August 19.

Chairperson Dojiri reported that there would be a recycling, shredding and electronic waste collection event on May 13 from 8:00 a.m. to 12:00 p.m. at the City's employee parking lot.

6. Focal Point Program

Commissioner Dojiri reported the following statistics for the month of:

April 2023

Total number of documented calls: 32	Web Inquiries: February: 92 / March: 87
Miscellaneous calls: 38	Total number of calls received: 70

Of the documented calls there were the following requests:

Call backs 12%	requests for housing 19%
requests for legal help 9.4%	requests for in-home services 19%

7. Elder Abuse/Fraud

No report.

8. ORAL COMMUNICATIONS #2 Commissioners/Staff

Recreation Services Manager Craig confirmed that going forward, all Commission terms would expire on June 30 and start on July 1.

Chairperson Dojiri reminded the Commission that the Commission would be electing a Chair and a Vice Chair at the June meeting, as the July meeting would be dark.

9. ADJOURNMENT

9A. At 11:02 a.m., Commissioner Snyder moved to adjourn the meeting to the regular meeting on Tuesday, June 6, 2023, at 9:30 a.m. at the West Annex Commission Meeting Room at City Hall, 3031 Torrance Boulevard. The motion was seconded by Commissioner Davis and a roll call vote reflected unanimous approval.

####

COA=Center for Optimal Aging



**“HELPING PATIENTS/FAMILIES
MANAGE
THE OBSTACLES OF AGING”**



Our Speakers

- ▶ Patricia Logan, M.A., Gerontology Specialist
- ▶ Providence Little Company of Mary Medical Center San Pedro
 - ▶ 1300 W. 7th Street, San Pedro, CA 90732
- ▶ Telephone: (310) 514-5370; Fax: (310) 514-5374



Our Center for Optimal Aging Mission Statement

- To empower seniors, their families and physicians with tools that enhance health, wellness and knowledge of available resources.



The COA is an outpatient program that provides an interdisciplinary assessment to help identify obstacles and ease the patient/families journey of aging.



Reasons to Participate in the COA

- ▶ The program provides important information to your patients/families for navigating aging and all the obstacles that are involved.
- ▶ Provides a testing baseline to compare with over time.
- ▶ Is a proactive program about aging and planning. Don't wait for a crisis to occur.
- ▶ Our program is covered by Medicare, PPO's, HMO's (with pre-authorization) and we offer a cash option. Deductible/co-insurance and/or copays may apply.



Interdisciplinary Team Approach

Physical Therapy: EPIC referral # (ref87)

Fall risk, strength, and mobility.

Occupational Therapy: EPIC referral # (ref53)

Cognitive function (Cognitive Performance Test) and ability to perform Activities of Daily Living.

Medication Mgmt: EPIC referral # (ref202G)

Pharmacist meets and reviews medications and supplements with patient.

*(If Axminister is the patient's insurance, must use Axminister pharmacist)

Gerontology Specialist: EPIC referral # (ref213)

Reviews the assessment findings and counsels

Nutritional Screening (no referral needed)

Registered Dietitian screens patient for malnutrition and appropriate nutrition through a questionnaire.

Diagnosis and ICD10 Code is Needed

Common diagnoses often treated include but are not limited to:

- Dementia, Age related cognitive decline, Alzheimer's,
- Degenerative Joint Disease, Osteoarthritis
- Stroke, Brain Injury, Spinal Cord Injury, Neuropathy, Parkinson's
- Lymphedema
- Decreased Functional Mobility
- C.O.P.D
- Cancer
- Status Post Surgery



How the Center for Optimal Aging Works

- The Physician's responsibility:
 1. Place an internal referral through EPIC
 Or if unable:
 2. Complete a COA prescription form including:
 - a. patient information
 - b. date of birth
 - c. diagnosis/ICD 10
 - d. signature and date
 3. fax completed Prescription to our office 310-514-5374
 4. If the patient has an HMO, the physician's office must place a request for authorization for a PT eval and treat (CPT 97162), OT eval and treat (CPT 97166) and OT Cognitive Performance Test (CPT 96125). Once authorization is approved, send COA prescription and authorization to our office.

How the Center for Optimal Aging Works

Our responsibility:


1. Our office will receive the COA EPIC referrals or prescription and authorization, if required.
2. Our office will verify the patient's insurance coverage.
3. Our office will set up outpatient appointments for Physical and Occupational Therapy (if HMO, once authorization is obtained).



- Every patient and their physician receives the detailed Team Summary Report of all the clinical findings and recommendations.
- A follow up call to the patient/family ~90 days from initial meeting is conducted by the Gerontology Specialist to see if any additional assistance or services are needed.

Patient/family can reach out for assistance at any time and the program can be repeated annually or as needed.





Thank you for attending this lecture and allowing us to help ease your patients/family way and manage the obstacles of aging.

**Center for Optimal Aging
At Providence
Little Company of Mary Medical Center-
San Pedro
(310) 514-5370**





Why you should participate

- Be proactive about aging
- Have a testing baseline to compare with over time
- Give your body and brain a diagnostic tune-up
- Plan while you can; don't wait for a crisis to occur
- Your insurance authorizes this valuable program
- COA gives you and your doctor important information to better provide for your overall health and care planning
- You want to stay healthy and age OPTIMALLY

The Center for Optimal Aging

at Providence Little Company of Mary
Medical Center San Pedro

1300 West 7th St.
San Pedro, CA 90732
310-514-5370

Hours

Monday through Friday
8:30am to 4:30pm

OUR MISSION

As expressions of God's healing love, witnessed through the ministry of Jesus, we are steadfast in serving all, especially those who are poor and vulnerable.

OUR CORE VALUES

Compassion, Dignity, Justice, Excellence, Integrity.

providence.org/sanpedro



We do not discriminate on the basis of race, color, national origin, sex, age, or disability in our health programs and activities.

ATENCIÓN: si habla español, tiene a su disposición servicios gratuitos de asistencia lingüística. Llame al 888-311-9127 (TTY: 711).

注意: 如果您使用繁體中文, 您可以免費獲得語言援助服務。請致電 888-311-9127 (TTY: 711)。



The Center for Optimal Aging

Helping you navigate your journey.



The Center of Optimal Aging (COA) Mission Statement

To empower seniors, their families and physicians with tools that enhance health, wellness and knowledge of available resources.



Introduction to our program

Keeping physically active, socially engaged and having purpose are all important factors to aging well.

To help achieve this, we provide practical strategies, skills, educational training, and connections to community resources such as:

- housing options
- nutrition programs
- in-home care
- support groups
- senior centers
- and much more
- fitness classes

How the program works

Together, our expert, multi-disciplinary team of physical therapists, occupational therapists, pharmacists, registered dietitians and gerontologists, assess the needs of our patients, focusing on their whole person—mind, body and spirit. This assessment is designed to help patients, families and caregivers understand how to safely plan and navigate any potential obstacles that may arise during the aging process.

What you can expect from our team

- **Physical therapists** evaluate strength, walking, balance, coordination and fall risks. They design custom exercise programs that can be done at home to increase strength, balance, and mobility. This in turn helps to prevent falls at home and in the community.
- **Occupational therapists** use several evidence based tools to accurately test cognition and memory. Activities of daily living (dressing, bathing, cooking, cleaning, and shopping) are also assessed as they are essential for independent living.

- **Pharmacists** review all prescriptions, over the counter medications, vitamins and supplements. Suggestions and resources are discussed to minimize errors and possible harmful drug interactions.
- **Registered dietitians** review your personalized questionnaire and provide tips for a healthier lifestyle.
- **Gerontology specialists** review your individualized life situation and provide valuable tools, resources and strategies to better navigate the journey of aging.

Once the assessments are complete, COA patients and their doctors receive a detailed Team Report that summarizes all of our clinical findings along with helpful recommendations and resources. **Our goal is to educate, teach and present strategies and solutions to healthy and happy aging. The program can be repeated annually or as needed.**

How to get started

Contact your doctor for a referral or provide them with one of our prescription forms to complete. Our program is covered by Medicare, in addition to many insurance plans, PPO's, HMO's and we even offer a cash option. Deductible/coinsurance and/or copays may apply. Our friendly staff will coordinate your outpatient visits with you so you can get started.

Contact us today to get the support you need.

310-514-5470
providence.org/sanpedro



PROOF



Providence

Little Company of Mary
Medical Center
San Pedro

Center for Optimal Aging

The Center for Optimal Aging (COA) is an outpatient program offered at Providence Little Company of Mary Medical Center San Pedro. This assessment, performed by an expert, multi-disciplinary team comprised of physical therapists, occupational therapists, pharmacists, dietitians and Gerontology Specialist, is designed to help patients, families and caregivers understand how to safely plan and navigate any potential obstacles that may arise during the aging process.

What is needed to participate?

1. **Physician prescription** (see other side for blank prescription form to be filled out by physician)
2. **Insurance authorization:** Patients with Medicare, PPO and other private insurances can participate by submitting their signed prescription to the therapy department. HMO participants need prior authorization submitted by their physician for PT evaluation and treatment and OT evaluation and treatment. Once authorization is obtained by the HMO the patient will be scheduled for the program. The COA program is also available for a cash fee (inquire for amount).

Assessments provided by the program include:

1. **Physical Therapy Evaluation (EPIC ref87):** evaluates mobility / balance
2. **Occupational Therapy Evaluation (EPIC ref53):** evaluates activities of daily living
3. **Cognitive Performance Test / Cognition (included in EPIC ref53):** evaluates cognition / memory
4. **Medication Management Clinic (EPIC ref202g):** reviews and educates prescription / over the counter medication
5. **Nutritional Screening (does not require a referral):** evaluates nutritional risks / needs
6. **Gerontology Specialist (EPIC ref213):** provides social / emotional support, resources / referrals

Once all assessments are completed, we will schedule an appointment for the patient and their family/caregivers to consult with our Gerontology Specialist. This consultation is the key, final meeting that summarizes all of the findings from the program; and where the Gerontology Specialist provides support, resources, referrals, and the complete final Team Report. The comprehensive Team Report will also be given to the referring physician.

Center for Optimal Aging

Physician Order

Providence Little Company of Mary
Medical Center SAN PEDRO
1300 West 7th St, San Pedro, CA 90732
310-514-5370 FAX: 310-514-5374

Patient's Name _____ DOB _____ Phone _____

Additional Contact Name _____ Phone _____

Referring Physician _____

Physician Phone _____ Fax _____

***NOTE: Patients receiving home health care will not be eligible for this program. A cash rate is available—please call us!**

Multi-Disciplinary Team Order

PHYSICAL THERAPY (Diagnosis AND ICD 10 code is required.)

EVALUATION

- | | |
|---|---|
| <input type="checkbox"/> Alzheimer's | <input type="checkbox"/> Neuropathy |
| <input type="checkbox"/> Brain Injury | <input type="checkbox"/> Age related cognitive debility |
| <input type="checkbox"/> COPD | <input type="checkbox"/> Osteoarthritis |
| <input type="checkbox"/> Cancer | <input type="checkbox"/> Parkinson's |
| <input type="checkbox"/> Degenerative Joint Disease | <input type="checkbox"/> Spinal Cord Injury |
| <input type="checkbox"/> Dementia | <input type="checkbox"/> Status Post Surgery |
| <input type="checkbox"/> Disturbance of Gait | <input type="checkbox"/> Stroke |
| <input type="checkbox"/> Lymphedema | |
| <input type="checkbox"/> Other _____ | |

TREATMENT

- Gait training
- Balance / coordination
- Functional mobility training
- Patient, family, caregiver education and training
- Other

OCCUPATIONAL THERAPY (Diagnosis AND ICD 10 code is required.)

EVALUATION

- | | |
|---|---|
| <input type="checkbox"/> Alzheimer's | <input type="checkbox"/> Lymphedema |
| <input type="checkbox"/> Brain Injury | <input type="checkbox"/> Neuropathy |
| <input type="checkbox"/> COPD | <input type="checkbox"/> Age related cognitive debility |
| <input type="checkbox"/> Cancer | <input type="checkbox"/> Osteoarthritis |
| <input type="checkbox"/> Degenerative Joint Disease | <input type="checkbox"/> Parkinson's |
| <input type="checkbox"/> Dementia | <input type="checkbox"/> Spinal Cord Injury |
| <input type="checkbox"/> Disturbance of Gait | <input type="checkbox"/> Status Post Surgery |
| <input type="checkbox"/> Other _____ | |

TREATMENT

- Activities of daily living retraining
- Functional activity
- Cognitive / perceptual retraining
- Patient, family, caregiver education and training
- Cognitive Performance Test (CPT)
- Other

NUTRITIONAL REVIEW MEDICATION MANAGEMENT GERONTOLOGY SPECIALIST ASSESSMENT

Physician Signature _____

Date _____

Time _____



Providence

Little Company of Mary
Medical Center
San Pedro

Center for Optimal Aging

Electronic Ordering Instructions

FOR PHYSICIANS ORDERING THROUGH EPIC ONLY

1. Sign in to EPIC
2. Locate the patient in EPIC
3. Open a new referral
4. Page 1: in "General" - enter the following:
 - a. Status: pending review
 - b. Pend reason: unverified/pending coverage
 - c. Class: internal
 - d. Type: evaluate and treat
 - e. Provider: should be the internal physician
 - f. Department: "CLS Therapy PT" for PT and eldercare specialists; or CLS Therapy OT; or CLS Med Management Clinic
5. Page 2: "Dx/Px"
 - a. Diagnoses: enter ICD 10 codes
 - b. Procedure:
 - A. Ref87 for PT
 - B. Ref53 for OT
 - C. Ref213 for eldercare consultant assessment
 - D. Ref202g for medication management clinic
6. Page 3: "Authorization"
 - a. Start date: should be the date the internal referral is entered

7. Page 4: "Scheduling"
 - a. Status: pending authorization
8. Page 5: "Notes"
 - a. Add any notes; insurance information would be helpful.
9. Accept

There should be four referrals for each COA patient. We will obtain insurance verification and authorization for Medicare, PPO and other private insurance plans. For all HMOs: physicians will have to submit for PT and OT evaluation and treatments. Once authorization is obtained, the physician can enter the referrals into EPIC and scan the authorization into the EMR.

**Center for Optimal Aging Program
at Providence Little Company of Mary
Medical Center San Pedro**

1300 West 7th St
San Pedro, CA 90732

**Please let us know if we can provide
further assistance.**

Phone: 310-514-5370
Fax: 310-514-5374