

In compliance with the Americans with Disabilities Act, if you need special assistance to participate in this meeting, please contact the City Clerk's office at (310) 618-2780. Notification 48 hours prior to the meeting will enable the City to make reasonable arrangements to ensure accessibility to this meeting. [28CFR35.102-35.104 ADA Title II] Direct questions or concerns to the Commission Liaison at (310) 618-2935 prior to submission to the Commission. Parties will be notified if the complaint will be included on a subsequent agenda. The Commission on Aging is an advisory body to the City Council that meets the first Tuesday of each month at 9:30 a.m. in the West Annex Commission Meeting Room. All meetings are open to the public.

**TORRANCE COMMISSION ON AGING AGENDA
TUESDAY, FEBRUARY 7, 2023
REGULAR MEETING
9:30 A.M. IN THE WEST ANNEX COMMISSION MEETING ROOM
AT CITY HALL, 3031 TORRANCE BOULEVARD
TORRANCE, CA 90503**

**COMMISSION ON AGING MAY TAKE ACTION ON ANY ITEM
LISTED ON THE AGENDA**

- 1. CALL MEETING TO ORDER**
ROLL CALL: Commissioners Davis, Grundhaus, Hileman, Mayfield, Pryor, Snyder, Chairperson Dojiri.
- 2. FLAG SALUTE:** Commissioner Pryor
WORDS OF INSPIRATION: Commissioner Hileman
- 3. REPORT OF THE CITY CLERK ON THE POSTING OF THE AGENDA**
The agenda was posted on the Public Notice Board at 3031 Torrance Blvd. and on the City's Website on THURSDAY, FEBRUARY 2, 2023.
- 4. ANNOUNCEMENT OF WITHDRAWN, DEFERRED, AND/OR SUPPLEMENTAL ITEMS**
- 5. ORAL COMMUNICATIONS** (Limited to a 15 minute period)
This portion of the meeting is reserved for public comment on items on the agenda or on topics of interest to the general public. Under the Ralph M. Brown Act, Commissioners cannot act on items raised during public comment but may respond briefly to statements made or questions posed; request clarification; or refer the item to staff. Speakers under this Public Comment period will have no longer than 1 minutes per speaker. Your comment to the Commission meeting will be recorded as part of the meeting. By staying in the meeting and making public comment during the meeting, you are agreeing to have your comment recorded.
- 6. CONSENT CALENDAR**
Matters listed under the Consent Calendar are considered routine and will be enacted by one motion and one vote. There will be no separate discussion of these items. If discussion is desired, that item will be removed by a Commissioner from the Consent Calendar and considered separately.
6A. APPROVAL OF MINUTES: January 3, 2023
- 7. ADMINISTRATIVE MATTERS**

7A. PRESENTATION– HOME SHARE PROGRAM

Presentation by Miriam Hall, Home Share Program Director, on Home Share Program, Permanent Supportive Housing and Shared Living Residences.

7B. DISCUSSION– JOINT COUNCIL/COMMISSION MEETINGS

Recommendation of the Community Services Director that the Commission on Aging discuss their upcoming Joint Council Meeting scheduled for February 7, 2023 at 5 P.M.

7C. DISCUSSION– 2023 COA MEETING DATES

Recommendation of the Community Services Director that the Commission on Aging discuss their 2023 meeting dates.

7D. DISCUSSION– OLDER AMERICANS AWARDS

Recommendation of the Community Services Director that the Commission on Aging discuss the 2023 Older Americans Awards.

7E. DISCUSSION– TORRANCE CENTENARIAN PROGRAM

Recommendation of the Community Services Director that the Commission on Aging discuss further details of the Centenarian Program and receive an update from staff.

7F. DISCUSSION– SPEAKERS FOR UPCOMING MEETINGS

Recommendation of the Community Services Director that the Commission on Aging discuss and decide on speakers relevant to the senior population.

7G. ORAL REPORTS ON SENIOR CITIZEN CONCERNS

Recommendation of the Community Services Director that the Commission on Aging assign or reassign senior concerns for reports on:

- City Council Activities
- Housing
- Health
- Transportation
- Community Programs
- Focal Point Programs
- Elder Abuse/Fraud

8. ORAL COMMUNICATIONS #2 COMMISSIONERS/STAFF

(Limited to a 15 minute period)

Comments under this portion of the agenda are limited to items not on the agenda and to no longer than three (3) minutes per speaker. Under the provisions of the Brown Act, the Commission is prohibited from taking action or engaging in discussion on any item not appearing on the posted agenda.

9. ADJOURNMENT

9A. To the regular meeting of the Commission on Aging on Tuesday, March 7, 2023 at 9:30 a.m. located in the West Annex Commission Meeting Room at City Hall, 3031 Torrance Blvd.

**MINUTES OF A REGULAR MEETING OF
THE TORRANCE COMMISSION ON AGING**

1. CALL TO ORDER

The meeting convened on Tuesday, January 3, 2023 at 9:30 a.m. at the West Annex Commission Room at City Hall.

ROLL CALL/MOTIONS FOR EXCUSED ABSENCE

Present: Commissioners Grundhaus, Hileman, Mayfield, Pryor and Chairperson Dojiri

Absent: Commissioners Davis and Snyder

Also Present: Recreation Services Manager Garrett Craig,
Senior Supervisor Jesus Castro.

Recreation Services Manager Craig stated that Commissioner Snyder had requested an excused absence.

2. FLAG SALUTE

Commissioner Mayfield led the Pledge of Allegiance and Commissioner Hileman read inspirations provided by Irene Griffith.

3. REPORT OF THE CITY CLERK ON THE POSTING OF THE AGENDA

Recreation Services Manager Craig reported that the agenda was posted on the Public Notice Board at 3031 Torrance Boulevard and on the City's website on Thursday, December 29, 2022 by City Clerk Poirier.

4. ANNOUNCEMENT OF WITHDRAWN, DEFERRED, AND/OR SUPPLEMENTAL ITEMS

Recreation Services Manager Craig stated that there were supplemental items in the packet for Item 7B: Discussion of Older Americans Awards, which included a nominee form, a list of addresses for organizations which would receive the nominee forms and a list of past recipients.

5. ORAL COMMUNICATIONS

Recreation Services Manager Craig formally introduced Jesus Castro as the new Senior Supervisor for Senior Programs, Teen Programs, Adaptive Recreation Programs, Special Events, and Pre School-Programs. He thanked Charlene Walker for her assistance at the meetings during the recruitment process.

6. CONSENT CALENDAR

6A. APPROVAL OF MINUTES – November 1, 2022

MOTION: Commissioner Mayfield moved and Commissioner Grundhaus seconded, to approve the minutes of the Commission on Aging meeting of November 1, 2022, as submitted. The motion passed by a voice vote with Commissioner Pryor abstaining. (Absent Commissioners Davis and Snyder)

7. ADMINISTRATIVE MATTERS

7A. DISCUSSION: JOINT COUNCIL/COMMISSION MEETINGS

Recreation Services Manager Craig noted that the joint meeting would take place on February 7, 2023 beginning at 4:30 p.m. with a meal and added that the meeting would begin at 5:00 p.m. and end by 6:00 p.m. He noted that the Council and the Commission would both provide brief agendas for the meeting. He suggested that the Older Americans award program be part of the discussion.

Chairperson Dojiri suggested that the agenda contain: the mission of the Commission, a discussion of last year's projects and items discussed under the monthly reports, as well as possible upcoming projects, such as the AARP Plan for an Age Friendly City.

Recreation Services Manager Craig stated that he would draft the agenda to include: introduction of Commission members, a look back at Commission's activities and the Commission's goals for the future, which would include the Age Friendly City as well as the Centenarian Program. He noted that Commissioners would be able to speak on each item, if they so desired.

Commissioner Hileman discussed the eight domains of the AARP Plan for Age Friendly City and noted that the discussion could include the components of City's current Disaster Plan.

Recreation Services Manager Craig stated that the Commission could invite the current City's Emergency Services manager to a future meeting.

Recreation Services Manager Craig confirmed that the agendas for both the standard February Commission meeting as well as the evening Joint meeting will be sent in advance to the Commissioners.

7B. DISCUSSION: OLDER AMERICAN AWARDS:

Recreation Services Manager Craig noted the supplemental items that had been included in the agenda packet for this item: a nominee form, a list of addresses for organizations which would receive the nominee forms and a list of past recipients. He noted that the Commissioners could attend other Commission meetings to discuss the award process.

The Commissioners would send a list of additional organizations to Senior Supervisor Castro to include on the mailing lists.

Chairperson Dojiri requested that Senior Supervisor Castro confirm the date for the Los Angeles County Older American Award ceremony.

The Commission concurred to use March 23, 2023 for the due date for the nominees and requested some revisions to the nominee application.

Recreation Services Manager Craig added that the nominee form could be included on the City's Senior's webpage. He noted that he would send the submitted nominee packets to the Commission, so that the Commission would be prepared to discuss and select candidates at the April Commission meeting.

Recreation Services Manager Craig confirmed that he would send a draft of the revised nominee form to Chairperson Dojiri for review prior to the mailing of the packets.

7C. DISCUSSION: TORRANCE CENTENARIAN PROGRAM:

Recreation Services Manager Craig provided an update and noted that 7 centenarians had been located in Torrance residential facilities, but noted that none had yet agreed to be a part of the program. He stated that the website was still in progress and discussed ways in which the program would be advertised and how a centenarian could be honored.

Chairperson Dojiri confirmed that she would attend a City Council meeting to announce the program as soon as the website was ready.

7D. DISCUSSION: SPEAKERS FOR UPCOMING MEETINGS:

Recreation Services Manager Craig stated that he would contact Miriam Hall at Affordable Living for the Aging to confirm her availability to speak.

Commissioner Grundhaus noted that she would send Ms Hall's website to Recreation Services Manager Craig, so that he could share the information with the Commission.

Recreation Services Manager Craig confirmed that he would also contact Eunique Day, Management Associate – Emergency Services Coordinator to see when she was available to speak to the Commission.

7E. Oral Reports on Senior Citizens Concerns

1. City Council Activities

No report.

2. Housing

Commissioner Grundhaus discussed Senate Bill 9 and explained that the City of Torrance had joined with Redondo Beach and Carson to fight the bill. She noted that the Cabrillo Family Apartments on Cabrillo Avenue had a wait list of over 500 people and Legacy Partners was proposing to build a 5-story, 200 unit apartment complex near Del Amo Circle. She stated that the Department of Housing and Development had determined that in the next 8 years, Torrance would need 2467 housing units reserved for very low-income individuals with 2472 units reserved for moderate income.

Recreation Services Manager Craig reported that the Gable House project had been approved with 186 apartments units, of which 26 would be reserved for low-income.

3. Health

Commissioner Hileman reminded everyone to get a flu vaccine.

Recreation Services Manager Craig reported that information was available on the City website on how to obtain a COVID shot.

4. Transportation

No report.

5. Community Programs

No report.

6. Focal Point Program

Chairperson Dojiri reported the following statistics for the months of:

November 2022

Total number of documented calls: 12	Web Inquiries: 87
Miscellaneous calls: 20	Total number of calls received: 32

Of the documented calls there were the following requests:

requests for housing 75%	requests for legal 16%
requests for transportation 8%	

December 2022

Total number of documented calls: 16	Web Inquiries: 63
Miscellaneous calls: 24	Total number of calls received: 40

Of the documented calls there were the following requests:

requests for housing 54%	requests for legal 20%
requests for in home services 7%	

7. Elder Abuse/Fraud

No report.

Recreation Services Manager Craig noted that the Torrance Youth Council would be leading a Tech Day at the Bartlett Senior Center and Senior Supervisor Castro would add the topic of spam calls and fraud to the list of topics to discuss.

8. ORAL COMMUNICATIONS #2 Commissioners/Staff

Chairperson Dojiri noted that now all Commissioners had received the information that Los Angeles County Commissioner Jerry Gaines had distributed at the November 2022 meeting.

9. ADJOURNMENT

9A. MOTION: At 10:29 a.m., Commissioner Mayfield moved to adjourn the meeting to the regular meeting on Tuesday, February 7, 2023, at 9:30 a.m. at the West Annex, Commission meeting Room at City Hall. The motion was seconded by Commissioner Hileman and a roll call vote reflected unanimous approval. (Commissioners Davis and Snyder)

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ALA provides solutions for creating affordable housing and reducing isolation among seniors.

Home Share Program

Permanent Supportive Housing

Shared Living Residences





What is home-sharing?

- Two or more unrelated people share a home
- Housing provider
- Housing seeker
- Rent and/or services are exchanged for housing

Home Share Program



How It Works

- Home Visit
- Interview
- Background Screening
- Referrals
- Trial Period
- Living Together Agreement

ALA's experience in shared housing spans four decades.

Two Models

1. Room rental

- Housing seeker pays the housing provider a monthly rent

2. Service-exchange

- Housing seeker assists the housing provider with household chores in exchange for reduced or free rent
 - Housekeeping
 - Shopping
 - Cooking
 - Laundry
 - Transportation
 - Companionship

Program Benefits

- Age in Place
- Increases the supply of affordable housing
- Home providers receive extra income or assistance with household chores
- Housing seekers secure housing within their budget

ALA Home Share Stats

- Average age of housing providers – 75
- Average age of housing seekers – 65
- Average monthly income of housing seekers - \$1,400
- \$2,000+/month for a 1BR apartment in LA
- Average home share rent is \$600/month
- Average match length is 2.5 years
- 30 matches per year

Who Shares Housing?

Men and Women, House

Rich & Cash Poor,

Widows/Widowers,

Divorcees, Retirees,

Low-wage Renters, and

people *at-risk of*

homelessness



Shared Housing Video

