

**TORRANCE COMMUNITY SERVICES  
DEPARTMENT RECREATION DIVISION**

TORRANCE YOUTH COUNCIL PRESENTS...

# **LIVE WEBINAR: STUDENT MENTAL HEALTH**

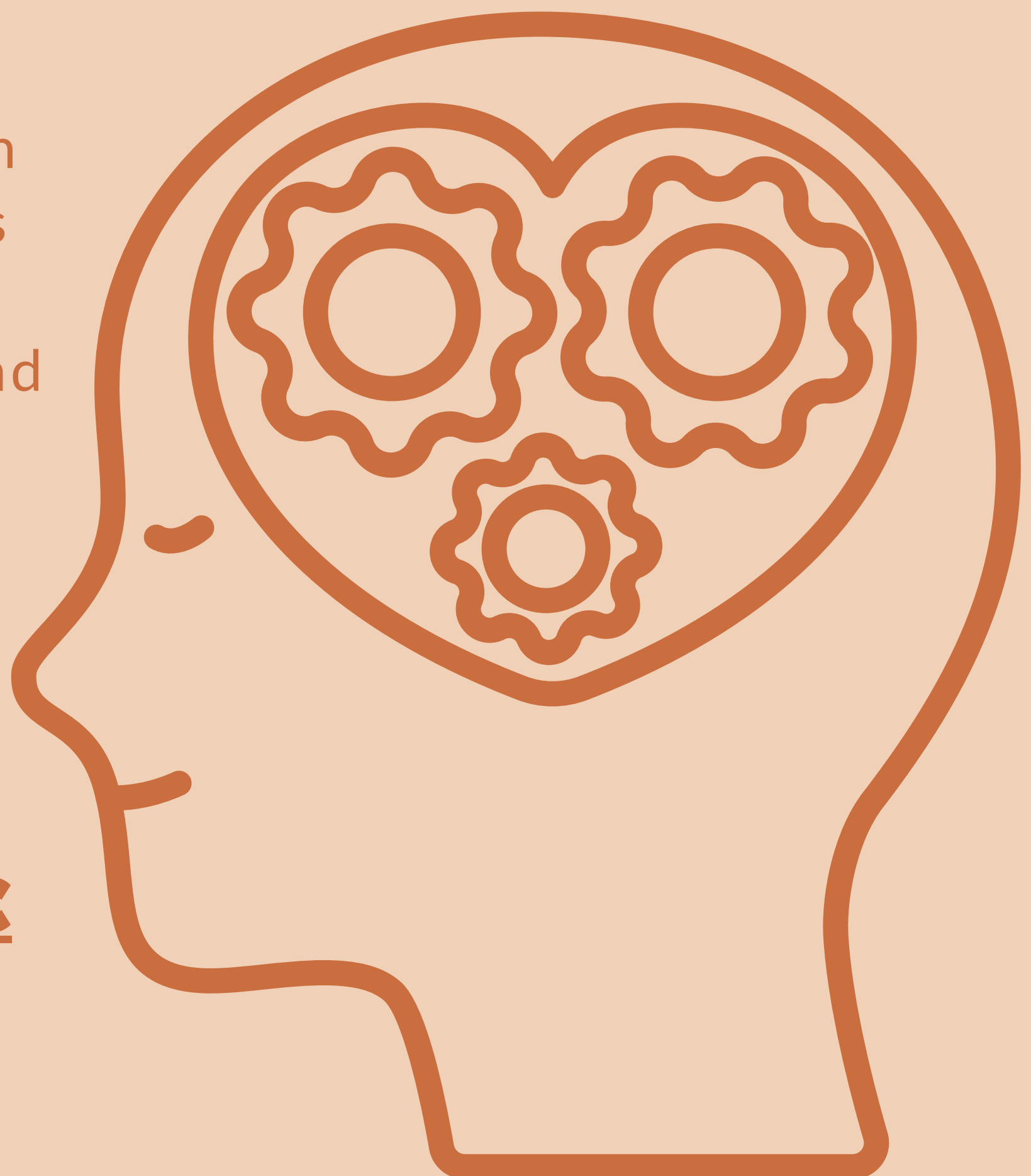
Come hear renowned mental health expert Jeff Yalden share his story! Jeff does not sugarcoat his message of self-worth and encourages students to ask for help.

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“Today, more than ever we need positive mental health talks and teaching students to cope and problem-solve through life’s challenges and circumstances”.

- Jeff Yalden

@www.jeffyalden.com



**RSVP TODAY:**

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**MENTALHEALTH**

**DATE: WEDNESDAY, APRIL 21, 2021 TIME: 6:00 PM**