## Treating Pain with Acupuncture and Cupping



Acupuncture and cupping effectively treat many types of acute and chronic pain conditions. In addition to learning about acupuncture and cupping, attendees will view a live demonstration, as well as receive valuable self-care information.

## Wednesday, March 21, 6 - 7:30 pm

Torrance-South Bay Family YMCA, 2900 W. Sepulveda Blvd.

**RSVP:** (800) 516-5323

